

THE
EAGLE'S

TALON

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ISSUE 2

"Finis Opus Coronat"

Lincoln Academy's Student Newspaper. Reestablished 2021

LA's 2021 Schedule...



Lunchtime in the Dining Commons. As part of the new schedule, lunch takes place during third period and is divided into four blocks. Photo by Zoe Herald '25.

By Audrey Hufnagel '24

This year, Lincoln Academy implemented a new schedule. Previously, the schedule was a six-day rotation where students would have five classes every day. Last year, due to the distancing requirements that were put in place as a result of the COVID-19 pandemic, Lincoln Academy had a hybrid schedule where students only attended school two days a week.

This year, the schedule is a two day rotation with an A day and a B day. Each class is 70-minutes long, and students have four classes a day. There are also four lunches and Focused Learning Block, which is a time where students can do clubs and get academic support.

"For several years, there had been complaints about parts of the schedule, mainly about the confusion of a six day rotation, complications around the vocational program at the Bath Regional Career and Technical Center, difficulty for students seeking support from teachers, and issues with the lunch schedule," said Mrs. Duffy, director of curriculum and instruction at Lincoln Academy. "The school surveyed students and faculty and did a lot of research, finally coming up with this current schedule which aims to address these issues and create opportunities for exploration and increased student engagement."

New Schedule continued on p. 3



Junior Sarai Palmer is in the Cosmetology program at the Bath Regional Career and Technical Center. Photo by Abigail Reed '23

Vocational Programs at Bath Tech

By Abigail Reed '23

Bath Regional Career and Technical Center (AKA BRCTC or Bath Tech) is a vocational school based at Morse High School. Bath Tech programs are offered to many schools around Lincoln County, including Lincoln Academy.

Bath Tech offers vocational courses to prepare juniors and seniors for careers after high school. The newest program they offer is Cosmetology. Other programs include Automotive Technology,

Carpentry, Culinary Arts, Early Childhood Education, Electricity, Engineering & Architectural Design, Graphic Design, Certified Nursing Assistant, Medical Science, Welding, and more.

Any student can sign-up to attend Bath Tech by submitting an application. This is a great opportunity to set yourself up for a career after high school.

"I have been attending Bath Tech for around four months now. I have learned so much, *Bath Tech continued on p. 3*

...& Lunch Updates

By Zoe Herald '25

There are a bunch of new changes in the Lincoln Academy schedule for the 2021-22 school year, including the new lunch schedule.

This year at LA there are four lunch blocks during third period, which runs from 10:55 a.m. to 12:40 p.m. The administration split the lunch block into four different sections because of COVID-19. Head of School Mr. Burroughs said the reason for the split was to minimize the number of people eating in the cafeteria.

"We wanted to have fewer people in the dining hall because it's a high risk activity for COVID to spread because students have their masks off,"

Lunch Updates continued on p. 6

Community Meeting is Back!



The Lincolnaires performing at the first in-person Community Meeting since March 2020. At half capacity each class sits on one side of the gym to allow for social distancing.

By Dylan Burmeister '25

For the first time in just under two years, community meeting was held in-person in the gym. The student body was divided into two groups: 9th and 11 grades and 10th and 12th grades. Never before had sophomores or freshmen experienced community meeting as a live event. During the meeting, there were several performances including the

String Orchestra, Concert Band, Lincolnaires, and the Wind Ensemble. Mr. Page also asked trivia questions and handed out pride cards. "I was a little nervous at first, but it was really good to have the band back and having things be normal again," said Forest Holbrook '22.

Dylan Burmeister is a freshman and a member of the Talon staff.

Oklahoma! More than OK



The cast of the 2021 LA production of *Oklahoma!* Front row, from left: Kayla Cruz '24, Lila Drewes '25, Laura Tomasello (homeschool), Anna Tomasello (homeschool). Second row, from left: Jason Long '23, Nicholas DeLorenzo (homeschool), Mitchell Straus '24, Alicia Flis '23, Rebecca Tomasello (homeschool), Ben Schwink '22, Benno Hennig '24, Aowyn Burbank '23, Kendra Gladu '24. Third row, from left: Lucas Fortier '25, Thomas Connolly '24, Logan Heath '22, Sophia Scott '25, Harrison Pierpan '23, Sonny Cumming '22, Joseph Levesque '25, Marcus Rossano '22, Mariana Janik '25, Olivia Swartzentruber '25, Emma Castonia '25.

By Iris Pope '23

Heartwood Theater's first musical production in several years took a big swing at the classic story of *Oklahoma* this fall and successfully hit the mark. With a cast of thirty, director Griff Braley incorporated features from the 2019 Broadway adaptation of *Oklahoma* in Heartwood's production. This amalgam of both versions gave the show a darker and more modern feel while still containing aspects of the cheerful and well-known original.

Laurey Williams, played by

Sophia Scott, is caught between Jud Fry and Curly McLain, who want her to be their girl. The position that Laurey is forced into introduces the underlying theme of hetero-normative expectations during the early twentieth century.

These sexist societal ideals permeate the whole musical despite its lighthearted initial appearance: a woman being fought over by two violent men wishing to claim her. Ben Schwink and Harrison Pierpan delivered evocative performances as Jud Fry and Curly McLain competing for

Laurey's hand during their songs "Poor Jud is Dead" and "Lonely Room," both of which leave the audience with uneasy feelings over the true intentions of the characters.

A highlight of the show was the "Dream Ballet," which opened the second act, performed as a five-minute solo by Sonny Cumming. The sequence represents Laurey's inner conflict about her feelings towards Curly and Jud.

The piece was co-choreographed by American

Oklahoma! continued on p. 4

Opinions & Letters

What really happened on the first Thanksgiving?

By Lila Neptune-Benner '25
What really happened 400 years ago on the first Thanksgiving? In school, I bet you learned that Thanksgiving was the time in 1621 when the pilgrims invited the Native Americans to a feast, that Thanksgiving is about family traditions and stories, it's about being thankful, sharing, donating, having fun. Well, 400 years ago the Native Americans were not having fun; they were not thankful; they weren't even invited to the feast.

The most common misconception about Thanksgiving is that pilgrims invited the Native Americans of the Wampanoag tribe to their feast as a "thank you" for helping them settle into their new home. But according to a New York Times article published in 2017 by Maya Salam, there is no evidence of an invitation in the British records. There is mention of a successful Plymouth colony due to the assistance from the Wampanoag. The record also includes specific ways that the Natives grew food, prepared for winter, and preserved food for the desolate months. Historically, many British attempts to colonize failed and floundered before Native assistance. The European people were unfamiliar with the climate, environment, and inhabitants of the future

U.S.. With little preparation and knowledge, of course early attempts to settle in an unfamiliar environment failed. If the Wampanoag were invited to the first Thanksgiving feast though, it would have been recorded in this history with the rest of the details.

There is also no evidence that anyone ate turkey. The record did state that turkeys were of an abundance in the area, but there could have been duck or other poultry at the meal. Pheasant, quail, fish, deer, and rabbit are all more probable meat options for the first Thanksgiving.

Indigenous people recognize Thanksgiving as a day for mourning. It is a time to remember ancestral history as well as a day to acknowledge and protest the racism, oppression, and erasure which many indigenous groups continue to experience today. It is a reminder of the genocide of millions of Native people, the theft of Native lands, the betrayal of government actions and treaties, and the relentless assault on Native Americans and their culture.

Before the first Thanksgiving, Europeans sailed in and took the land and goods and in return gave everyone deadly diseases. The ongoing theft of land, life, and culture included decades of treaties the United States government would not follow through on,

massive forced relocation of tribes, complete eradication of tribes, and the fetishization and criminalization of Native Americans.

As a descendant to the people of the dawn, the Passamaquoddy Nation, who have lived here on Maine land long before it was Maine or Massachusetts, I find that hearing the myths of Thanksgiving is frustrating. The fact that I have had to tell more classmates than I care to count that Native Americans are still alive because I am one, or that I have to specify and quantify how Native I am are small examples of the harm the first Thanksgiving myths help continue.

The first Thanksgiving was a celebration; it was a feast filled with the successful harvest and hunts of the Plymouth colony. That much is true. It was the first British flex on the new world. It was not a celebration with friends of the Wampanoag. It was not about bringing cultures together and celebrating growth. It was the first victory in the upcoming invasion and genocide.

Lila Neptune-Benner is a freshman at Lincoln Academy, part of the Talon staff, and a member of the Passamaquoddy Nation.

'KIDS(Against the Machine)' A Darkly Optimistic Masterpiece

By Aiden Jacobs, '23

On Nov. 5, 2021, Israeli singer-songwriter and rapper Noga Erez rereleased an acoustic version of her 2020 album "KIDS," now titled "KIDS(Against the Machine)."

"KIDS(Against the Machine)" is a dark album. It tackles social media addiction, politics, and grief. The stripped-down, acoustic quality of the songs makes the album feel very personal. The record features a robust horn section on songs such as "Bark Loud," "End Of the Road," "Views," and "Knockout." The horns help create small moments of optimism in a dark and melancholy album.

When "KIDS" was released in spring 2021, it was all I could play for weeks. The songs brought joy to a bleak school year. When I listened to the first reworked single, "Knockout," I was incredibly excited. I had high expectations for the rest

of the record, which proceeded to be met. The driving horns, the paired back vocals, and the addition of a children's choir all create a listening experience akin to being at a live performance which is very exciting in a time when many concerts and live performances are canceled due to the pandemic.

In an interview for her website, Erez said she wanted to make the album "as live as possible." This means there are no computer-generated sounds or instruments and many of the songs were recorded in one take. These qualities make the album feel so much more real, a trait I believe much of modern music lacks.

"KIDS(Against the Machine)" is definitely worth a listen, it is excellent for dancing, crying, singing, and overall enjoyment.

Aiden Jacobs is a junior at Lincoln who loves playing and listening to good music.

Submitting Letters to the Talon

Letters to the Editor can be submitted by email to talon@lincolnacadey.org or dropped in the Talon box at the front desk. Letters should be no more than 500 words, and must include your name and grade. The *Talon* staff reserves the right to decide which letters will be printed, and to edit for clarity and length.



Laura Meuller '24, Michal Maciejewicz '23, Gabriel Luna '23, Pietro Martano '22 pose with a local chicken at the Mayher-Martin household on Thanksgiving.

Dorm Students Celebrate with Local Families

By Flora Angyal '24 and Forest Holbrook '22

This year at Thanksgiving, 28 international students had the chance to experience a real Thanksgiving dinner at a local family's house. Everyone said it was an unforgettable experience because most of us have never participated in this American holiday.

Most people went in groups of two or four to a host family, where we had dinner together with their relatives. At the table we were able to share stories about countries and traditions, especially about American holidays. Many of us never had the chance to try these types of Thanksgiving foods and everyone really liked it. Many students thought it was strange to have the special dinners in the early afternoon rather than in the evening.

After dinner many of us played

board games. Additionally, many host families had chickens and we got to meet them. For many of us, it was the first time we got to spend a day away from the dorms at a local house.

Some of us had the chance to meet new people from the community. Others got to go to a friend's house and meet their entire family. It was a wonderful experience to meet people of different ages since at the dorm we are all around the same age.

There are just a few dorm parents and their children, so it was a special opportunity to be around new people.

Flora Angyal is a boarding student from Hungary. Forest Holbrook is a senior from Bristol who is spending this trimester living in the dorm as part of the Ambassador program. The two spent Thanksgiving with Forest's family.

What's Up, Lincoln?

Another trimester, another stressor, and things can get rough, that's for sure. I have noticed no one knows what to do with the newspaper box at the front office. This is for any comments, questions, or concerns that I can address in the "What's Up Lincoln?" column in every newspaper.

On the bright side of things: winter vacation! I love winter vacation; you can spend time with your family (which, of course, is super important). But there is always the question of, "what do I get so-and-so for Christmas?" One of the best things to get anyone is a funny pair of socks. This can be for family, friends, teachers, or even the person you want to be fond of. Socks are funny and usable.

What about your parents? Personally, I write letters. They can be emotional, sweet, and mean a lot more than a gift. I love to draw and pair my drawings with my letters.

Siblings. This one is always a little hard for me. I've never been too good at it, but the gift

must fit your siblings' age. My four-year old sister loves Paw Patrol, so I got her masks with Sky on them.

In general, gift giving can be stressful, but if you know the person (or at least their vibe), it can be easier than you think. My favorite gift I've ever received was a blanket from my best friend. I don't need much to make me happy and especially since I live so far away, it meant a lot to get something so simple from her. Really, no matter what or who it is, the thought is what matters, and the meaning behind it is worth so much more than a price tag.

Now, here are some questions I have been asked:

"What is the winter fashion at Lincoln?"

Honestly, fashion can be hard, but in winter I wouldn't stress it much. Go with comfort and warmth, though a beanie is always acceptable.

"I'm going on vacation, and I can't stand my family. What should I do?"

Whether you are going on vacation or not, dealing with

your family during the holidays can be hard. Find fun things to do, try not to dread family events, and you might surprise yourself. But all in all, you will get through it.

"I'm excited because I'm alone for most of the break, my family will be out of town, but I might get bored. How do I deal?"

Talk to people, make plans with friends, or just allow yourself to relax, vibe to music super loud, clean if you enjoy doing that without a parent forcing you to. Just have fun, don't dwell on being alone. Try and meet up with people, and you will make it through.

When you guys are able to put in a note or two, let me know what's on your mind--anonymous and no judgment. Times can be hard especially around the holidays. I may be anonymous, but I'm here!

Have an amazing winter break, Lincoln!

"What's Up, Lincoln?" is an anonymous advice column. Please submit questions using the Talon box at the front desk.

October 2021 Students of the Month



The October 2021 Students of the Month are (from left) senior Sonny Cumming, junior Harrison Pierpan, sophomore Maddie Ward, and freshman Tyson Ball.

by Katie Sanborn '22
Sonny Cummings is a Senior. Sonny is a talented dancer, she recently appeared in Oklahoma! In a mesmerizing solo which she helped choreograph. Sonny is described as being a “LA superstar” by the faculty member who nominated her. This is reflected in her commitment to her schoolwork and active participation in all her classes.
Harrison Pierpan is a junior. Harrison recently appeared in a lead role in Oklahoma! He was described as doing an “amazing job.” Harrison is also involved in a variety of challenging classes and is a hardworking student.
Maddie Ward is a sophomore. Maddie is a very involved

student, she takes multiple challenging classes and is also a member of the softball team. Outside of school Maddie enjoys spending time outdoors. Maddie is described as being “kind and inclusive to everyone.”
Tyson Ball is a freshman. Tyson is described as being an “excellent student,” he is always willing to lend a hand to his classmates and work through new material with them. Tyson is also a member of the basketball team. Tyson is a “generous and empathetic” person who is always willing to help out those in his community.
Katie Sanborne is a senior member of the Talon staff.

New Schedule cont’d from p. 1

After a trimester of this new schedule, students and teachers have shared some of their feelings about it. For students, the main issues are the seventy minute classes, the lunch schedule and focused learning block. “Focused Learning Block is confusing, seventy minute periods feel too long and having four lunches breaks up the day too much,” said Aiden Jacobs ‘23.
“It’s difficult because there are only two or three periods a week, which makes it hard to remember material. I feel like sometimes my attention span isn’t long enough for the seventy minute classes,” said Skyler Houghton ‘22.

Students and teachers have also shared positive feedback about the schedule. “The long periods are great because they give enough time to do a deep dive into a topic. It is also nice that not every class meets every day because it gives everyone a chance to focus more on each of the subjects,” said Mr. DeAngelis, who teaches English.

Some students also appreciate the extra time to get work done. “The schedule is good because it gives me time to get work done in class, which reduces my homework load,” said Dylan Burmeister ‘25.

Some still have mixed feelings about the schedule, but now at the beginning of the second trimester, many are beginning to get accustomed to it. “It took me a while to get used to this schedule because I was used to the old one, but now I’m happy with it,” said Houghton.

Audrey Hufnagel is a sophomore and a member of the Talon staff.

Bath Tech cont’d from p. 1

and all the girls in the program are so fun. It feels like paradise,” said Sarai Palmer, a junior in the Cosmetology program.
Ashly Campbell, a junior in the Welding program said, “I signed up for Welding because it’s something that interests me. The best thing I have done in class is I burnt a bald spot on the top of my head.”
Interested in applying? On Thursday, January 20 at 6

pm there will be a Virtual Potential Student Event. An invitation from Bath Tech will be sent to ALL sophomore families. Immediately following this event Bath Tech will post program applications on their website and provide a paper copy to the Career & Counseling Office.
Completed applications can be submitted to Ms. Abbott. All in the CAC Office by Friday,

March 11, 2022. Bath Tech will also host an in-person event on Tuesday February 1st at 5:30pm. This will be open to all potential students and their families. To find out more information visit their website.

Abigayle Reed is a junior at Lincoln Academy, a Cosmetology student at Bath Tech, and a member of the Talon staff.



Above: LA students in the Bath Tech program. Above left: Brandon Kelsey ‘23 in the automotive program. Above center: Ashly Campbell is a junior in the welding program. Above right: Megan Foster is a junior in the culinary program. Photos by Abigayle Reed ‘23.

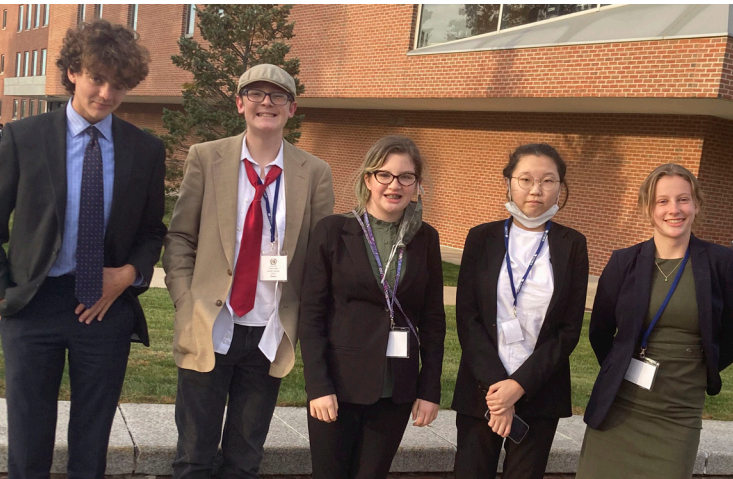
Club News

LA Model UN Attends First In-Person Conference in the Pandemic

by Audrey Hufnagel ‘24
On the weekend of November 5th through 7th, Lincoln Academy’s Model United Nations (MUN) club attended an in-person conference at the University of Connecticut. MUN simulates a real meeting of the United Nations, the international organization which aims to maintain world peace and to solve global problems such as humanitarian issues and climate change. In MUN, students represent a country in a committee

where they debate and write resolutions on a topic. At the UCONN conference, most of these topics were current issues that might be discussed in a real meeting of the UN.
“Model UN not only helps students develop skills in leadership, public speaking, research and problem solving, it also engages them in global issues and helps students develop empathy and understanding of different people and cultures,” said Mrs. Keushguerian, the advisor for MUN.

MUN is an international program, and there are conferences around the world, but at UCONN, most of the schools that attend are from the New England area. The COVID-19 pandemic meant that MUN conferences had to be virtual, using platforms like Zoom to hold conferences. Many conferences are still being held virtually, but UCONN held their conference in person for the first time since the pandemic.
“One of the best parts of MUN is meeting like-minded people, and those interactions were far fewer in a virtual setting. It was great to finally be back on a campus for conferences,” said Marina McManus, a senior who



Students who attended the fall 2021 MUN Conference from left: Liam Card, Noah Keene, Sophie Yates-Paul, Dana Lee, and Marina McManus.

has been doing Model UN all four years at Lincoln.
The MUN team will be attending several more conferences this year including a virtual conference held by Columbia University in January and a conference at Dartmouth

in the spring. MUN meets every Thursday during Focused Learning Block.
Audrey Hufnagel is a sophomore at LA and a member of both the Model UN Focused Learning Block and the Talon staff.

Got Club News? Email talon@lincolnacademy.org or drop it in *The Talon* box at the Front Desk.

Performing Arts

Will LA Participate in One Act Festival?

By Mya Bessey '24

This question was raised a lot with the acting community recently, as it is the time to prepare for the One-Act Festival. "The biggest answer," said drama instructor Griff Braley, "is that we don't know if there will be a festival this year...So we decided not to prepare a production that would have to be masked or only be filmed." The Maine Principals Association is making their decision on whether the festival would happen at all sometime in January, which doesn't leave much room for the cast to prepare.

The Maine One-Act Festival is a theatrical event that involves 80-90 schools in Maine. Each school performs a one-act piece at a regional level competition and the top 9 to 10 advance to State competition. Two winners there are invited to take part in a New England festival. "From 2007-2018, LA won 11 regional festivals and one state festival, placing second or third in the State many times," Braley stated, "It has been an activity that LA students have done well with over the years. Covid shut down the last two years of

in-person festivals. And it looks like that may happen again this year."

Instead of a One-Act, the winter drama production will be an original play, designed for an increasing number of students to be involved with acting, technical work, and creativity. Students will work on costumes, special effects, music, history, dialects, and other areas. The option of an original play also allows a longer rehearsal process, with auditions in December and final performances in late March and early April. "More calendar days also help to keep working groups smaller, which may be more healthy, along with more productive. Our final performance dates are flexible, and we can manage a hit from quarantines and the regular flu (and snow days) with this schedule," Braley said.

So no One-Act Festival this year for LA students, but hopefully the option of an original, longer play will give the cast the largest ability to learn and highest quality production possible this year.

Mya Bessey is a sophomore at LA and a member of the Talon staff.



The last time Lincoln Academy competed in the Maine One-Act Drama Festival was in 2019 with "The Snow Maiden."

Trunk or Treat

By Lila Neptune-Benner '25

Lincoln Academy held a Trunk or Treat from 5 to 7 p.m. on Friday, October 29 in the parking lot next to Kiah Bailey Dormitory. More than 100 people dressed up and came to celebrate.

During the Trunk or Treat the jazz band stood outside the dorms and played their instruments. They played Micheal Jackson's Thriller as well as other songs while Liz Matta directed.

The parking lot was full of cars decorated with cobwebs, blood, graves, and much more. There were witches, zombies, dogs, dinosaurs, pirates, and tons of other great costumes.

While people were trunk-or-treating, the turf field was open. The food truck VIP Maine Mobile was open and serving hot delicious food. English teacher Mr. DeAngelis

and school librarian Mr. Menace played music over the loudspeakers. There was also a meet and greet for parents, teachers, and administrators.

After no Halloween festivities last year, lots of people were surprised at how many attendees came to the event. There was laughing, playing, music, running, noise, and—most importantly—a sense of community.

When asked Ms. D'Ippolito said, "It was an idea that came from the LA ambassadors but the success of the event can really be attributed to all the clubs and sports teams and the faculty and staff that came out and supported them. It was really a community effort. We hope it will become a new tradition!"

Lila Neptune-Benner is a freshman at Lincoln Academy and part of the Talon staff.

Oklahoma! *cont'd from p. 1*

Musical and Dramatic Academy instructor Michelle Bruckner, who choreographed the rest of the dance pieces in the show and Sonny herself. The set's visual aspects, including Sonny's live projection onto the backdrop of the stage, made for an impressive and thought-provoking performance that paints an interpretive picture of the underlying emotional turmoil Laurey is experiencing. This is not to say that

Oklahoma did not contain humorous parts. Standout performances from Mitchell Straus as Will Parker, Benno Hennig as Ali Hakim, and Alicia Flis as Ado Annie Carnes led to some genuinely hilarious moments.

Rebecca Tomasello delivered a stoic and feisty performance as Aunt Eller, who had many jokes of her own that received laughs from the audience. The contrast of the comedic songs

and characters compared to the underlying darker themes of primitive violence and societal sexism captivated audience members for the two-hour duration of the show.

Needless to say, the entire cast and crew of Oklahoma did an excellent job with the energetic and fast-paced production during their seven performance run.

Iris Pope is a junior at LA and a member of the Talon staff.



Senior Sonny Cumming performing the "Dream Ballet" sequence in the 2021 LA production of *Oklahoma!*. The projection behind her was filmed live by Sophia Scott (right) in her role as Laurey.



Above: Harrison Pierpan '23 as Curly and Sophia Scott '25 as Laurey

Left: Mitchell Straus '24 as Will Parker and Benno Hennig '24 as Ali Hakim in *Oklahoma!*

LA Hosts First Indoor Concerts Since 2019

By Skyler Houghton '22

Lincoln Academy's Wind Ensemble and Concert Band performed in the Winter Pops Concert at the Damariscotta Baptist Church on Sunday, December 3, at 2:30 p.m. and at 4:30 p.m., making them the first indoor band concerts since 2019. The concert was broken up into two parts to allow more people to attend the concert without crowding the Damariscotta Baptist Church, where they were held.

The concert at 2:30p.m. was livestreamed on Lincoln Academy's Facebook page

and at 4:30 p.m. on Lincoln Academy's Instagram Live page, to allow people the option of a more COVID-safe viewing from home. "It was so special to finally have an indoor concert again," said Jack DeAngelis, an English teacher at Lincoln Academy.

Lincoln Academy's choir groups performed in the Sounds of the Season Choir Concert at St. Patrick's Church in Newcastle, on Sunday, December 12 at 6:30 p.m. The performing area in the church holds 275 audience members, which allowed there

to be one concert without overcrowding the space. The concert was livestreamed on Lincoln Academy's Facebook page, to allow people the option of a more COVID-safe viewing from home.

At the time of this printing, the Jazz Big Band and Combos are scheduled to perform at the Poe Theatre on Thursday, December 16 at 7 p.m. This concert will also be live streamed.

Skyler Houghton is a senior member of the Talon staff.



Above left: the LA Wind Ensemble at the Winter Pops! Concert on December 5 (Aiden Jacobs '23 photo). Above right: the combined choirs (Lincolnaires and Concert Choir) at the Sounds of the Season Choir Concert on December 11 (Jenny Mayher photo).

Sports

2021 Fall Sports Awards

The Lincoln Academy fall sports season ended in early November of 2021 and awards were presented to teams. Here is a list of the awards as selected by coaches, the Kennebec Valley Athletic Conference (KVAC), and media outlets.

Compiled by Skyler Houghton '22.

Golf

Kellen Adickes was the runner up in the Boys Maine Class B State Championship match, and a New England's Golf Championship qualifier.

Kellen Adickes and Will Farrell: Coach's Award.

Kellen Adickes and Sebastian Chesbro: KVAC Maine Class B South All-Conference Award.

Will Farrell: KVAC Maine Class B South All-Academic Award.

Field Hockey

Sopna Atkinson Tatro: Coaches Award.

Elsye Mathieson: MVP Award.

Addison Brinkler: KVAC Maine Class B South All-Academic Award

Boys Varsity Soccer

Mica Houghton: MVP award.

Ben Sawyer: Register Cup Maddox Tilas and Casey Duncan: KVAC Maine Class B South All-Conference Award

Girls Varsity Soccer

Skyler Houghton: Coach's Award. Participant in the Maine Coaches Senior Bowl Game, Named to Southern Class A and B team.

Skyler Houghton and Catarina Johnson: KVAC Maine Class B South All-Conference Award.

Payson Kaler: Player of the Year Award.

Payson Kaler, Skyler Houghton, Emma Elwell, and Olivia Stiles: KVAC Maine Class B South All-Academic Award.

Coach Lauren Ober: KVAC Maine Class B Soccer Coach of the Year.

Cross Country

The 2021 Cross Country team won the Girls KVAC Class B Championships and both boys and girls KVAC Southern Maine Class B Good Sportsmanship Awards

Will Clark and Audrey Hufnagel: Breakthrough Award.

Audrey Hufnagel, Nick Russ, Adeline Hall, Grace Houghton, and Bronwen Coffin: 2nd-Team KVAC Maine Class B All-Conference.

Liam Card: Grace & Grit Award, and 1st-Team KVAC

Maine Class B South All-Conference.

Dylan Burmeister: Grace & Grit Award.

Clara Goltz: KVAC Maine Class B South All-Academic Award.

Reed Gulden: KVAC Maine Class B South All-Academic Award.

Forest Holbrook: KVAC Maine Class B South All-Academic Award.

Grace Houghton: KVAC Maine Class B South All-Academic Award,

Conrad Kortemeier received the KVAC Maine Class B South

All-Academic Award.

Marina McManus received the KVAC Maine Class B South All-Academic Award.

William Sherrill received the KVAC Maine Class B South All-Academic Award.

Coach Garrett Martin: KVAC Maine Class B Girls Coach of the Year.

Skyler Houghton writes for the Talon and is a member of the LA girls varsity soccer and lacrosse teams.



The girls (above) and boys (below) cross country teams won the 2021 Class B South Good Sportsmanship banners, which were awarded at the State Championship cross country meet in Belfast in November.



Sopna Atkinson Tatro '22 (left) is the Coach's Award winner for the 2021 field hockey team, and Mica Houghton '24 (right) is the MVP for the 2021 LA boys soccer team.

2021 Winter Sports Preview

By Hannah Abello '25 and Dylan Burmeister '25

As the second trimester begins, the winter sports season has also started. This year, winter sports teams include swimming, wrestling, and girls and boys basketball. Due to coronavirus concerns, there is no indoor track.

Grace Houghton, a senior on the girls' basketball team, said the team was feeling pretty good about their season. She commented that "we either play really well or really poorly, and we aren't really tall so we'll have to rely on our defense and our fast breaks. If we can do that, then I think we'll have a good season." Houghton also said that she thinks the team has "gotten closer, and we've started to enjoy each other. Now we spend time together outside of school."

Similarly, Nick Prior of the boys' basketball team feels confident about the team. "First of all, as the only four year varsity basketball player in the

program this year, this is by far the best team we have had," he said. "Our season looks very promising and we have a lot of talent coming from all ages. It's great to finally have spectators back in the gym for our home games. We all wish that students could come to the games, in order to ramp up our school spirit and especially get the student section back to their full glory."

He also said that playing in masks was "frustrating from a player standpoint. They get hot, itchy, and sweaty from sweat. It is very hard for the athletes to breathe. Since most of our team is vaccinated, a lot of the players felt that those that are on the court shouldn't have to wear masks, while those on the bench should." However, Prior said that "overall we are just happy to be playing basketball again."

The swim team is also looking forward to an exciting season. Lila Neptune-Benner, a freshman on the swim team, stated that "I think most of us

are excited [for our first meet], and there are a fair amount of people on the team." When asked about the culture of the team, she added that "it is nice to have upper-classman leadership. It's like having more than one coach and they welcome us to the team."

Senior swimmer Reed Gulden agreed. "The swim team atmosphere is already super friendly and supportive. It's one of the many teams at Lincoln where no matter what your skill level is, you are always appreciated on the team."

As for wrestling, the team performed well at its preseason competition last Saturday, placing fifth out of 16 teams present. Freshman wrestler Delia Saft said she joined the team because "indoor track wasn't an option, and wrestling is something I've never done before."

Most sporting events can be watched in-person. However, there are some exceptions. If you have questions about

which games can be viewed in-person, you should contact KJ Anastasio, the athletic director, and information about winter tournaments can also be found on the daily announcements page.

School nurse Kerri Lilly stated that she "feels confident with the safety measures that are in place, including that folks will be required to mask at the sporting events and [that] we are adding another layer of surveillance with pool

testing. We have also limited the capacity for the events to continue to practice distancing [at sporting events]." To people who are unsure about how safe it is to attend live sports games, she said "I think that they should enjoy the events from the comforts of their homes and through the games being streamed." Links for the live-stream of sports matches are located on Lincoln's website.

Hannah Abello and Dylan Burmeister are freshmen on the Talon staff.



Left: Lucas Houghton '24 shoots a free throw. (Bella Herring '23 photo). Right: Paige Lafrenaye '22 drives for the Eagles. (Addie Brinkler '22 photo)

LA Staff Profile

Kerri Lilli, RN, BSN, Director of the LA Health Center



students from GSB, so it's fun to see how they've grown up.

What is your favorite thing to do outside of school?

I love to kayak around the Maine islands. My favorite trip was Round Pond to Vinalhaven in 2002.

What made you want to become a nurse?

I wanted to be in an industry of service and I liked the factual parts of science and the art of relating to others.

What is one thing you are looking forward to this school year?

I look forward to helping students with anxiety in this post-pandemic culture.

What do you think your spirit animal is?

An owl for its representation of wisdom at times in my life.

What is one of your pet peeves as a nurse?

When people think our only job as nurses is to put on band-aids.

Who were you as a student in school?

I followed my sister who had a pretty wild reputation so that provided me inspiration to buckle down in school. I loved school, I loved the social aspect of it, and I was happiest playing field hockey, basketball, and running track.

Izzy Petersen is a junior who has been to the Health Center before.

Interviewed by Izzy Petersen '23.

What is your job at Lincoln Academy?

I am the Director of Health Services for the School Based Health Center at Lincoln Academy (aka the school nurse).

What college did you attend? What did you major in? What year did you graduate?

I went to Northeastern University and have a bachelor's of science degree in nursing. I graduated in 1997.

Where did you grow up?

I grew up in Massachusetts and graduated from Tyngsboro High School.

Who is your favorite fictional teacher?

Ms. Frizzle

What is one thing that you like about Lincoln so far?

The kids. They are fun and welcoming. I knew a lot of

Lunch Updates *cont'd from p. 1*



Lincoln's new vending machines are located in the Quiet Room of the Dining Commons. (Photo by Abigail Reed '23)

Mr. Burroughs said.

During the first trimester, each third period class was either assigned to the gym or the Dining Commons to eat. According to Mr. Burroughs, the school stopped splitting up the classes into different places during the second trimester because it interfered with third period gym classes. Instead the school added more desks outside of the Dining Commons.

To accommodate the four 25-minute lunches, some third period classes are split in the middle. For example, the first lunch goes from 10:55 to 11:20 a.m.; second lunch goes from 11:20 to 11:45 a.m.; third lunch goes from 11:50 a.m. to 12:15 p.m., and fourth lunch goes from 12:15 until 12:40 p.m. Students who eat in the second or third lunch periods leave class to go to lunch and then return to the same class.

The new schedule is a change for the seniors who have had a different lunch schedule each year for the last three years.

"The lunch schedule isn't

that bad. I've seen worse," said Joshua Richards, a senior. As an afternoon vocational student, Richards eats during first lunch before leaving campus for Bath. None of his classes get split up.

However, for some students the lunch period breaks up their class. Junior Dante Maskell doesn't like the system. "You leave the class and come back and there's 25 minutes left and there's not much to learn in that little time," Maskell said.

In addition to the change in lunch schedules, the school has gotten new vending machines, which are filled with foods that are approved by the FDA. The vending machines were added after the Student Union, where students could purchase snacks between classes, closed during COVID-19.

"The vending machines were put in because there were quite a few requests from students asking for access to snacks," said Mr. Burroughs.

The vending machines were originally placed in the hall

outside the Dining Commons across from the bathrooms, but soon moved into the quiet room in the Dining Commons.

According to Ms. Long, whose classroom is near where the vending machines were originally placed, they caused a disturbance during classes throughout the day.

"Kids wanted to go to them during class and hang out in the hallway outside of classes," said English teacher Mr. Manahan, whose classroom is next to Ms. Long's. "Kids would go to them in the middle of class, and it was disruptive. There was just a lot of noise in the hallway during class time. If kids couldn't get their food or they lost the money, then they came to the teachers looking for money and food. I am happy they were moved--the food is now in the Dining Commons, where there's supposed to be food."

Zoe Herald is a freshman at Lincoln Academy whose favorite food is bacon.

Introducing Winter Training & Fitness Club



From left: Rowan Donaghy '25, Will Sherrill '22, Liam Card '23, Dylan Burmeister '25, Tessa McNamara '25, Adeline Hall (homeschool), Lila Hall (homeschool), Audrey Hufnagel '24, Erica Johnson '22, Gavin Peck '24, and Coach Martin at Winter Training and Fitness Club. (Photo by Olivia Nixon '23)

By Olivia Nixon '23

This school year, winter running looks a little different than previous winters at Lincoln Academy. Both last year and this year, the indoor track season was canceled due to the COVID-19 pandemic. However, LA has introduced the Winter Training and Fitness Club as a way for runners and other athletes to train during the winter months.

The LA Winter Training Club is being coached by Mr. Going and Mr. Martin in the Fitness Center after school. There are about 15-20 regulars who have joined the club, as well

as 10-15 people that drop in. The members include not only cross country and track athletes, but athletes of other sports. One of the goals for the season is that the club will give Lincoln students a place to get in shape during the colder months.

Coach Martin said the club is open to anyone, no membership is required, and new participants are welcome. Participants willing to commit to at least three days a week of training will benefit most from this opportunity.

"Our main objective is to help LA athletes, regardless what sport they plan to pursue

in the spring, gain fitness, get stronger, and be ready to compete," Coach Martin said. "We are particularly focused on introducing training elements (strength, mobility, and technique) that will help club members improve efficiency and prevent or overcome injury."

So far, typical after school practices for the club are usually split into two groups. Long-distance athletes tend to go on long outdoor runs, while sprinters and others stay indoors to participate in fitness routines and weight lifting. The coaches of the LA Winter Training give athletes a lot of freedom for

their interests and goals; many members have communicated with the coaches to create a training regime that suits their needs.

Right now, LA Winter Training meets after school on Mondays, Wednesdays, Thursdays, and Fridays from 3-4:30 p.m. in the Fitness Center.

"Whether you're an endurance athlete, a speedster, or someone who likes to jump over things or throw things, LA Winter Training has something for you," Coach Martin said. "With just three to four days a week of focused training, you

can get stronger, faster, and more resilient. What's not to like about that?"

Dylan Burmeister '25 said it has been really nice to run with people from the cross country team again and work on strength and core, which she thinks will be helpful going into the track season.

"I'm excited to have the resources to improve over the next few months," Burmeister said.

Olivia Nixon is a junior at LA who tolerates running in her limited free time when not obliterating Marcus on the tennis courts.

Got News Tips?
Questions? Comments? Corrections?

Email:
talon@lincolnacademy.org

Vehicles of the Month

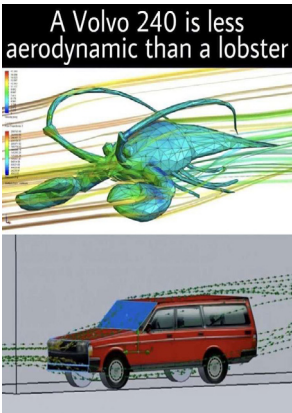


Photo and meme submitted by Alex Gutierrez '22

Alex Gutierrez's Volvo 240

Somehow, by a stroke of luck, Alex's Volvo 240 is this month's vehicle of the month winner. He's modded the car to make it the most obnoxious vehicle in the parking lot, at the cost of functionality. The only modification is an excessively loud exhaust. A quote from Alex perfectly sums up his car

and methods of driving: "Look where you don't want to go." If you've yet to see the Volvo, be sure to do so, as Alex just recently acquired a newer, and much faster car. This photo was provided by the victim himself, Alex, to prove that his car is incredibly inconvenient.



Photo by Dominic Civittolo '22

Gavin Kirkland's 2014 GMC Sierra

Got a Favorite Car or Truck?

Watch for a monthly survey in your LA email. Please don't nominate people who have already won!

Edited by Dominic Civittolo '22.

Gavin Kirkland's 2014 GMC Sierra, one of the biggest, and loudest trucks in the parking lot is this month's winner. Several parts of the truck appear to not be stock either, including the rims and tires, and quite possibly the exhaust. Gavin could easily take up two parking spots, but manages to back into one alongside all the other

trucks. "There isn't a vehicle in the parking lot with as much nut as Gavin's truck." A quote by a friend of his, Griffen Bond, describing how powerful his truck is. *Dominic Civittolo '22 is a senior at Lincoln Academy who drives a Spoon-Certified Honda Civic.*

Pets of the Month

Pets of the Month is a new Talon feature created and organized by Zoe Nolan '23 and Lilly Taylor '23. This will be a monthly

chance for everyone to show off their favorite (and adorable) pets. This month's submissions did not disappoint!

Sausage Submitted by Leo Noren '25



Scout ubmitted by Imij Armstead '25



Jet (The Mattas new puppy Submitted by Ms. Myers



Watch for the January Pet of the Month nomination form coming in January 2022.

Talon Staff

Student Journalists:

- Hannah Abello '25
- Alia Anderson '25
- Flora Angyal '24
- Mya Bessey '24
- Noa Burchesky '25
- Ashly Campbell '23
- Dominic Civittolo '22
- Alton Coolidge '22
- Hunter Gilmore '23
- Anina Halter '23
- Bella Hanna '22
- Mira Hartmann '25
- Zoe Herald '25
- Forest Holbrook '22
- Skyler Houghton '22
- Audrey Hufnagel '24
- Aiden Jacobs '23
- Kate Mason '24
- Lila Neptune-Benner '25
- Olivia Nixon '23
- Zoe Nolan '23
- Nathalie Paulina '23
- Izzy Petersen '23
- Iris Pope '24
- Abby Reed '24
- Cecil Rittall '25
- Katie Sanborne '22
- Jake Shaw '22
- Lilly Taylor '23
- Ada Tholen '23
- Isaac Thompson '23
- Thomas White '23

Advisors:

Mr. DeAngelis, *English*
Ms. Mayher, *Communications*
Maia Zewert, Associate Editor of *The Lincoln County News*

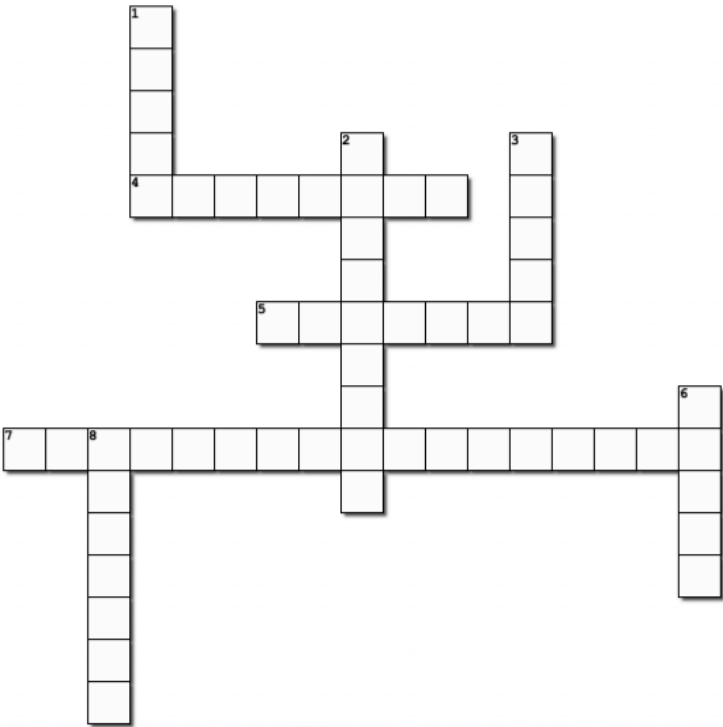
Puzzles & Fun

Crossword

November is nationally recognized as Native American Heritage month, post-Halloween slump, pre-holiday panic, cold butter season, and the Mariah Carey defrosting period. December is in full swing, although the lack of snow means it still feels like November.

Here at *The Talon*, we'd like to celebrate this weird spot in the calendar with a puzzle.

As usual, complete the crossword using the clues provided. If a single answer consists of multiple words, do not include spaces when fitting the answer into the crossword. If an answer contains a number, spell it out.



- Across:**
- 4. The shortest day of the year: The winter _____.
 - 5. The land that the LA campus sits on is recognized to be of the _____ tribe.
 - 7. The hit holiday tune written by W. Merrell.

- Down:**
- 1. The main child character from popular Christmas movie "The Polar Express"
 - 2. The state that raises the most turkeys for Thanksgiving is _____.
 - 3. In 'Home Alone 2: Lost in New York', Kevin's family goes on vacation to this US city.
 - 6. Following the deals of Black Friday, you can indulge in discount tech on _____ Monday.
 - 8. During Hanukkah, seven candles are lit in their holding piece, called a _____.

Puzzle created by Zoe Nolan '23 and Lilly Taylor '23.

Sudoku

	6	7				4		
5				4	8	7		
	3		1			2		9
1		2		6	3	8		
		6						2
9			5		7	1	4	
3	7		6				8	
6		4		1	9			5
	9					6	2	

Sudoku created by Izzy Petersen '23.

Overheard...
at Lincoln Academy

Got a quote
to submit to the
Talon?

Email
talon@lincolnacademy.org
or drop it in *The Talon* box
at the front desk.
Please include the names
of both speaker and
submitter.

- "You guys are laughing at my misanthropy."
– Mr. Smalley
- "Please go away, you're annoying the poets."
– Mr. Cannon
- "So, basically, Shakespeare is Jesus."
– Nate True '22

- "When you boil it down, most people wear clothes."
– Katie Sanborn '22
- "I'm like a cantaloupe, that thing from Africa."
– Gabriela Hagar '22
- "The weather is as sad as I am."
– Averagus Eddyblouin '24

- Ms. Mayher: "Do you know who this student is?"
- Mr. DeAngelis: "If they were wearing a mask, maybe..."
- "So, last year, I didn't lie to you guys, I just didn't tell you the entire truth."
– Mrs. Welch

*Talon quotes collected
and curated by
Ada Tholen '23 and
Nathalie Paulino '23.*

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