

THE
EAGLE'S

TALON

VOLUME 1
ISSUE 3

"Finis Opus Coronat"

Lincoln Academy's Student Newspaper. Reestablished 2021

Pierpont Honored at LA vs. Medomak Basketball Game



Paris Pierpont (number 11) playing for the Eagles as a sophomore in 2020. (File photo)

By Addie Brinkler '22

On Thursday, January 6th, the girls varsity and JV basketball teams played against Medomak. Before the National Anthem for the varsity game, a moment of silence was held as a tribute to Paris Rose Pierpont.

Paris passed away the night of October 10th, 2021 in Edgecomb, at 17 years old. Paris attended Lincoln Academy her freshman and sophomore year and then transferred to Medomak Valley High School to enroll in the EMT program

at the Mid-Coast School of Technology.

Paris played on the Lincoln basketball team both years she attended; JV her freshman year and as a swinger for both teams her sophomore year. LA's girls basketball coach Kevin Feltis said, "Paris was just a fantastic human being. She was always smiling and always working hard."

Coach McNelly, Medomak's girls varsity coach, praised Paris'

Paris Pierpont continued on p. 4

Churro Incident Causes Schoolwide Fire Evacuation

By Alton Coolidge '22 and Dominic Civittolo '22

On Monday, January 24 during second period, a popular Spanish dessert led to a full evacuation of the school.

The cooking class during this period was quite busy. There were students making pretzels, some were making pasta, others were making no bake cookies. The event that caused the smoke detectors to go off was the making of churros. The students who were making pretzels started to

eat the fruits of their labor, and amidst all the confusion, the churros were left unattended. As a result, the confection went up in a conflagration. Smoke began to pour out of the oven, and students began to pour out of the classroom.

Students and teachers alike were stuck outside in the winter weather, per fire drill protocol, until the dessert disaster was resolved.

Alton Coolidge and Dom Civittolo are senior investigative reporters on The Talon staff

Bath Tech to Offer Criminal Justice in 2022-23

by Abby Reed '23

Bath Regional Career and Technical Center (otherwise known as BRCTC or Bath Tech) will offer a new program next year: Criminal Justice.

When BRCTC ran a survey on potential new programs, Criminal Justice was the top choice for local students,

according to Julie Kenny, the director of BRCTC. In addition, BRCTC is required to go through a state-mandated process that includes looking at the labor market to determine if there is a need for a training program to increase the workforce.

Criminal Justice continued on p. 3

Snow Days!



Lincoln Academy Campus in the snow. To read about this winter's first snow day on January 7, and whether students can anticipate remote learning weather days in the future, see page 3.

What's in Store for 2022 Winter Carnival?



The class of 2024 builds their snow sculpture at during 2021 Winter Carnival. Snow sculptures will probably be part of this year's Winter Carnival since they are outdoors and Covid safe--as long as there is snow!

By Skyler Houghton '22
Winter Carnival is one of the biggest Lincoln Academy traditions, with the entire student body taking part in school-wide competition. This year's Winter Carnival will take place during the week of February 14th through the 18th. Winter Carnival always involves a week full of dress-up days and class competitions, all organized by the Student Council. Each separate event counts toward Faculty Shield Points awarded to the winning class. Past highlights of Winter Carnival include Quiz Bowl, Tropical Day, the Obstacle Course, Outdoor Kickball, and Twin Day, as well as Dress Up Day photo-ops every day.

There is a long history of Winter Carnival at Lincoln Academy. In an interview, Mr. Page '70, a.k.a. Mr. LA, noted that the "modern winter carnival didn't really start till 1966," when news of the event was first included in the yearbook. He also looked back on the 1980s during his years at Lincoln, when outdoor events were the highlight of the week.

In those days, events included pounding nails, racing to saw through a log the fastest, and tug of war, one tradition that has carried into recent years' winter carnivals. Snow sculptures have also been a long-standing tradition during the week,

Winter Carnival continued on p. 5

Midcoast Boarding Program

By Olivia Nixon '23

This trimester, the LA Ambassadors program offered its students the opportunity to live in KB Hall for one trimester through the Lincoln Academy Midcoast Student Boarding Program. This program works by giving room and board fees in exchange for a student to commit to remaining engaged for a full trimester with the international students as well as becoming a liaison between the two communities.

Forest Holbrook is a senior in the LA Ambassadors program and was the only student

accepted into the boarding program this trimester. He has been in the Ambassadors program since the summer before his junior year. His dorm parent is Ms. Pratt and he shares a room with Changshen Li, a junior from China. The purpose of this new program is to integrate the two communities as well as gaining personal leadership skills. The Talon interviewed Forest about his experience in this new program.

Midcoast Boarding continued on p. 5



Forest Holbrook '22 is living in KB Hall this trimester as the first participant in the Midcoast Student Boarding program.

Opinions & Letters

Prevent, Protect, Penalize: Reducing Incidence of Sexual Assault

By Lila Neptune-Benner '25

What does prevent, protect, penalize mean? In the United States alone, an average of 460,630 cases of sexual assault or rape ages twelve and older are reported annually. The Department of Education found sexual violence reports at school have increased from 9,600 cases to more than 15,000 in less than a year. Researchers estimate 10-29% of college-aged women are a victim of rape or attempted rape. Annually, 6.1 sexual assaults occur per 1,000 students.

Camden Hills High School is taking proactive steps to protest sexual assault, such as starting a Valor movement. A Valor movement is our contemporary fight to eliminate sexual assault, domestic violence, and child abuse. The movement embodies the same spirit that lives in the fights for women's rights, LGBTQ+ equality, racial justice, and more.

There are 7.9 billion people living on the earth and every 68 seconds someone is sexually assaulted or raped. 10% of men have been the victim of attempted or completed rape. In asking 40,000 households about rape and sexual violence, a survey uncovered that 38% of incidents were against men.

One in four women are sexually abused before the age of 18, and one in three women have experienced sexual violence in their lives. One in three teens gets sexual assault or abusive threats from their partner. One in five women is a survivor of rape. Four out of five children experience sexual abuse or harrasment while in school. Each year 14,000 Mainers will be sexually assaulted, harassed, raped, experience

sexual violence or, be violated sexually. All of these statistics are based on reported instances.

Prevention is the first step to changing these events. In Wellness, we talk about signs of an abusive relationship and things to do about it. This is incredibly important information. Teaching about consent is just as important, as consent is our first step to educating would-be victims and potential assailants on how to make sure you have consent and how to deal with rejection of consent. No means no is not an effective lesson plan; not when we live in a culture of "don't give up, keep on trying, you'll get it next time."

Protect is the second step to changing the cycle of violence. A woman who was raped or sexually assaulted at a young age is 35 times more likely to get assaulted again in their lifetime. The National Intimate Partner and Sexual Violence Survey, 2010, CDC reported, "the percentage of women who were raped as children or adolescents and also raped as adults was more than two times higher than the percentage among women without an early rape history."

"They were so full of self-blame and shame from the original assault that they felt unable to act on their own behalf during the later sexual assault victimization," said Senior Researcher Associate at Safe Horizon Chris O'Sullivan in an article from Girls Globe.

Penalizing is the third step of changing these behaviors and patterns. If you do something wrong and you don't know it is wrong and you do it and do not get caught or in trouble, you are most likely to do it again.

The definition of penalize is to be subject to some form of punishment. Rape is being effectively decriminalized by the very people upon whom victims rely to enforce the law, because so few cases are actually taken to court. This year, from 58,657 reports of rape, only 1,758 accused perpetrators were even charged with an offence, let alone convicted, which raises the question of what on earth the criminal justice agencies are doing. It is particularly tragic that at the same time as the prosecution rate has been falling, there has been a huge increase in complainants who are willing to report their cases to the police. For years, victims have been urged to come forward, and the investigations into Jimmy Savile and others have given victims confidence that, whoever the perpetrator was, they would be listened to. This means that tens of thousands of complainants have been encouraged to turn to the criminal justice system, only to be let down by it.

All those people have been violated and some more than once. We need to stop sexual violence and the perpetrators need to be punished.

Lila Neptune-Benner is a freshman at Lincoln Academy and part of the Talon staff.

Bathroom Vandalism

Dear students,

I am saddened and frustrated by the vandalism that has occurred lately in the men's room outside the dining commons. I use that bathroom...a lot. I enjoy it, its location, its cleanliness, its newness. I'm glad to be that close to it. I even enjoy the people I occasionally say hello to in there.

So I was bummed out last week to discover not only profanity, but hate filled profanity, carved into the partition in the men's room. I didn't want to see the hate. I certainly was saddened to see that someone would take a knife to the school I work in, enjoy, and work hard to improve. I felt badly for the maintenance department who spent hours fixing and painting the wall. I felt bad for the administrator who had to figure out how to pay for a senseless repair that probably cost \$1000. I even felt bad for the guy who was mad enough to do it.

Please help take care of our school. Please help take care of our restrooms, our classrooms, our hallways. Please keep an eye and an ear out. Please help to do what you can to leave the space better than you found it.

-Bryan Manahan

Mr. Manahan is an English teacher at LA.

Feeling Blue? Recognizing the Signs of Seasonal Affective Disorder

By Aiden Jacobs '23

Winter in Maine can bring excitement and fun; sledding, skating, skiing, and winter sports can bring life to an otherwise dreary season. However, winter can also bring seasonal affective disorder (SAD). "Sadness, feeling down, and depression start to go up around November," says Lincoln Academy social worker Lisa Katz.

SAD brings about bouts of depression that can affect anything from appetite, anxiety, loneliness, and loss of motivation and concentration. Katz says that seasonal affective disorder is more common because we live in Maine. "We're as far northeast as you can be, other parts of the country don't have to deal with this," Katz says, "The actual diagnosis is less important than recognizing that you're having a hard time." She encourages students to take advantage of the school's resources for struggling students, including

Lincoln's social workers Lisa Katz, Heather Norris, and Rachel Bennett.

Seasonal affective disorder can be treated in a variety of ways. Therapy and antidepressants can provide relief to those struggling with SAD. But there are other options, such as sunlamps and vitamin supplements which can replenish depleted levels of vitamin C that come with the Maine winter. Katz says, "Take advantage of when the sun is shining and get outside, bundle up and move around... Physical activity really does help keep energy levels and mood up." Katz also says it's important to recognize that "Mental health is part of your overall health. Our body and our mind are connected and we have to take care of ourselves."

National Suicide Prevention Lifeline 800-273-8255

Aiden Jacobs is an LA junior currently spending the semester at the Chewonki Maine Coast Semester School.

Submitting Letters to the Talon

Letters to the Editor can be submitted by email to talon@lincolnacademy.org or dropped in the Talon box at the front desk. Letters should be no more than 500 words, and must include your name and grade. The Talon staff reserves the right to decide which letters will be printed, and to edit for clarity and length.

LA's Best of 2021

Compiled by Aiden Jacobs '23 and Iris Pope '23

Thanks to everyone who filled out our "Best of 2021 Survey. Here are the results:

MOVIES

Spiderman: No Way Home
Encanto
Luca

ALBUMS

Red(Taylor's Version) by Taylor Swift
30 by Adele
Planet Her by Doja Cat

TV SHOWS

Wanda Vision
Loki
Hawkeye

Hallway Interviews: What is your New Year's Resolution?

Interviews by Lila Neptune Benner '25

"What are your 2022 New Year's Resolutions?"

Miles Darling '25: "survive 2022."

Alicia Flis '23: "to be more inclusive."

Elle Stevens '23: "be more patient with myself."

Kaley Edgar '25: "to get all my work done on time and to not fail"

Grace Mathews '25: "completing my work better."

Oliver Hunter '23: "make my car go fast."

Emily Tibbetts '25 "to get better grades."

Lucy Nolan '25 "to knit a sweater."

Mr. Going: "I don't do resolutions."

Cameron Bragg '22: "to be a better me."

Bella Hanna '22: "to continue to be myself and not let other people dictate how I live my life."

Charlotte Hilton '23: "drink more water."

Got a suggestion for a Hallway Interview? Send an email to Talon@lincolnacademy.org.

Lila Neptune-Benner is a freshman, part of the talon staff, and her new year resolution is "to try something new"

Talon Staff

Student Journalists:

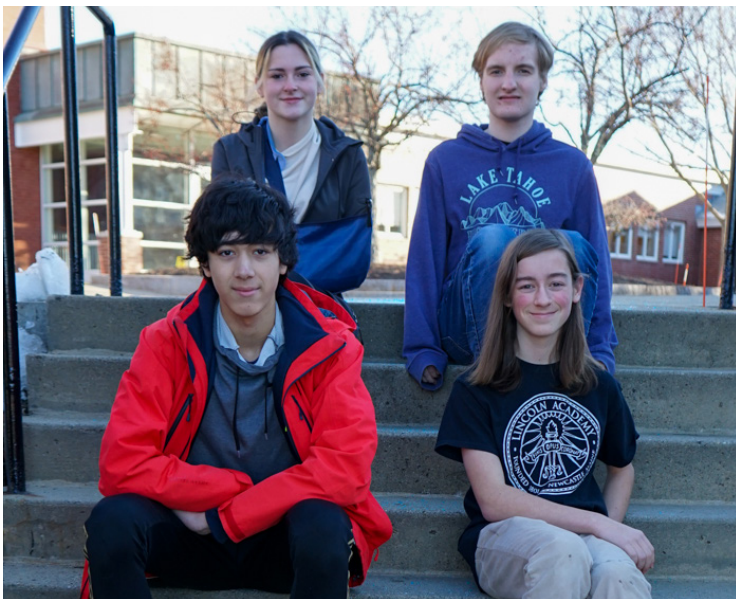
Hannah Abello '25
Alia Anderson '25
Flora Angyal '24
Mya Bessey '24
Noa Burchesky '25
Dylan Burmeister '25
Ashly Campbell '23
Dominic Civittolo '22
Alton Coolidge '22
Hunter Gilmore '23
Anina Halter '23
Bella Hanna '22
Mira Hartmann '25
Zoe Herald '25
Forest Holbrook '22
Skyler Houghton '22
Audrey Hufnagel '24
Aiden Jacobs '23
Kate Mason '23
Lila Neptune-Benner '25
Olivia Nixon '23

Zoe Nolan '23
Nathalie Paulino '23
Izzy Petersen '23
Iris Pope '23
Abby Reed '23
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November 2021 Students of the Month



The November, 2021 Lincoln Academy Students of the Month are Ali Bennett '22, Jason Long '23, Gavin Albert '24, and Eli Melanson '25

By Katie Sanborn '22, Ada Tholen '23, Mya Bessey '24

The November 2021 Students of the Month are Eli Melanson, Gavin Albert, Jason Long, and Ali Bennett.

Eli Melanson is a freshman. He is a member of the robotics club and he does tech work in the Poe Theater. Eli plays tennis outside of school and will join the Lincoln Academy tennis team in the spring. His favorite subject is film class and he recently got accepted into the District 3 Music Festival on the bass clarinet. Teachers describe him as kind, humble, and full of ideas and creativity. They particularly admire his interest in writing and his work on stories and plays with his

friends.

Gavin Albert is a sophomore. He is a member of the Lacrosse team here at Lincoln, as well as multiple clubs, including outing club and outdoor fun. In his spare time, Gavin likes to stay active by skiing and mountain biking, along with playing hockey. Gavin's older sister, Vanessa, went to Lincoln and graduated in 2021. The teacher who nominated Gavin described him as a great communicator and always prepared for class.

Jason Long is a junior. At Lincoln, Jason is involved in the choir, the theater program, and he is a freshman mentor. When not at school Jason enjoys playing video games, and he

works on improving his singing and theater skills. Jason is a "compassionate" student who is great at "making others feel good about themselves," he is an "open book," who loves getting to know people.

Ali Bennett is a senior. Ali is a hard worker both in school and out. At school, Ali is a strong student, a member of the National Honor Society, and Sigma Sigma Chi. Ali is also involved as the class secretary. Outside of school Ali spends her time practicing cheerleading with her all star cheerleading team. Ali is described as being a "tremendous friend," who is kind to everyone, even in trying times.

Are Snow Days Still a Thing in 2022? They are at LA!

By Dylan Burmeister '25

Lincoln Academy students just had their first snow day of this school year on Friday, January 7, 2022. "Snow days are a really nice chance to get work done and have some time to relax," said Audrey Hufnagel '24.

Some schools in America have stopped doing traditional snow days, with students doing remote learning on bad weather days instead. New York City, America's largest public school district, ended traditional snow days and has instituted remote learning on days when in-person lessons are canceled.

However, Lincoln Academy plans to continue doing snow days like they were done before the pandemic. "I would imagine that if we had a winter where there was an excessive amount of snow days called, we may need to revisit that plan," said Jake Abbott, dean of students.

Head of School Jeff Burroughs is a native of Vermont for whom snow days are an important tradition, and he has no plans to cancel them in favor of remote learning days. "Snow days are iconic. We live in New England, and it's important to embrace winter and find the fun in it. As long as I'm here, Lincoln will continue to have snow days."

When snow days are called, alerts go out by text and email, as well as on social media. Students should also note that parking on campus is restricted on snow days to allow for snow removal. If students are not getting notified currently when school is canceled, they can speak to the front office about having their phone number added to their PowerSchool account so they can receive text alerts that school has been canceled for the day.

Dylan Burmeister is a freshman on the Talon staff.



Past snow day at Lincoln Academy. File photo courtesy of Missy Abbott.

Cosmetology at Bath Tech

By Abby Reed '23

Cosmetology is one of the many programs BRCTC (Bath Tech) offers. This program gives high school students an opportunity to start their work with hair, skin, and nail care.

This two-year program is offered to juniors and seniors. Students attending this program are able to earn around 700 of the 1,500 hours required for a Maine Cosmetology License. The hours earned at BRCTC can be transferred

to a post-secondary school for Cosmetology.

The BRCTC Cosmetology program starts with basic theory and then advances to practical skills, such as hair sculpting, designing, and cutting.

"What I want my students to get out of the cosmetology program are life skills that will help them with anything they do. The idea is that the student learns a new technical skill, how to conduct themselves professionally, how to be an

effective communicator, and gains confidence," said Jill Sawyer, the Cosmetology instructor.

"The best part of Cosmetology is being able to do a hands-on project that will help contribute to my future career," said junior Kaisha Gagnon.

For more information, go to <https://bathtech.rsu1.org/>

Abby Reed is a junior in the Cosmetology program at BRCTC and a member of The Talon staff.

Criminal Justice Continued from page 1

This criminal justice program will be a two-year program offered to juniors and seniors. At the Criminal Justice Academy there is an age requirement, so the program will give students a better understanding.

This program will include information on criminal law, traffic law, criminal investigations, report writing, defense tactics, and much more.

"This particular program

prepares students for a future in the wide range of opportunities within the law enforcement and criminal justice field," said Kenny.

Students in the program will experience practical scenarios that law enforcement officers face with an additional coverage on crime scene investigations and an introduction to forensics. Students will also be expected to take part in physical fitness

exercises.

"It is a very exciting time at Bath Tech, as we continue to expand our programs and diversify our student body," says Kenny.

For more information, go to <https://bathtech.rsu1.org/>

Abby Reed is a junior in the Cosmetology program at BRCTC and a member of The Talon staff.

Celebrating Dr. King

By Dylan Burmeister '25 and Lila Neptune-Benner '25

Martin Luther King Jr. Day, a federal holiday that takes place annually on the third Monday in January commemorates one of the most influential civil rights figures in American history and provides space for a discussion of the struggle for civil rights.

Martin Luther King Jr. was born in 1929 in Georgia. He attended Boston University and received a doctorate degree in theological studies in 1955. He married Coretta Scott and moved to Montgomery, Alabama, where he became the pastor of the Dexter Avenue Baptist Church in 1954.

Throughout his life, King was always an advocate for civil rights and he became a member of the executive committee of the National Association for the Advancement of Colored People (NAACP). In 1955, he led the Montgomery Bus Boycott, which eventually desegregated public buses. King campaigned with Lyndon B. Johnson and between 1957 and 1968, he spoke over 2,500 times at events against racism. He was awarded the Nobel Peace Prize in 1964, becoming a world figure celebrated for his peaceful advocacy for civil rights. King was assassinated in 1968.

Over the years, Lincoln

Academy has recognized the holiday in several ways. The residential students learned about Martin Luther King Jr. and saw the film Selma, which is about the civil rights movement. At community meeting the week of Martin Luther King Day, communications director Jenny Mayher said, "In the past we've had some really great speakers and some awareness exercises that were really effective, but this year since we don't have in-person community meeting with the whole school, that wasn't possible."

In the past, Sigma Sigma Chi and other service groups have also led community service projects around Lincoln County, but with Covid, these groups are limited on what they can do.

"We have not planned anything for on-campus events, nor for community events due to the concerns around Covid. Unfortunately, this will be the second year in a row without active student participation in community events organized and sponsored by LA," Mr. Abbott commented. He added that he hopes to return to a more active and hands-on celebration of Dr. King in the future.

Lila Neptune-Benner and Dylan Burmeister are freshmen and part of The Talon staff



Abby Reed '23 (right) and other students practice cutting hair during the cosmetology program at Bath Tech.

Winter Sports Teams

Girls Varsity Basketball



Front row left to right: Miranda Northrup, Grace Houghton, Payson Kaler, Paige Lafrenaye, Emma Elwell.
Back row left to right: Annie Peaslee, Scarlett O'Brien, Jill Chadwick, Reagan Dunican, Lucy Fowler, Ally Poole, Natalie Kaler, Coach Kevin Feltis '89. Not pictured: Olivia Stiles

Boys Varsity Basketball



Front row left to right: Jack Duncan, Drew Hunt, E.J. Hunt, Riley Delisle, Colin Bradbury, Casey Duncan, Braxton Crockett, Mason Benner, Coach Ryan Ball '02.
Back row left to right: Sam Chapman, Nick Prior, Tucker Stiles, Gabe Hagar, Lucas Houghton, Jacob Masters, Tyson Ball, Myles Wotton.

Cheer



Front row left to right: Michaela LaCrosse, Sopna Atkinson Tatro, Alice Skiff, Andrea Benner.
Middle row left to right: Taylor Fink, Jennifer Campbell, Alana Brown, Paula Insula, Madalyn Mercer.
Back row left to right: Flora Angyal, Daniela Armengot-Swift, Dean Tegerero, Emily Gifford, Kassidy Dighton, Danielle Feltis.

Girls JV Basketball



Front row left to right: Bronwen Coffin, Ally Poole, Kaydence Walker, Kennedie Anderson, Scarlett O'Brien, Kadence Rodgers.
Back row left to right: Coach Donovan York '83, Zofie Day, Grace Ward, Taylin Lowe, Eva Doerfler, Jillian Chadwick.

Boys JV Basketball



Left to right: Coach Rand Maker, David Winchenbach, Jordan Anderson, Nestor Powers, Pietro Martano, Abraham Guilford, Otto Schoenthal, Ivan Manzi, Blake Grady, AJ Giberson, Chase Coffin.

Wrestling



Front row left to right: Gracie Brodeur, Adam St. Cyr, Kiera Grant, Zach Poland, Angel Tegerero.
Back row left to right: Coach Shawn St. Cyr '97, Spencer Gamage, Delia Saft, Jayden Lafrenaye, Zach Hanna, Corbin Drake, Ciao Crawford, Eric Richmond.

Swim



Front row left to right: Amara Johnderson, Sage Kosky, Skyler Houghton, Maeve Townsend, Adeline Hall (homeschooled).
Back row left to right: Eren Aybas, Stella Field, Mara Abbott, Reed Gulden, Lila Neptune-Benner, Marley Neptune-Benner, Arden Carleton, Piper Carlton, Jayden Brown, Coach Lili Pugh.

Outing Club Ski Trips to Camden Snow Bowl

By Hannah Abello '25

This year, like any other year, Mr. Manahan, Ms. Welch, and the LA Outing Club are taking trips to Camden Snow Bowl on Thursdays.

The LA Outing Club skiing tradition started around 20 years ago with trips to Sugarloaf three times a year with sometimes more than 60 students.

When Mr. Manahan started taking his own kids to Camden every day after school for the race team, he put together a bus with the help of Ms. Welch. In 2010 they started taking

Lincoln Academy students along with them.

Today, there are fewer students participating in the trips due to transportation challenges.

When asked, Olivia Nixon '23 said "this year, the snow bowl has been super icy, but it's always fun to spend time with your friends - especially on the lifts!"

The trips are scheduled for Thursdays, students must pay

to go, and must supply their own gear. Unlike years past, lessons aren't an option. At Camden Snow Bowl, the rates are more affordable than bigger mountains and it is a shorter drive.

Hannah Abello is a freshman and a member of The Talon staff.

Below: Members of the Outing Club on a recent Thursday ski trip to the Camden Snow Bowl. Photo courtesy of Mr. Manahan.



Paris Pierpont *cont'd from p. 1*

dedication and spark, saying that "Paris wanted to give her everything all the time."

Some of her former teammates had similar comments. Olivia Stiles said that "[Paris] was a spitfire, she always wanted to be a part of the play. She always wanted the ball."

Senior Paige Lafrenaye remarked that "you could look

over and Paris would always be on the ball or flying into the wall."

Senior Emma Ellwell remembered the day that Paris got her Sponge-Bob Square Pants basketball sneakers, "... she brought them into class, she was so happy!" Both teams held Paris' memory in their hearts during the game. The

LA eagles were victorious in the end, scoring 46 points to Medomak's 36 for their fourth win of the season.

Addie Brinkler is a senior and the 2021-22 Student Body President and Yearbook Editor. She wrote this piece as a guest journalist for the Talon.

Sports

Keeping Up with the LA Sailing Team

By Forest Holbrook '22

The Lincoln Academy Sailing Team had a successful fall season.

On October 9th, the team placed first in the Gleekman Trophy Fall Funfest Regatta, held in Sharon, Massachusetts. This secured them a spot in the Atlantic Coast Championship (ACC). Eighteen different teams attended the ACC in mid-November. Teams from states all over the East Coast were represented, including Massachusetts, New York, North and South Carolina, and even Minnesota.

Students Arden Carleton '22, Alton Coolidge '22, Kate Mason '23, Piper Carleton (homeschooled), Bobby Clarkson (homeschooled), and Toby Clarkson (homeschooled) represented Lincoln Academy. The weekend-long regatta had multiple races spanning Saturday and Sunday.

Saturday was extremely windy, so it was a difficult day for every team. "We had all the wind on the first day, and none of it on the second," said Kate Mason. Lincoln Academy was

faced with another challenge as well. During sailing practices, the team uses 420 sailboats. However, at the regatta, teams used FJ sailboats. "FJs are thinner, with a pointier bow. The rudder is smaller and there is a lot more room for error," said Mason. According to Mason, the team had no problem adjusting to sailing a new vessel, other than the strong winds on Saturday.

Winning a Portland regatta back in October qualified Otto Schoenthal '25, Mason, and the Clarksons for the National Keelboat Invitational in St. Petersburg Florida. The event took place from December 11-12 and consisted of ten different teams from all over the U.S. The first day of racing was very eventful with Lincoln Academy sailing in five different races. "We never placed last, so that was good," said Kate Mason. "Especially since we had a crew who sailed in J70s for the first time ever." The second day featured only one race, determining the winner of the Championship. Lincoln Academy placed fifth out of ten,

which was remarkable. Due to the cold weather in Maine, "We hadn't practiced sailing once in the past month before the regatta," according to Mason.

The LA sailing team had an outstanding season this year and hopes to continue qualifying for national championships next year. "Getting to meet and interface with new teams and new people is super exciting," said Mason. "I'm looking forward to seeing the team grow in coming years because we had such a successful season this year."

High school sailing includes competitive seasons in both the fall and spring. The LA team will begin practicing for the spring season as soon as weather permits. Anyone can join the sailing team for the fall or spring sports season. Team practices take place at the Boothbay Harbor Yacht Club after school on weekdays and regattas and races are held on weekends.

Forest Holbrook is a senior at LA and a member of The Talon staff.



Sailing team members who traveled to the Atlantic Coast Championship Regatta: Bobby Clarkson (homeschooled), Kate Mason '23, Toby Clarkson (homeschooled), Alton Coolidge '22, Arden Carleton '22, and Piper Carleton '24.



The Lincoln Academy Sailing Team at the keelboat championships in December 2021.

What's Up With 2022 Winter Carnival?

Continued from page 1

with classes competing against each other to create the most notable pieces of snow art, as long as the weather cooperates. Mr. Page summarized the purpose of winter carnival as "building class spirit and school spirit." It is one of the two main times of the year, along with Homecoming, where students can highlight their competitive spirits and create camaraderie in each grade.

This year, the student council is creating three separate plans for Winter Carnival to account for Covid: an all-virtual plan, a hybrid plan (like in 2021), and an in-person plan.

Right now, the in-person plan

looks most likely. It involves all four classes competing together in-person, while only two classes will be allowed in the gym at a time to spectate. The event will be live streamed to the other classes via Google Meet. Student Council will be announcing more specific plans in the coming weeks.

"At this point we are planning on an in-person, two class spectating, winter carnival set up," said Student Body President Addie Brinkler. "Monday, Tuesday, and Thursday there will be two classes in the gym watching the events while the other two classes watch live-streamed. There will also be

extra activities such as board games and card tournaments for the live-streamed audience to partake in. On Friday we are hoping to utilize the Friday in-person double community meeting schedule so that everyone can enjoy a regular winter carnival experience. As long as the community stays diligent about health and safety practices, we hope to enjoy a partially in-person Winter Carnival."

Skylar Houghton is a senior at LA and a member of The Talon staff.

Winter Carnival Tentative Plan

All events subject to change!

Dress Up Days:

PJ & Formal
Dynamic Duo
Anything But a Backpack
& Mismatch
Tropical
Black & White

Competitive Events:

Dodgeball
Quiz Bowl
Board Games
Class Banner
Snow Sculpture
(Weather Dependent)
Volleyball
Obstacle Course

Midcoast Boarding *Continued from page 1*

What made you want to be a part of the LA Residential Program?

This year, I became friends with so many people from the international student program. When the Lincoln Academy Midcoast Student Boarding Program was offered to students in LA Ambassadors, I thought it would be a good opportunity to get to know the international students even better. I also thought it would be a great experience to see what it is like to live away from home before I go to college.

What have been your favorite parts about living in the dorms so far?

I love living in the dorms because there is never ever a boring moment. There is always something exciting to do. Even if it is a rainy day, living in the dorms, you are surrounded by

a bunch of people your age. We always have fun weekend trips that are planned in advance every Wednesday evening. On snow days and rainy days, we all play games together inside, and during the recent snow day, a lot of us went sledding by the Dining Commons.

It is also really cool to learn about other people's countries and backgrounds. I always seem to have fascinating conversations with the international students about our cultural differences.

Out of all the dorm trips you have gone on, what has been your favorite so far?

So far my favorite trip has been the Camden Snow Bowl skiing trip we took on Martin Luther King Jr. weekend, as well as the ice-skating trips.

What part of your life has changed the most drastically since moving into the dorms?

I would say the part of my life that has changed the most is not seeing my family every day. Before moving into the dorms, I had a routine of coming home from school or sports practice and talking to my parents about my day. I still get to do that over the phone but it is not the same.

What is it like living with your roommate, Changshen Li?

It's really nice to have a roommate because I always have someone to help me if I am stuck on a homework problem. Changshen also helped me a lot with navigating around the dorms when I first moved in. Changshen and I have become very good friends and, as I said before, there is never a dull moment. I also always have someone to talk to, even when it is about quantum physics.

What do you think are going

to be the biggest takeaways from this experience?

I think the biggest takeaway would be learning how to live without my parents and all of the things that come with that. It has been great learning how to take care of things on my own and how to plan my time and schedule better. There are always so many things to do at the dorms, especially on the weekends, so planning your time here is critical.

Another important takeaway from this experience is getting more insight into the cultural differences between the United States and other countries that I didn't have much knowledge about before. It's overall a really fun and fascinating experience.

Olivia Nixon is a junior and a member of The Talon staff.



Answers to Talon Trivia
(from the back page)

1. The American Bison
2. Southern Connecticut
3. Criminal Justice
4. St. Petersburg, Florida
5. False
6. Forest Holbrook
7. Selma
8. 30 by Adele
9. TBD
10. Lamb

LA Staff Profiles

Nick Menice, Assistant Librarian



Interviewed by Forest Holbrook '22
What is your job at Lincoln Academy?
I'm the Assistant Librarian

What college did you attend? What did you major in? What year did you graduate?
I went to the College of the Holy Cross in Worcester, Massachusetts. I majored in sociology and graduated in 2020.
Where did you grow up?
I grew up in Monmouth, Maine.
Who is your favorite fictional teacher?
Mr. DeAngelis— this is going to confuse some people.
What is one thing that you like about Lincoln so far?
I love the number of water bottle refill stations, they're everywhere.
What is your favorite thing

to do outside of school?
Show no mercy, Cobra Kai.
What made you want to become a teacher?
The constant laughs while hanging out with high schoolers.
What is one thing you are looking forward to this school year?
I'm super excited for track and field.
What do you think your spirit animal is?
Definitely a unicorn.
What is one of your pet peeves as a teacher?
Loud and messy students.
Who were you as a student in school?
Very loud and very messy.

Jack DeAngelis, English Teacher



Interviewed by Skyler Houghton '22
What is your job at Lincoln Academy?
I am an English teacher.
What college did you attend? What did you major in? What year did you graduate?
I attended the University of Richmond in Richmond, Virginia, as an English major. I graduated in 2019.
Where did you grow up?
I grew up in Southern Connecticut.
Who is your favorite fictional teacher?
I think it would be Johnny Lawrence from *Cobra Kai*.
What is one thing that you like about Lincoln so far?

I like the sense of community.
What is your favorite thing to do outside of school?
My favorite thing outside of school is to crush ice, run far away, and jump with exuberance.
What made you want to become a teacher?
I like hanging out with kids.
What is one thing you are looking forward to this school year?
I am looking forward to the spring when we can open windows in the classroom and read in the spring air.
What do you think your spirit animal is?
Definitely humpback whale.
What is one of your pet peeves as a teacher?
When students move their desks out of line.
Is there anything else that we have not talked about that you would like to add to the article?
I think that pretty much wraps it up.
Who were you as a student in school?
When I was in school, I did what I was told but was not happy about it.

Jonah Vesery: Geography, DET, & Study Hall



By Cecil Rittal '25
Jonah Vesery is a Support Study Tech here at Lincoln Academy. His classroom is situated in the conference room. This year Mr. Vesery has a Freshman advisor group. Here at Lincoln Academy, Mr. Vesery is a geography teacher, Intro to Design, Engineering, and Technology teacher, and study hall sentinel.
Mr. Vesery attended the

University of Delaware where he majored in international relations and graduated in 2019. He grew up in Damariscotta. Mr. Vesery's favorite fictional teacher is Indiana Jones. One of Mr. Vesery's favorite things about Lincoln is that they serve reubens in the cafeteria. Outside of being a teacher at Lincoln, Mr. Vesery likes making things in his workshop.
Mr. Vesery said his reason for becoming a teacher was "I did lots of jobs that I thought didn't make an impact on society, I could have left that job and there would have been no impact, teaching is a valuable endeavor."
Mr. Vesery is looking forward to later in the school year for his long trip to the Caribbean. Mr. Vesery's spirit animal is the American Bison.
One of Mr. Vesery's biggest pet peeves as a teacher is when kids make assertions without evidence and will not listen to reasonable responses.

In general, if he could offer a few pieces of advice, they would be: "Learn something new everyday," "Limit the suffering of others," "Have the awareness to know what you are capable of, what you are not capable of, and what pathways you've never even considered."

Got News Tips?

Questions? Comments? Corrections?

Email:

talon@lincolnacademy.org

Club News

New Recycling System at Lincoln



Most of the recycling bins have a list of what cannot be included written on them by the Climate Action Club. Do not include food waste, films, plastic bags, plastic wrap, or foam.

By Audrey Hufnagel '24
As people may know from the announcements by the LA Climate Action Club, Lincoln Academy now has a single stream recycling system. Single stream recycling means that all recycled materials can be put in one bin. Recycling is important because it allows materials that would otherwise go into a landfill to be processed and turned into new products. Plastics take hundreds of years to decompose, and much of the plastic that gets thrown

away ends up in natural places, especially the ocean, and is eaten by animals.
The LA Climate Action Club has been helping educate students in the school about the recycling system through announcements. The climate action club has also put up posters around the school by all the recycling bins showing what can be recycled and what can't.
Blue recycling bins can be found around the school. With our recycling system, things that can be recycled are

magazines, paper, brown paper bags, newspapers, paperboard, cardboard, mail, phone books, paper cardboard milk and juice cartons, aluminum, tin or steel cans, glass bottles and jars, and plastic bottles and containers with the numbers one through seven. Things that cannot be included are food waste, films, plastic bags, plastic wrap and foam.
Audrey Hufnagel is a member of the LA Climate Action Club and a member of The Talon staff.

Got Club News? Email
talon@lincolnacademy.org or drop it
in *The Talon* box at the Front Desk.

Vehicles of the Month



Maxin Lucas's Toyota Tacoma. Photo courtesy of Maxin Lucas '23



Corbin Drake with his Impala. Photo by Dominic Civittolo '22

Featured Truck: Maxen Lucas's Toyota Tacoma

Maxen Lucas has a very blue and very stock 2017 Taco, aka Toyota Tacoma. It stands out in the back row of the LA parking lot for both its vibrant color and the fact he's kept his hands off of it long enough for it not to have turned into a piece of junk. When asked about his truck, Max put it eloquently,

"all it is is a Prius with a bed." Of course, that's without the hybrid engine and with about 16 times the desirability. Quite honestly, this truck is one of the most grown up and practical vehicles in the parking lot, in total juxtaposition to its owner.

Got a Favorite Car or Truck?

Watch for a monthly survey in your LA email. Please don't nominate people who have already won!

*Edited by
Dominic Civittolo '22 &
Alton Coolidge '22.*

Featured Car: Corbin Drake's Chevy Impala

Unfathomably, Corbin Drake's Impala is this month's "Vehicle of the Month" winner. A two-time featured vehicle on the "Lincoln Academy Bad Parking" Instagram page, the Impala is a notorious hazard in the parking lot.

Fortunately, the cherry red paint alerts people not to go near it. As a survivor of the inside of Corbin's car, we can

genuinely say that the inside is dramatically worse than the outside. The entire passenger seat is covered by Red Bull cans and half-full McDonald's bags. We're not actually sure if there is a back seat, but we do know there's a half eaten piece of pizza that's been there for several months. The owner himself said; "sometimes the transmission just doesn't wanna tran, y'know?"

Pets of the Month

By Zoe Nolan '23, Lilly Taylor '23

If you'd like to see your pet here next month, keep an eye out for submission forms!

Here are the winners for the January Pet of the Month competition:

In the dog category, 18 dogs were nominated and the winning dog, Amie, submitted by Olivia Swartzentruber '25, received a total of 23 votes.

In the cat category 10 cats were nominated, and the winning cat, Milo, submitted by Izzy Petersen '23, received a total of 54 votes.

In the miscellaneous category 10 pets were submitted and the winning pet, Moo Moo, submitted by Miranda Northrup '22, received a total of 38 votes.

Thank you for all of your interest in this feature. Please keep the nominations coming!

Winning Dog: Amie Submitted by Olivia Swartzentruber '25

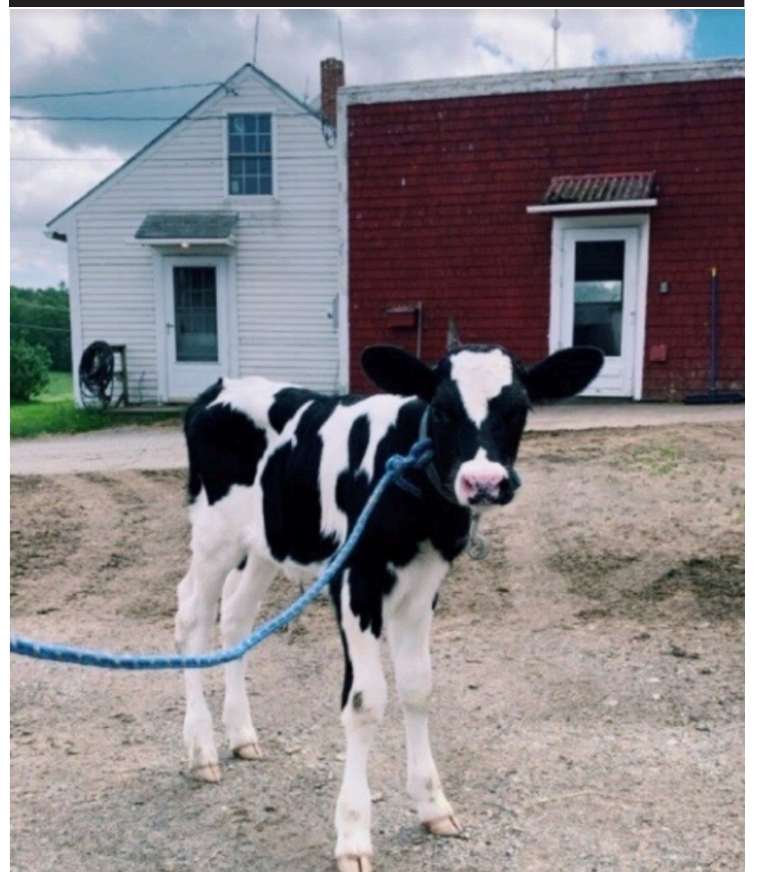


Winning Cat: Milo Submitted by Izzy Petersen '23



Miscellaneous Category: Moo Moo

Submitted by Miranda Northrup '22



Watch for the
February Pet of the Month
nomination form
coming soon!

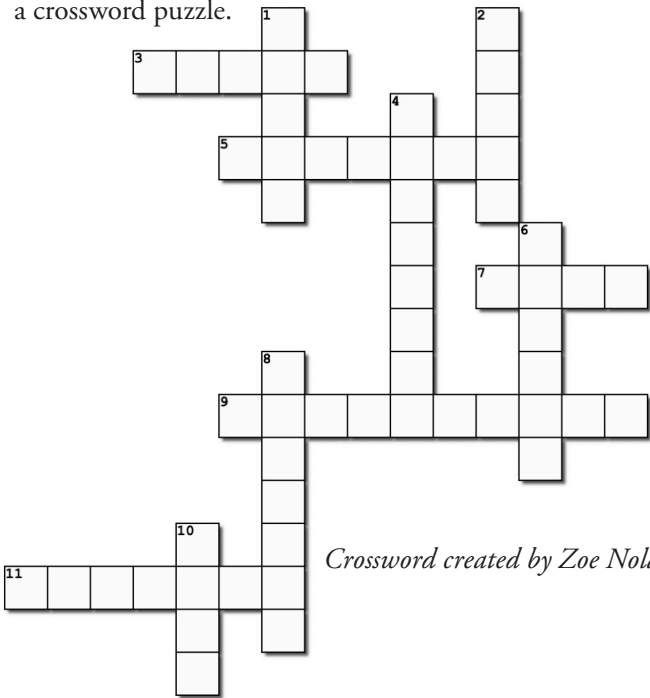


*Drawing by
Iris Pope '23*

Puzzles & Fun

Crossword

After an eventful year full of good times, hardship, and staying home doing nothing, 2022 is finally here. Let's kick it off with a crossword puzzle.



Crossword created by Zoe Nolan '23.

Across

- 3. The 2022 FIFA World Cup is expected to be hosted in this Middle Eastern country.
- 5. On Feb. 6, 2022, Queen Elizabeth II will celebrate her Platinum _____, marking 70 years on the throne.
- 7. This pre-columbian civilization celebrated the new year on July 26th.
- 9. January is the warmest month of the year in most of the Southern _____.
- 11. Martin Luther King Jr. delivered his famous "I Have a Dream" speech at the memorial for this U.S. president.

Down

- 1. The month of January was named for this Roman god.
- 2. According to the Chinese zodiac, 2022 is the year of the _____.
- 4. The first state to adopt Martin Luther King Jr. day as a state holiday.
- 6. January's birthstone, representing love and friendship.
- 8. On Feb. 4, 2022, the Winter Olympics begin in this Chinese city.
- 10. The full moon in January is traditionally called "the _____ moon."

Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | | 8 | | | 4 | | | 5 |
| | 1 | | | 3 | | 8 | | |
| | | 6 | | | | | 2 | |
| | | | 7 | | | | | |
| | 7 | 4 | | 8 | | 5 | 9 | |
| 8 | | | 4 | | | | | 1 |
| | 3 | | 8 | 9 | | 7 | | |
| | 5 | 1 | | | | | 8 | |
| 9 | | | 1 | | | 6 | | 2 |

Sudoku created by Izzy Petersen '23.

How well did you read *The Talon*? Trivia from this month's issue:

1. Who is Mr. Vesery's spirit animal?

2. Where did Mr. DeAngelis grow up?

3. What new program will be offered next year at BRCTC?
4. Where did the 2021 National Keelboat Invitational take place?

5. True or False: plastic bags and foam can be recycled in the new recycling bins made by the LA Climate
- Action Club.

6. Who from the LA community recently moved into the dorms?

7. Residential students went to see what movie to celebrate the Civil rights
- movement?

8. What was the second most popular Music Album in 2021 according to LA students?

9. In this issue's Sudoku, what is the sum of the
- whole first row?

10. The last name initials of Novembers' students of the month spells the name of what baby animal?

Talon Trivia answers on p. 5

Overheard...
at Lincoln Academy

Got a quote
to submit to the
Talon?

Email
talon@lincolnacademy.org
or drop it in *The Talon* box
at the front desk.
Please include the names
of both speaker and
submitter.

"Those were multi-step
questions, not multiple
choice." – Mr. Turner

"I'll be an average father.
Okay at best."
– Ashton Seiders '23

"All the good oceans are
in Cape Cod."
– Eleanor Baldwin '25

"I can't even karate chop.
That's pathetic."
– Hale Winchenbach '22

"Look at that kid! He's
more than half legs."
– Mr. Cannon

"If I'm unconscious, you
can answer [the phone]."
– Mrs. Levesque

"Did you know that
guinea pigs stretch like
accordions?"
– Mr. Cheff

"Sometimes you have to
do things that make you
cry."
– Kaydence Raymond '25

Talon quotes collected
and curated by
Ada Tholen '23 &
Nathalie Paulino '23.

This issue of *The Talon* is sponsored by the
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