

THE
EAGLE'S

TALON

VOLUME 1
ISSUE 5

"Finis Opus Coronat"

Lincoln Academy's Student Newspaper. Reestablished 2021

"Prom-troversy" Rocks LA



LA Prom Committee members include juniors (from left) Abigail St. Cyr, Izzy Petersen, Abigail Holladay, Ava White, Bella Herring, Gabby Vincentson, Connor McFarland, and Michaela LaCrosse.

By Logan Heath '22 and Marguerita Fairfield '22

This year for the first time in recent history, LA students will have two spring formal dances to choose between: Lincoln Academy's official prom and a secondary event hosted off campus by a group of seniors. This group, unhappy with the school's choice of venue, have decided to organize an alternative event for LA juniors and seniors.

This will be the first prom to take place since 2019 due to complications regarding

COVID-19, which forced the school to cancel prom in 2020 and 2021, and the first prom to take place on campus in eight years.

However, a division between the student body, the prom committee, and LA administration became apparent when the prom was confirmed to take place on campus, in the Dining Commons.

"When the time came to set a date for prom, it was in the middle of the Omicron surge in January," said Mr. Burroughs. "I encouraged the

prom committee to plan to have it on campus because I knew we could make it happen, and happen safely." He continued that he thought that if prom was scheduled off campus, that the school might not have control over whether it was canceled due to Covid concerns. "After the last two years, I didn't want any more disappointments," he said.

A group of senior students, dissatisfied with the current state of affairs, decided to hold their own event off campus, and successfully secured a venue for it. While the date for the off campus event was originally scheduled at the same time as the Lincoln prom, organizers have since moved the date a week later to avoid a direct conflict. To help pay the expenses, student organizers started a "GoFundMe" page to collect donations, where they have now raised over \$4000.

Hale Winchenbach '22, One of the organizers of the student-driven event, said that they "are extremely grateful for the support from the donors within the community who

Prom continued on p. 3

Anderson, Brown Compete at SkillsUSA

By Abby Reed '23

On Friday, March 18th, ten students from Bath Regional Career & Technical Center attended the Skills USA competition in Bangor. Two students from Lincoln Academy were able to compete at Skills USA this year.

Senior Alana Brown competed in wedding cake decorating and was awarded a Silver Medal. Senior Sullivan Anderson competed in electrical construction wiring.

SkillsUSA continued on p. 5



Senior Sullivan Anderson (left) competed in electrical construction wiring and senior Alana Brown (right) competed in wedding cake decorating at the Maine division of the SkillsUSA competition in Bangor.

LA Robotics Team Heads to World Championships



The 2021-22 Robotoics team is heading to Dallas for the World Championships. From left: Grady Burns, Henry Maddox, Ryan Naylor, Coach Susan Levesque, Ryan Sullivan, Connor Parson, Joseph Levesque, Owen Dyer, Jake Shaw, Austin Levesque, Jackson Ross, and CJ Colomb.

By Will Clark '24, Forest Holbrook '22, and Ryan Sullivan '22

On Saturday, March 5, the L.A. Robotics team went to The Point Community Center in Portland to compete in the VEX Maine State competition. After a lot of hard work and clutch moments, one of their robots managed to place runner-up in the competition, and qualified for the world tournament in Texas. After their success, we were excited to learn more about how they operate, and how they were able to get this far in the competition. So, we made our way down to ATEC to do some investigating. We interviewed Owen Dyer '22, and here's what he had to say:

Tell us about robotics clubs of the past here at Lincoln. What led you to be successful this year?

In previous years, we've learned the building techniques from looking at others' designs. Now will be the third time that I've rebuilt the robot. It's never gonna be perfect, but I keep trying to make it as close to perfection as possible— it's an ongoing process.

What is your robot designed to do and why was it successful in the tournament?

In both competitions, our robot was used in the opposite way of what was intended based on the design of the tournament. Our robot picks up the goals, places them, and plays a lot of offense in general, although it's quite good at defense as well.

Tell us about the upcoming national competition. What are you looking forward to?

Robotics continued on p. 3

3 vs. 4 Lunches: The Debate Continues

By Noa Burchesky '25 and Mira Hartman '25

At the beginning of the third trimester, students underwent a switch from four 25-minute lunch periods to three 35-minute lunch periods. There are mixed views from students about the increased number of students in the Dining Commons and the extra time added to lunch.

The lines for both hot lunch and the deli bar are undoubtedly longer, but higher numbers in the cafeteria allow students to interact with more people they might not have seen with the

original four-lunch structure.

Senior Logan Heath says that the number of students in the Dining Commons is "a lot busier but familiar" due to the experience he had as a freshman before Covid in a full capacity cafeteria.

Freshman Mira Hartmann, on the other hand, is uncomfortable with the amount of people in the cafeteria. "It's overcrowded, stressful, and loud," she said in an interview. The controversy continues with the extra 10 minutes, some students dislike the extra time,

Lunches continued on p. 3

Holly Martin '09 Shares Her Adventure with LA Students



Holly Martin '09 aboard her boat Gecko.

By Will Sherrill '22 and Alton Coolidge '22

During Community Meeting on Friday, March 18th, Holly Martin '09 gave a presentation regarding her adventures living aboard her 27' sailboat Gecko. Martin is an avid sailor and grew up on sailboats during her parents' circumnavigation of the globe. Holly has returned for a brief stay at her family home in

Martin continued on p. 4

Opinions & Letters

Reflections on the Chewonki Experience



Aiden Jacobs '23 and other Chewonki students during one of their Friday theme nights.

by Aiden Jacobs '23
Maine Coast Semester at Chewonki is an experience unlike any other. Students from Maine to California and all gather on a small campus in rural Wiscasset with one goal: to create a community of peers and friends dedicated to exploring life on the Maine coast.
Students live in small cabins heated by a single wood stove which students are expected to maintain. Food is served fresh from the on campus farm that relies on help from the semester students to run at full capacity. Describing every facet of life at Chewonki would be nearly impossible, as it is an experience as much as it is a school.
Classes can be canceled in order to take an impromptu trip to see Steller's Sea Eagle. Students foster a connection with nature during their stay at Chewonki, whether passively by remarking on the stars each night on walks to and from cabins, or actively during a weekly field lab that takes students to locations such as Pemaquid Point to study geology or birding at Reid State Park.
"It's amazing to see how strong my connection to nature has become in such a short time," says Josie Kim, a student from Crossroads School in Los Angeles.
This is not to say that life at Chewonki is easy. The rigorous schedule, academics, and lack of free time can be a large adjustment. "Unfortunately, interacting with the

environment and with your peers is a rare occurrence due to the exceeding lack of free time," says Milton Academy student Jaden Thompson, "But the connections I have made so far cannot be created anywhere else."
Despite the rigid schedule, Chewonki provides an environment for immense personal growth as well as fun. Saturday night activities include e games of hide-n-seek, watching movies, or performing in front of their peers,
"The community is very open and welcoming," says Brunswick High student Reagan Lee. At its best, the Chewonki experience allows students to create a thriving community of curious, passionate, and spirited individuals.
For students looking to build an intentional community built on close connections to both teachers and students Chewonki is the right place. However, life can sometimes be stifling and there is very little opportunity for freedom due to an incredibly busy schedule.
Finding time to balance personal goals with those of Chewonki is a difficult experience, sometimes leading to sleep deprivation and excessive stress. Despite these challenges, students who are able to adapt to this new way of life will find themselves thriving in the Chewonki environment.
Aiden Jacobs '23 is currently enrolled at Chewonki Semester School and is looking forward to nights when he doesn't have to single-handedly heat his cabin.

Submitting Letters to the Talon

Letters to the Editor can be submitted by email to talon@lincolnacademy.org or dropped in the Talon box at the front desk. Letters should be no more than 500 words, and must include your name and grade. The *Talon* staff reserves the right to decide which letters will be printed, and to edit for clarity and length.

Understanding Mental Health

THIS ARTICLE CAN BE TRIGGERING; READ AT YOUR OWN RISK
by Zoe Herald '25
I have been struggling with how to start this article. I don't want to come off like I know everything about mental health. The truth is, nobody knows everything about mental health. Not even most mental health experts know everything about it. Another truth is that most kids who struggle with mental health problems don't know it.
There are lots of signs to look out for when someone is struggling with mental health. There are tons of mental illnesses that differ from each other and each one has different signs.

Anxiety is a huge thing that is very common in people of all ages. Some signs of anxiety are feeling nervous, breathing rapidly, feeling weak or tired, and sweating. You can also have trouble concentrating on anything besides an issue that you're focused on. Anxiety is most common in people aged 30-44 years of age. Anxiety is more common in women than men.
Some people suffer from PTSD, which stands for post traumatic stress disorder. This is usually caused by a traumatic event. Many veterans suffer from this mental illness. PTSD comes with flashbacks to some traumatic events. If you were abused as a child, PTSD is very common. Near-death experiences can also cause PTSD.

There's also ADHD which stands for attention deficit hyperactivity disorder. ADHD is a medical disorder. Some signs of ADHD are restlessness, lots of energy, and leg bouncing which all have a lot to do with high energy levels.
There are so many options if you or someone you know needs to get help. There is a number you can call if you ever need to talk to someone about how you are feeling: 800-273-8255. This is the suicide hotline. Most people have heard of this number. There are also staff at Lincoln Academy that are great people to talk to.
There are always people around you that are struggling with their mental health. If you or someone you know is struggling with mental health, there are so many adults around you that you can talk to. If you or someone you know is using unhealthy coping methods like alcohol, drugs, marijuana, or self harm, you should tell a trusted adult. You may not want to seem like you're being a teacher's pet, but it is very important for people to get help. There are also tons of alternative ways to help deal with mental illnesses.

These things are called coping skills. If you were to go up to a crisis unit anywhere in Maine, or anywhere in general, the main focus would be about teaching you coping skills. Coping skills are skills that help you deal with things that are going on. There are thousands

of different coping skills out there. They all work differently for people. One coping skill that works for you might not work for someone else. Some coping skills are writing down how you feel, drawing to get your mind off of stressful situations, going for a quick jog or run. There are so many more, but these are just a few that you can try. A coping skill that really works for me is getting hugs. There's not always someone around to give me a hug, so I also like to sit down and read a good book. It puts my mind in a fantasy world and gets me out of my head for a short amount of time.
There is so much more to learn about mental health. You can always research mental health things on your own time. There's only so much I can discuss here in this article. Remember there are always people who care about you. You always have a reason to live and take care of yourself. You might have to sit and think about it, but you, along with everyone else, are important to our community.
Zoe Herald '25 is a student here at Lincoln who has struggled with mental health for years.



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News

Prom *continued from p. 1*



Organizers of the unofficial off-campus formal event include (from left) seniors Bella Hanna, Emma Elwell, Olivia Stiles, and Hale Winchenbach.

have helped make this a reality for us”.

An anonymous source connected with the off campus event claims that “Many of the upperclassmen felt that there was a lack of effort from the administration and it was discouraging and unfortunate to receive that from people of authority. The senior class is looking at this as a liberation.”

According to sources familiar with the off campus spring formal event, it will occur at Lakehurst campgrounds, with a theme of “Memories Under the Stars”. The sources claim there will be at least one police officer at the scene. Tickets are available to seniors and juniors only, and at the time of this reporting, organizers plan to donate any extra proceeds from the event back to Lincoln

Academy.

The school prom will still take place on May 21st, uninterrupted by the off-campus event. Abigail Holladay ‘23, a member of the school prom committee, says “Everyone has free will to choose to go to either prom, but I’m choosing to stick with Lincoln’s prom. If people are willing to give it a chance it will be a lot of fun. The theme is Enchanted Garden, so it’s very outdoorsy. Seniors also will receive a discount.”

Lincoln Academy Dean of Students, Mr. Abbott had this to say about the organization of the school’s prom this year: “it’s been a hard process. The juniors and prom committee and adults involved put in a tremendous amount of time and effort doing what we think is right at this time. A full on disagreement

Lincoln Academy Prom 2022

“Secret Garden”

Saturday May 21, 2022

Lincoln Academy Courtyard
and Dining Commons

7pm - 10pm

Seniors: \$15

All Others: \$20



The official 2022 Lincoln Academy Prom poster.

leading to a bypass of what we are trying to do has been difficult.”

Mr. Abbott added that despite the challenges that have arisen due to the off campus spring formal event, he is appreciative of the students involved being cooperative and open to suggestions.

“Overall,” junior Iris

Pope said, “We are in an unprecedented situation, with the first on-campus prom in a long time, and controversy being sparked by an off campus event. Both the official prom committee for Lincoln Academy, and the group of students behind the off campus spring formal event have worked very hard to plan events that

Lunches, *cont’d from p. 1*

while others think it’s the right amount.

Audrey Hufnagel, ‘24, states, “It depends on the weather. When we’re able to be outside, the 10 minutes are nice, but when we’re in the dining commons, it’s too long.”

Three lunches remains a debate between students, but no plan for any new change for the year is in the works.

Mya Bessey is a sophomore and brings her own lunch which means she doesn’t have to wait in line.

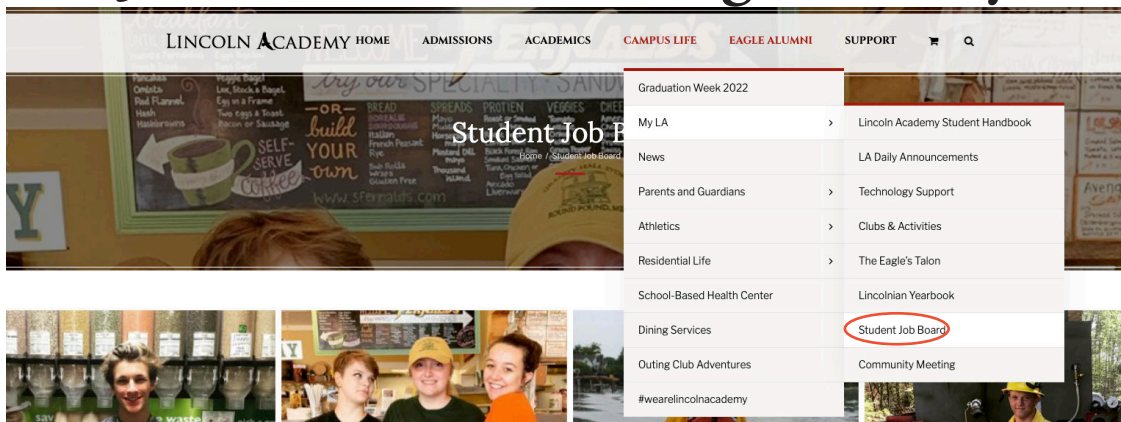
Noa Burchesky is a freshman and writes for the Talon.

they believe will provide the best experience for everyone, and even in the face of adversity, remain positive and supportive of each other.”

In a statement, the organizers of the off campus spring formal event, including Bella Hanna, Olivia Stiles, Emma Elwell, and Hale Winchenbach said, “we are excited and proud of everyone involved in both events.”

Logan Heath ‘22, and Margeurita Fairfield ‘22, are members of the Talon staff who recently won the senior superlative for “best dressed.” Their prom outfits will be amazing.

LA Jobs Board: Something for Everyone



By Maia Hall ‘24

Looking for a summer job? The LA Student job board is here for you. Jobs on the board range from camp counselors to deck hands to restaurant work, and more! The jobs board is on the LA website under “Campus Life” and “My LA.” Many jobs don’t require any previous experiences, and new listings are being added every single week.

It’s not just for summer jobs, either! If you are graduating and thinking about year-round work after graduation, there are listings for those jobs, too.

Mount Desert Island YMCA Camp Counselor: MDI YMCA camp is a great job for students who are 18 years or older,

students involved will have the opportunity to be a camp director for kids. Students who volunteer for this job will be paid an hourly wage of \$18, working from June to August.

Staff Positions at the CLC YMCA: If you love kids then thrive at the Y program is for you, the YMCA is holding an after school program for highschool students who love hanging out with pre K and age school kids. Students interested in this program must be 16 years or older. Students will be expected to show up a couple of times a week for 2-3 hours, at \$12.75 an hour.

Maine Kayak Team: If you want to work in a fun and

inclusive environment then join the Maine kayak team located in New Harbor. Students will be guiding day kayaking trips and will be required to submit staff applications, proof of driver’s license and sea kayak license. If you are interested in joining the Maine kayak team, the LA website has more information.

For instructions on how to get to the LA job board head to the LA website, there you’ll find in the upper right hand under “Campus Life” and “My LA.” Good luck!

Maia Hall ‘24 is a sophomore part of the Talon staff.

Robotics *cont’d from p. 1*

Looking Forward to having my Thursdays free again, and the kitchen table not overflowing with robot parts. I’m most looking forward to seeing the designs that other people come up with. Just being there is going to be such a privilege, there will be people from all over the world.

Is the success of your robot more a product of hardware design or software design/coding?

It’s definitely a mix of both. You can have a really good program, but if your robot can’t execute that program effectively, there’s really no point. Our robot was able to drive pretty well on its own.

Do you expect your software or hardware to change in the upcoming weeks before the national competition? If so, why and how?

It definitely won’t be the same robot, it’s never been. This is going to be the third design. It’s currently completely disassembled at my house, and

I really want to make it better. I’m not sure exactly what it’ll look like yet.

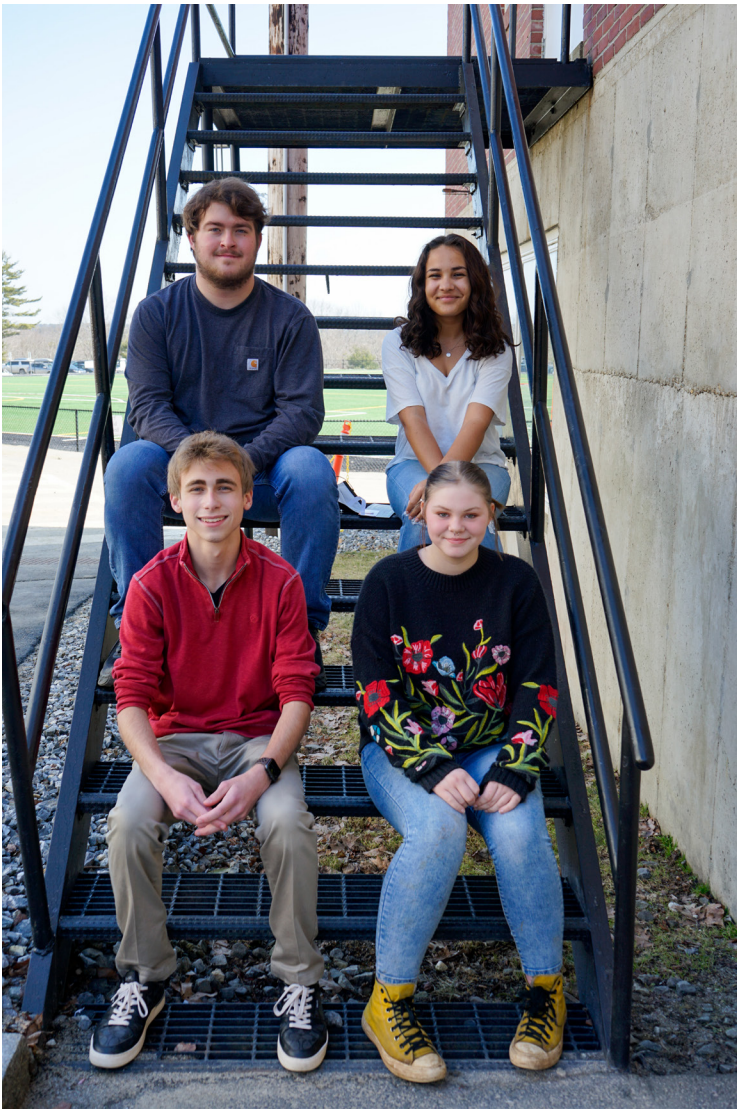
How many teams will you be facing in Texas? Do you know where they’re from?

The teams will be from all over the world. I know some are from Kazakhstan and a whole bunch of other countries that you’d least expect. There’s gonna be about five hundred teams, just for the high school section alone. There are middle school and college competitions as well. The event will be held at a convention center which will seat about ten thousand people.

Will Clark ‘24 believes the road to hell is paved, and that’s why he runs trails with the cross-country team.

Forest Holbrook and Ryan Sullivan are seniors and members of the Talon staff.

February 2022 Students of the Month



The February, 2022 Students of the Month are: senior Josh Berryman junior Bella Herring, sophomore Matt Savage, and freshman Lila Neptune-Benner.

By Ada Tholen and Katie Sanborn

Lila Neptune-Benner is a freshman. Lila is a dedicated and active member of the LA newspaper, the Talon. She also swam for the LA swim team and participates on the LA track team. Lila takes an interest in art and enjoys painting. Outside of school she enjoys reading and hanging out with her two pigs, Key-Lime and Honey Butter. Lila brings an “important perspective as a member of the Passamaquoddy nation” to the LA community, and is a kind and “impressive” member of the freshman class.

Matt Savage is a sophomore. He participates in Sources of Strength and coding club as

well as acting as a class officer in student council. Outside of school he enjoys playing video games. His favorite class is world studies and teachers admire his ability to work hard to be an honors student. He is also described as “kind and outgoing, exceptionally polite and friendly.”

Bella Herring is a junior. She is a leader in both field hockey and lacrosse as well as being a key member of the yearbook team. Bella also participates in Sigma Sigma Chi, Big Brother Big Sister, and Student Voice. Her favorite class is English and teachers admire that she is kind and supportive but “not afraid to speak out for what she believes in.” Outside of school

she plays on a travel field hockey team, volunteers at the humane society, and crochets.

Josh Berryman is a senior. Josh is an “interested and engaged” member of the LA community who participates in the creation and planning of multiple popular FLB activities. Outside of school Josh enjoys spending time with his friends and playing video games. Next year Josh plans to attend University of Maine Orono for computer engineering. Josh is described as being “such a nice kid,” who is always willing to lend a hand.

Ada Tholen ‘23 and Katie Sanborn ‘22 are both members of the Talon staff.

Martin cont’d from p. 1

Round Pond, before returning to her boat in French Polynesia and continuing her voyage. The Talon had the opportunity to contact Holly Martin and conduct an interview via email.

Do you hope to eventually circumnavigate the globe?

I am planning on eventually circumnavigating, but it’s not why I’m cruising. What I’m doing is more like a sightseeing trip that eventually goes in a complete circle. Knowing that I’m going to circumnavigate gives me a little bit of direction, but most of my decisions are made based on short term factors like weather, cyclone seasons, and geography.

What’s next? Where do you hope to sail and spend time?

My next six months are actually going to be pretty busy. In the beginning of May I plan on sailing to the Cook Islands. From there I’ll sail to Fiji, New Caledonia, and then

New Zealand. I have to get to New Zealand in October or November to make it before cyclone season begins again.

What are the biggest modifications and/or improvements that you have made to your boat?

The biggest modification I’ve done to my boat so far is to add more solar panels and put in fresh batteries. Since I harvest all my energy from the sun, it’s important that I have enough wattage to properly charge my batteries. When I left Maine I just had one small solar panel. It wasn’t enough to keep up with my needs, and it eventually killed my batteries. Now I have three times as much solar and brand new batteries.

What are the top three tools on your boat?

My top three tools? Hmmm. If we’re going by the ones I use the most I’d say my screw driver, my socket set, and my electric drill. Out in the remote

areas where I spend most of my time there are no stores to buy replacement parts. I spend a lot of time fixing things with what I have and what I can borrow or scavenge from the beach.

What does your maintenance schedule look like? How much sail repair have you had to perform?

I do what I call preventative maintenance. It means I fix things before they break. On a boat this involves keeping everything nicely lubricated and free from salt. I’ve had to do a few small sail repairs, but nothing catastrophic has happened. Things break all the time on a boat. Sometimes I can go a month without fixing anything, and sometimes all I do is fix things. The gear seems to break on its own schedule and I just try to keep up.

Seniors Will Sherril and Alton Coolige are seafaring members of the Talon Staff.

COVID Update - April 2022

By Dylan Burmeister ‘25

What is the current status of Covid at LA?

“There was a little uptick in the dorm, and that has all cleared out,” said Nurse Lilly. There has been 1 known positive case in the school community in the last two weeks, but some students have been absent with the common cold. The school is not close contact tracing, but, “if you were to test positive for Covid, the Health Center still wants to be notified as

they keep track of the cases,” Nurse Lilly added. This is important because it allows the Health Center and the school to monitor the current situation and keep guidance for students and faculty updated. Overall, Nurse Lilly said that “I am feeling good about [the situation]. The low case count, the hospitalization rate, it is as low as it can be.”

Dylan Burmeister ‘25 is a freshman on the Talon staff.

Support Services

Mental Health Crisis Hotline.....	(888)568-1112
Maine Poison Control Center.....	(800)442-6305
Child Protective Services /DHHS.....	(800)452-1999
New Hope for Women.....	(800)522-3304
Newcastle Ecumenical Food Pantry	(207)563-5597
HIV/STD/Hepatitis Info (CDC)....	(800)232-4636
Maine Family Planning.....	(207)622-7524
Planned Parenthood-Health Center	(207) 725-8264
LGBT Hotline.....	(888)843-4564



Holly Martin ‘09 in French Polynesia

Bath Tech News

Health Sciences at BRCTC

By Abby Reed '23

Bath Regional Career & Technical Center offers two health science programs to juniors and seniors.

One of the options BRCTC offers is the certified nursing assistant program (CNA). The CNA program is a one-year program offered to juniors and seniors. Students will receive 350 hours of academic preparation, including classroom material and supporting lab practice. Students will also participate in supervised clinical experience in local health care and extended living facilities. All students are required to apply their classroom

lessons in completing actual patient assignments. Successful students will be prepared to take the State of Maine Certified Nursing Assistant exam in June. Graduates will be employable at various healthcare facilities after graduation.

"I took the CNA program because you get your CNA certification by the end of the one year program," said Samantha Rice '23, who is enrolled in the CNA program.

Another option is the Medical Science program, which is designed for students interested in pursuing a career in the medical field.

All students will complete a concurrent enrollment with Maine Community College. Students will learn basic medical information, anatomy & physiology, medical terminology, integrated research projects, and field trips to various medical facilities. Students will earn CPR and First Aid certification with completion of the course.

For more information, go to bathtech.rsu1.org.

Abby Reed '23 is a junior in the Cosmetology program at BRCTC and a member of the Talon staff.



Gretchen Farrin '23 getting her blood pressure taken by a classmate in the CNA course.

Welding at BRCTC

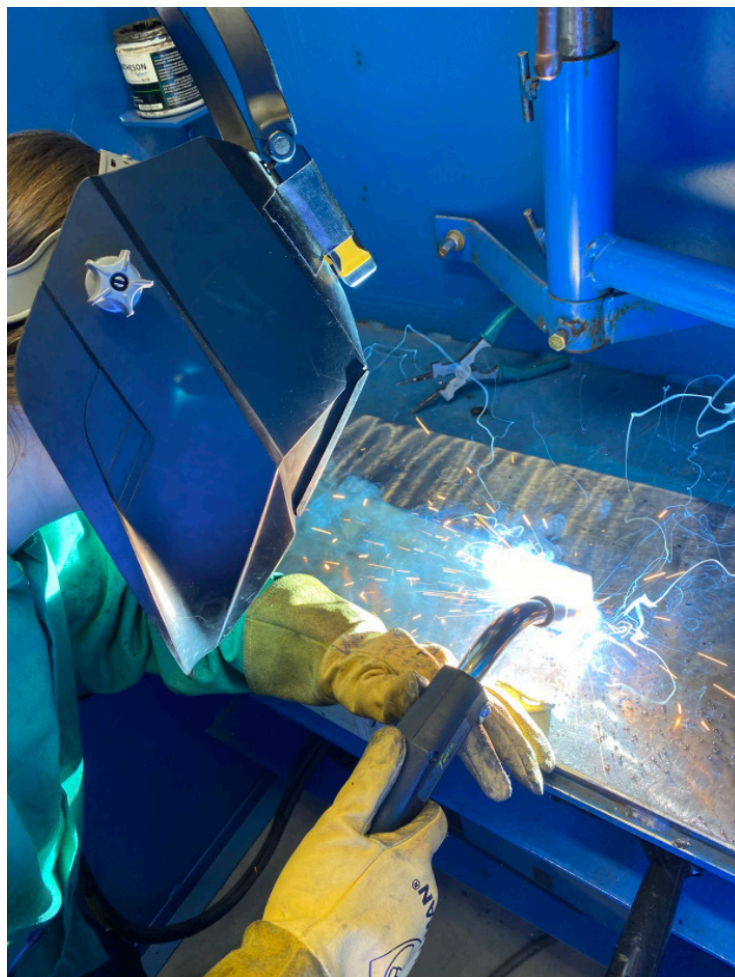
By Abby Reed '23

The Welding & Metal Fabrication program at Bath Regional Career & Technical Center is a two-year program offered to juniors and seniors.

Welding One introduces students to basic welding and fabrication skills. Students learn these skills in the shop. Some of these skills include how to correctly and safely set up and operate several power tools. They will also develop skills in metallurgy, layout & measurement tools and techniques, welding symbols & blueprint reading, welding joints and positions, stick welding, MIG welding, and fabricating various projects.

"I chose the welding program at BRCTC because there are many job and career opportunities that you can take when you know how to weld," said Michael Melekov, a junior in the Welding One program at BRCTC.

Welding Two continues to develop and apply the skills students learned in Welding One. Live work projects will be designed and built for customers using various welding and fabrication procedures. Welding Two will also teach you Flux Core Arc welding, Gas Tungsten Arc welding, Oxygen Fuel Cutting, and Plasma Arc Cutting.



Ashly Campbell '23 practicing her welding skills in the shop.

After students complete Welding One & Two, they will be given the opportunity to develop the skills required to pass the American Welding Society limited thickness,

structural plate test.

For more information, go to bathtech.rsu1.org.

Abby Reed '23 is a junior in the Cosmetology program at BRCTC and a member of the Talon staff.

SkillsUSA, continued from p. 1

SkillsUSA is a national organization that supports career and technical education (CTE) students. There are two competitions a state competition which is held in Bangor, ME and a national competition. Students from all across the country compete to showcase their skills that they've learned at their CTE programs.

Each student in all the programs start to prepare to showcase their skills. All the instructors at BRCTC prepare their students for the competition by following program-specific standards. Then there's a local competition where students within every program at BRCTC compete, and the instructors, and other judges decide who will compete at the competition in Bangor.

BRCTC supported a bus to the SkillsUSA competition and they left at 7:15am and then returned at 6:00pm. The competition only ran from 10:00-2:30pm though. This year's competition was much different from regular years, before Covid-19. Usually they would stay overnight in Bangor and have more students attend.

They only allowed instructors and competitors on the competition site, when on other years they'd have family, friends and supporters attend the competition. "Students from the hard trades, such as welding or carpentry, have a day-long competition where they create a structure. Some competitions are just five minutes long, such as the Job Skill Demo. Additionally, wedding cake design, which is just what it sounds like, took the entire four-hour segment this year." Said Katie Clark the Applied Academics Instructor at BRCTC.

Abby Reed is a junior in the Cosmetology program at BRCTC and a member of the Talon staff.



Bath Tech Sign made by welding instructor Jamie Carter using the Plasma Cutter in the shop!

Spring Sports

Spring Sports Preview

By Dylan Burmeister '25, Kaydence Raymond '25, and Lilly Rosa '25

Varsity Softball

This year's varsity softball team is heading into an exciting season. Composed of mostly seniors, the team has been "competing and playing together since we were young," Grace Houghton '22 said. The team is looking forward to a competitive season, "hopefully earning a spot in the state championship game," Houghton added. She also said that the team is "strong defensively, and with work, our batting will improve." The team has a scrimmage against Mt. Ararat on April 13.

JV Softball

The team has 13 girls. Layla Musial '25 said that "the vibe is really good, we're all close and get along, [and] it's fun but we also work hard." In terms of the team's goals, she said "our goals are just to keep working together, having a good time, and winning." At the start of practice last week, it wasn't

clear whether there would be a JV team, because there was no coach. However, the issue was resolved, and freshman Bronwen Coffin said that "I'm really grateful that a coach stepped in so we could have a team."

Track and Field

The track team is the largest it has ever been, with members numbering around 80 people. The team has gathered experienced athletes as well as many new faces that were eager to join. Marley Neptune-Benner '24, who has not done track before, said that "I wanted to keep in good shape, so I decided to try it out." "I think the track team is going to absolutely destroy the competition. It's slay season," said Reed Gulden '22.

Girls Lacrosse

The girls lacrosse team is looking forward to a competitive season this spring. Senior player Marguerita Fairfield said "I think it's looking very good this year, and the new and

underclass players are picking up really fast." During a series of scrimmages on April 4, the team tied with two other teams. As for the team culture, Fairfield said that "the team is very welcoming and comforting." Girls lacrosse has a playday this Saturday at Cony High School.

Boys Lacrosse

The boys lacrosse team has already had two scrimmages this season. Gavin Albert '24 said that the team was "fun to be around, and everyone gets along well." He added that "our goal is to improve, because most of the team is new." The team has a home scrimmage against Camden on April 14.

Varsity Baseball

The baseball team is heading into an exciting season, with their first game on April 13 (at Mt. Ararat). "We have 12 seniors on the team," said Nick Prior '22. "Going to school with [my teammates] everyday, playing sports with them, you kind of form a brotherhood. Especially with baseball, we are close-knit. We all encourage

each other," he said.

JV Baseball

There are 16 players on the JV baseball team, mostly freshmen and sophomores. "The team is very welcoming," said Spencer McDaniel '24. "We are all getting to know each other," Sam Chapman '25 added. Their first game is April 25, and it is home vs. Belfast.

Boys tennis

The boys tennis team has a strong, young team with only one senior. The team has room to grow and improve, said freshman Joseph Levesque. "It's a casual but competitive team and we are having fun." At their first scrimmage against Brunswick high school, number one player Rath Shoenthal won, and the other players lost, but all matches were reasonably close. "They had the advantage as a Class A team, but we are looking forward to good performances ahead."

Girls tennis

The girls tennis team is

gearing up for what looks to be a promising season. Izzy Petersen, a junior who has played tennis in the past, said that "it's very positive, and it feels like a lot less pressure than it is because everyone is so nice to each other." She added that "tennis is a lot like track and cross country where it's an individual sport but you're working together as a team, so it requires a lot of practice and skill but, it's also a lot of mental grit and focus."

Sailing

After a successful fall season, the sailing team will be participating in regattas and competitions this spring. Stella Fields '25 said "this season is really exciting, and we started out with a lot of really windy days, but I'm looking forward to some more regattas." She added that "it's a really nice feeling to be on the team this year."

Kaydence Raymond '25, Lilly Rosa '25, and Dylan Burmeister '25 are freshmen on the Talon staff and participate in track and field.

Varsity Softball



Back row from left: Coach Houghton, Coach Nelson, Emma Elwell, Paige Lafrenaye, Olivia Stiles, Reegan Dunican, Payson Kaler, Miranda Northrup, Coach KalerFront row from left: Gretchen Farrin, Bella Hanna, Nicole Hammond, Natalie Kaler, Grace Houghton, Maddy Scott, Catarina Johnson (Not pictured: Mgr. Casey Nelson)

JV Softball



Back row from left: Coach Barbour, Jillian Chadwick, Lola Friant, Maddie Ward, Taylin Lowe, Drew Theriault, Grace Ward, Front row from left: Abygail Young, Ally Poole, Bronwen Coffin, Kadence Rogers, Leah Gemeinhardt, Eleanor Baldwin (Not pictured: Layla Musial, Mgr. Makenna Dunstan)

JV Baseball



Back row from left: Kaden Bartrug, Tyler Blanc, Blake Grady, Gabe Hagar, Garrett Howard, Aidan Bryant, Sam Chapman, Coach Vande Moortel. Front row from left: Jordan Blanc, Aidan Sanborn, Abraham Blanc, AJ Giberson, Spencer McDaniel, Carson Hollowell, Gabe Hanley (Not pictured: William Bradley)

Varsity Baseball



Back row from left: Coach Bouchard, Maddox Tilas, Tucker Stiles, Lucas Houghton, Nick Prior, Myles Wotton, Griffen Bond. Front row from left: Ivan Coffin, Julian Hupp, Spencer Gamage, Ben Sawyer, Riley DeLisle, Colin Bradbury (Not pictured: Aidan Bryant, AJ Giberson, Gabe Hagar, Blake Grady, Mgr. Patrick Miner)

Spring Sports

Boys Lacrosse



Coach Tom Farrell, Gavin Albert, Nick Archer, Nate Best, Keegan Bond, Mike Boscia, Jacob Campbell, Jack Castonia, Sebastian Chesebro, Alton Coolidge, Zeph Cribbs Lowrie, Kevin Crossley, Sean Cushing, Garrett Day, Gavin Dolloff, Will Farrell, Eli Farrin, Levi Farrin, Nathan Iliffe, Brandon Kelsey, Jayden Lafrenaye, Jack Lee, Maxen Lucas, Alex Nichols, Zachary Poland, Nestor Powers, Isaac Rich, Josh Richards, Adam St.Cyr, Frederick White, Cole Workman, Mgr. Ali Bennett

Girls Lacrosse



Back row from left: Coach Mic LeBel, Remy LeBel, Ashlyn Neumann, Charlotte Galia, Antonia Tschakert, Scarlett Stone, Serena Foster, Lucy Fowler, Abby St.Cyr, Mariam Delilse, Allison St.Cyr, Marguerita Fairfield, Zofie Day, Mgr. Sadie Hancock, Mgr. Madison PhelpsFront row left: Hunter Gilmore, Kiera Grant, Baylie Anastasio, Celia Brinkler, Abby Kopp, Marley LeBel, Dakota Gregory, Addie Brinkler, Martha Griffen, Scarlett O'Brien, Hannah Abello (Not pictured: Skyler Houghton)

Boys Tennis



Back row from left: Coach Mike Blake, Michal Maciejewicz, Marcus Russano, Casey Duncan, Micah Stapp, Austin Levesque, Rath Schoenthal, Jack Duncan, Ralph Zoorab, Forest Holbrook Front row from left: Eli Melanson, Changshen Li, Ivan Manzi, Ryan Sullivan, Jacob Caron, Jackson Ross

Girls Tennis



Back row from left: Coach Melissa Burroughs, Vittoria Paura, Olivia Nixon, Laura Deuchek, Claire Colburn, Olive Siegel, Noa Burchesky, Coach Alison Hanley. Front row from left: Charlotte Hilton, Isobel Petersen, Laura Mueller, London Hunter, Olivia Cutting (Not pictured: Harper Lilly)

Track and Field



Back row from left: Coach Raven Bunker, Coach Garrett Martin, Cameron Macleod, Reed Gulden, Lily Rosa, Delia Saft, Waylon Strout, Gavin Peck, Connor Parson, Connor McFarland, Jacob Masters, Henry Boudin, Ashton Seiders, Will Sherrill, Jordan Anderson, David Winchenbach, Thaddeus Eddyblouin, Daniel Koelle, Conor Cass, Marley Neptune-Benner, Isaac Thompson, Triton Neptune-Benner, Josh Berryman, Matt Hanna, Nathan true, Coach Nick Menice, Coach Jonathan Going Middle row from left: Adaline Paul, Tessa Mcnamara, Kaydence Raymond, Emily Gifford, Dylan Burmeister, Clara Goltz, Audrey Hufnagel, Jennifer Campbell, Mica Houghton, Alison Roberts, Jeanie Hunt, Peter Thelander, Eva Doerfler, Iris Pope, Nick Russ, Will Clark, Sepp Zamuto, Elliot O'Mahoney, Kris Edgar, Brynna Nelson, Abe Guilford, Callie Stapp, Liam Card. Front row from left: Makenzie Neumann, Ashley Nixon, Mgr Mimi Kennedy, Maddy Mercer, Alicia Flis, Erica Johnson, Avery Redonnet, Rowen Donaghy, Jay Ebanks, MyaBessey, Conor Glasier, Elliott Chapman, Tate Whitmore, Maddy Russ, Maeve Tholen, Mira Hartman, Arveragus Eddyblouin, Marina McManus, Not Pictured: Kennedie Anderson, Logan Arzate, Eren Aybas, Violet Bailey, Cedar Cannon, Sage Kosky, True Leadbetter, Cameron Macleod, Pietro Martano, Caroline Matthews, Oliver Mcnamara, Lila Neptune-Benner, Eric Richmond, CJ Savastano, Dean Tegerero, Gwen Weaver, Coach Julianna Lafrenaye

LA Staff Profile

Mary Kate Small: World Languages



Interviewed by Lilly Rosa '25
What is your job at Lincoln Academy?
 I teach French on B days to some freshmen and sophomores.
What college did you attend?
What did you major in? What

year did you graduate?

My degree is from UMass, Amherst, 1985. Through the International Programs Office I was able to spend a school year in the Loire Valley in France at two universities in the city of Angers. After returning to Massachusetts, I applied to the National Student Exchange program and went to the University of Montana (Missoula), where I spent two years mostly with the Native American Studies program. I double-majored in Human Rights and French.

Where did you grow up?

Andover, Mass., but I went to high school in Lawrence.

Who is your favorite fictional teacher?

It's funny, a lawyer instead of

a teacher popped into my head when asked that. Atticus Finch. He taught a lot by his actions in *To Kill a Mockingbird*.

What is one thing that you like about Lincoln so far?

My students; they are good-natured. I like their sense of humor and kind interactions with one another.

What is your favorite thing to do outside of school?

Getting to the things that are most important to me each day. It doesn't always happen. There's something called centering prayer that I try to do. Separately, I've got a long list of people and situations I pray for. A lot of it has to do with peace and justice.

What made you want to become a teacher?

I'm good at French and I truly love people, so it seemed like a winning combination.

What is one thing you are looking forward to this school year?

April vacation! No, really, the spring and all its beauty and warmth. I hope we'll have some classes outside.

What do you think your spirit animal is?

I didn't know I had one, but I love the birds. And I've been freeing the ladybugs in my office lately.

What is one of your pet peeves as a teacher?

Homework not being done at all or on time. If individuals don't do their part, it keeps us from moving forward as a class.

Anything else you would

like people to know?

Each person has his/her own gifts to share. Everyone is valuable. If we believe that, then we've got to try every day to support one another, despite our differences. If anyone in our community wants to chat about non-violence, nuclear disarmament, converting Bath Iron Works to non-lethal products and improving our own country's behavior on the world stage, I'd be glad to have a walk and a talk.

Lilly Rosa '25 is a freshman member of the Talon Staff.

Parents Participate in Preliminary Trimester Support



Senior parents and Eddie the Eagle rally to support the Class of 2022 as they begin their final trimester of high school.

By Logan Heath

On March 15, 2022, student parents came out to Lincoln Academy in support of their seniors. Dozens of supportive family members lined up outside the Nelson Bailey gymnasium, cheering on the class of 2022 as they walked from the parking lot to their first period classes. For a graduating senior class with not much of a real high-school experience to speak of, this support meant more than you might think. These parents came out early in the morning to cheer on their kids and their kids' friends as they carried out such a mundane routine as walking to first period. This act was exactly the kind of support the class of 2022 needed after three years of struggling with COVID and numerous amendments

to routine. LA librarian Mrs. Phelps and technology specialist Mr. Johnson enthusiastically carried the "Class of 2022" banner while Lincoln Academy mascot Eddie the Eagle hopped around giving out high fives and spreading laughs and smiles. On March 15, we witnessed the love and support that bleeds from every pore of this community. On behalf of the senior class, thank you to all of your supportive parents and family members who continue to show your love for us here at Lincoln Academy.

Logan Heath (2022) is a member of the Talon staff who is truly appreciative of all you awesome people.

Club News

LA Climate Action Club Celebrates Earth Day

By Audrey Hufnagel '24

Earth Day happens annually on April 22, and is celebrated by countries around the world. It is a day dedicated to celebrating the earth and supporting environmental protection. Over one billion people take part in events, from rallies and protests to community trash clean ups, that are organized around Earth Day.

The first Earth Day took place in 1970 and transformed the environmental movement of the time. Before Earth Day 1970, there were very few environmental protections, and people could legally contaminate the environment with pollution and toxic chemicals. There was very little awareness about the impact of the practices on

the environment and people's health. The first earth day began a movement to raise awareness about the environmental impacts of pollution and pass laws to regulate pollution.

Since Earth Day will happen over April Vacation this year, the LA Climate Action Club will be celebrating earth day during the week of April 11. Each day the Climate Action Club will be sending out a survey to the school with climate-related trivia questions. Students will get Faculty Shield Points for each correct response. The Climate Action Club will also be posting trivia questions each day on our instagram account at [la_lincolnacademyclimate](#).

The theme of these trivia questions is climate change.

Climate change is caused by the burning of fossil fuels such as coal and oil, which release greenhouse gasses into the atmosphere, which trap heat in the atmosphere, causing the overall temperature of the planet to warm. This is already causing droughts, floods, fires and severe weather events around the world.

In Maine, warming waters are impacting the fishing industry and an increase in

invasive species as a result of warming temperatures are hurting native species. Because of the effect climate change will have on the future of the planet, young people around the world are taking action to help their communities become more sustainable. Individuals can also take steps to reduce their lifestyle's impact on the environment, including using reusable shopping bags and water bottles and recycling and

composting. Earth Day trivia can help raise awareness about the environmental issues that are impacting the world and mark a celebration that has been happening for over 50 years.

Though the environmental movement has changed dramatically since 1970, Earth Day is still celebrated around the world.

Audrey Hufnagel '24 is a member of the Talon staff and the LA Climate Action Club.

**Got Club News? Email
talon@lincolnacademy.org
 or drop it in *The Talon* box
 at the Front Desk.**

Academics

LA Inducts New Members in the National Honor Society



New members of the Lincoln Academy Chapter of the National Honor Society are: back row from left: Aowyn Burbank, Jason Long, Jack Castonia, Will Farrell, Isobel Petersen, Grady Burns, Cooper Swartzentruber, Brinna Nelson, Iris Pope, Clare Colburn. Middle row from left: Harrison Pierpan, Ben Schwink, Liam Card, Ralph Zoorob, Margaret Kastelein, Marc Zoorob, Marley LeBel, Madison Phelps, Sadie Hancock, Abigail Reed. Front Row from left: Mara Abbott, Kate Mason, Abigail St. Cyr, Gabby Vincentson, Ava White, Olivia Nixon, Bella Herring, Michaela LaCrosse, Matthew Long. Not pictured: Jacob Masters

By Will Sherrill '22

On April 7th, Lincoln Academy hosted the first National Honor Society induction in the dining commons since 2020. NHS advisor Ms. Pratt and the four senior officers: Co-presidents Allison Bennett and Sonny Cumming, Secretary Alexa

Peck, and Treasurer Will Sherrill, inducted four seniors and twenty-seven juniors into the Lincoln Academy chapter of the National Honor Society.

English teacher Mr. Brian Smalley delivered remarks to inductees and their families. Smalley was chosen by current NHS members to be the night's

speaker. Mr. Jeff Burroughs, Head of School, gave the closing address.

Will Sherrill is a senior on the Talon staff who also serves as Treasurer of the LA chapter of the National Honor Society.

Got News Tips?

Email:

talon@lincolnacademy.org

Lincoln Academy Offers a Junior Seminar to Next Year's Graduates

By Zoe Nolan '23

This year, Lincoln Academy has added a focused learning block to the schedule, which offers students a wide variety of subjects and activities in which they can partake in addition to their usual academic classes. Seminars are being offered freshmen, sophomores, and juniors to enhance the LA curriculum. Freshman seminars took place during the first and second trimesters, and sophomore and junior seminars started during the third trimester.

Junior seminar gives students the opportunity to have a deeper understanding of life after Lincoln, covering career options, college searching, and personal passions. Lincoln Academy's Career and Academic

Counseling Office designed a curriculum for junior seminar that will help juniors prepare for making decisions in their lives after high school. Employing programs such as Naviance and the Common App, students have access to a wide array of quizzes and career catalogs to explore their interests and opportunities. These seminars provide students with focused time to learn about budgeting and financial planning, college, career, and military exploration.

These seminars are led by Eliza Gleason, Bryan Manahan, Ken Stevenson, Amanda Armstrong, Brenda Sawyer, Brian O'Mahoney, Betsy Grannis, Alison Hanley, and Jonathan Going.

"I think it's cool that we have all these adults from all different

academic departments, and they're all invested in these kids' futures for life after Lincoln." Said Director of Career and Academic Counseling and seminar leader Eliza Gleason.

Junior Seminar is designed to give students focused time to do future planning for life after Lincoln. This will include budgeting and financial planning, college, career, and military exploration, resume writing and interviewing skills, hearing about experiences from recent LA grads, and other important topics. Junior seminar in Tri 3 is required for all junior students.

Zoe Nolan is a junior and a member of the Talon Staff.

The Jefferson Market & General Store

An alumni business spotlight

By Logan Heath '22

In Jefferson Maine, sandwiched between the Damariscotta Lake State Park, and Jefferson Village School, sitting on the edge of the beautiful Davis Stream, is a general store. The only general store in town. And here, nestled in the heart of a community, the Jefferson Market & General Store is celebrating its first birthday. On April 8th, 2021, Lynn, Wayne, and Caleb Farrin officially opened their doors to the town, providing a place to congregate, get your household groceries, and have a fresh, home-cooked meal by the river. Here is a place where community comes first. Where the owners and staff take pride in their little town and all its hidden gems. Where the items on the menu are all named after landmarks in town; from the historic Cattle Pound, to the Fire and Rescue. And where almost everyone involved in the business hails from our very own Lincoln Academy!

Owners Lynn Farrin (class of 1985) and Wayne Farrin (class of 1981) initially bought the building at auction in the hopes of fixing it up and leasing it out to a prospective business owner, but almost three years later, when a prospect backed out of the deal, they took it as an opportunity to open it on their own, carrying on the long standing legacy of the Jefferson Market. Their son, Caleb (class of 2013) took on the role of head chef without any hesitation, saying he "needed a change" and this "opportunity to develop [his] own menu and have control of everything from the beginning was very interesting". Caleb was "generally excited" to build the business.

The Farrin name is not one that Lincoln Academy is unfamiliar with, as many members of the Farrin family get their education here. Levi

Farrin (class of 2022), nephew of Lynn and Wayne, shared his feelings on having this new business in the family and his involvement in the project: "It's a lot. It means a lot. My dad helped paint it, and do the sheetrock and stuff; helped bring it back to life. It's really cool to see it." Proud of his family's accomplishments, he says the market "plays a big part in the community".

With the sun setting on their first full year open, the Jefferson Market family is taking some time to reflect on all that they've learned in this time. Lynn remarks that one of the most important things she's learned is that "the community really wants you to succeed". "It's all about relationship building", she says. Caleb agrees, saying "theres a bunch of wonderful people in this community, and its been great to create relationships with them; knowing their order as they come through the door or greeting them over the phone before they say their name".

The Jefferson Market & General Store is a warm and welcoming communal space, open for your convenience, and happy to provide laughs and a hot meal. I could not recommend a better place for your general needs. If you ever find yourself in Jefferson, think about stopping by the Jefferson Market for a quick bite to eat and maybe some locally made products. And make sure to wish them a happy first birthday!

The Jefferson Market & General Store can be found at 242 Waldoboro Rd, Jefferson, ME; open from Tuesday to Saturday, 6:30am to 7:00pm.

Logan Heath '22 is a senior on the Talon staff and an employee at the Jefferson Market.



Lynn '85, Wayne '81, and Caleb '13 Farrin at the Jefferson Market. Want to spotlight an alumni-owned business? Contact the Talon at talon@lincolnacademy.org.

Performing Arts

‘Silk Cove’: A Splashing Success



The cast of the 2022 Lincoln Academy production of Silk Cove.

By Iris Pope '23

Since the beginning of December 2021, over 35 students have spent time acting, writing music, setting light cues, and learning choreography for the vibrant production of ‘Silk Cove’, an original piece by Griff Braley.

Braley initially wrote the piece for the 2013 Maine One Acts Festival, a competition where schools from around the state perform roughly forty-minute plays.

Since 2020, the Maine One Acts Festival has not been able to be an in-person event. Braley decided to not compete in the festival this year due to the late decision on whether or not it would be a virtual affair. Instead, Braley and the student cast adapted and lengthened ‘Silk Cove’, turning it into a (on most nights) seventy five minute show, complete with original music and choreography created

by the student cast.

‘Silk Cove’ is a story based on the Gaelic legend of selchie—seals who could transform into humans on land and claim human lives.

Two narrators, played by Harrison Pierpan '23 and Rebecca Tomasello, homeschooled, recite the tale of a community impacted by the presence of selchie. The theme of breaking tradition rings loud and clear throughout the production, with the limits of everlasting love tested by the demands of the selchie king.

Performances by Sophia Scott '25, Sepp Zammuto '24, Marcus Russano '22, Lila Drewes '25 and Mitchell Straus '24 captivantly demonstrate the agony of doomed love.

“It was a challenging experience and was definitely exhausting, but we produced something that was very special to everyone who worked on it

and we’re really proud of the product” says junior Harrison Pierpan of the piece. Around a dozen student-produced songs were featured in the show and elevated the production quality and demonstrated the extent of the dedication so many students displayed for the show.

The seal choreography, done by Sonny Cumming '22, on top of the captivating set and costume design created a powerful atmosphere, transporting all audience members to a rocky coastline in Maine. Running for two weekends with a total of five shows, ‘Silk Cove’ displayed the heights a play can be brought to with as much devotion, discipline, and creativity all cast and crew brought to the table.

Iris Pope '23 is a member of the Talon staff and an avid appreciator of all arts.



Aowynn Burbank '23 as the Seal Queen in Silk Cove.



Mitchell Straus '24 and Sophia Scott '25 in Silk Cove.



Sepp Zammuto '24 confronts the seals of Silk Cove.

Performing Arts

Cooper Stevens Raps “New England Freestyle”



Cooper Stevens ‘23 performing “New England Freestyle” in Community Meeting

On Friday, March 25, during community meeting, junior Cooper Stevens performed an original spoken word rap. This was the first individual student performance since before the COVID-19 restrictions. He may be found on YouTube through his youtube channel “UrBn Zombie”. Here are his lyrics (printed with permission).

You still listening, gentlemen?
Word is bond, above and beyond,
a demon has spawned
To ignite, despite the fact that
no one is fond
On my music, but at least I
know how to use it
I was built for this, above
averages
Adjectives alone can’t describe
my lyrics
Havoc is a factor, for that my
spirits
Make me who I am, and for that
I’m fearless
Been improving, now I’m
moving up on the tier list
We chill in Goldenboy’s palace
I tend to grip the mic so much
I get a callus
I’m never invalid, many times I
did provide a point

And since I’m never off beat, I’m
calling this a spider joint
I’m sticking with my flows,
they’d be hotter than El Paso
I tend to take rappers and then
swing ‘em like a lasso
Drag ‘em while the grass grows,
like an object
Ain’t no way they’ll diss a
prospect
I remember someone saying that
my music’s like a backup QB
He listened to my old stuff and
not the new me
He heard the Bad Person II
record and brushed
The song aside, then the guy
said the record was rushed
But he’s allowed to have
opinions, so don’t you think
I’m dissin’
Man I’m just saying people
change, I wish that he could
listen
To my newer stuff, I couldn’t let
his criticism sink in
But as the days would go I
would sit and started thinkin’
Was he right? I guess so, I didn’t
have the best flow
Equipment, it was retro, was
underground like metro
I thought that I was set though,
but was I depressed? No

Remember Brady started
backing up for Bledsoe
And look at him now, seven
rings, a mansion
A supermodel wife, and a future
spot in Canton
No one would predict this, but
now he’s doing business
I use this as my motivation
cutting through the thickness
Man my battles caused grief
Especially around the time
when Eminem and MGK had
beef
I was battling these rappers with
my homies and co.
They never kept their balance,
nor had the talent to show
This one dude didn’t have the
proper placements
He was 23 living in his mothers
basement
He was overconfident, saying he
was just like Logic
So my old homie stepped up
and told me “I got this”
He said “wassup” and freestyled
acapella
Gave him reasonable doubt, like
the guy from Roc-A-Fella
We were all impressed, he was
rapping like the pros
But the other guy? Nah, he just
sat there and froze
In shock, broke like chalk quick
like a fast car
He shoulda changed his name to
“a failed rapstar”
He clearly didn’t wanna scrap
So then he booked it outta there
right when I was just about to
rap
Looking back, I laugh, they
were demoted
Attention span was little like the
staff during covid
52 bars are imprinted in my
mind
Since I got UrBn, Ultimis, and
Goldenboy combined.



Answers to Talon Trivia (from the page 14)

1. Paula Insula
2. Brady or Bludsoe
3. Melissa Burroughs
4. Married to Mr. Burroughs
5. Sullivan Anderson and Alana Brown
6. Around 80
7. Geko
8. Campus life
9. 1970
10. Chewonki Semester School
11. Seals that turn into peepole

Last Issue’s trivia corrections

As the LA Talon’s avid readers may recall, the 9th question of Issue Three’s trivia asked readers to find the sum of the sudoku’s first row.
However, what the trivia author forgot to take into consideration is that the goal of the sudoku in its entirety is to make every row have the same numbers in a different order—resulting in each row having the same sum.

This error somehow managed to pass through the extensive *LA Talon* editing panel and for that the *Talon*’s Staff is making substantial changes to ensure this mistake does not repeat.
Please enjoy this issue’s trivia, error free.
--Kate Mason ‘23
Junior Kate Mason curates and edits the Talon trivia. She is hoping for better editing this time.

Important Spring Dates:

Thursday, April 14:
Jazz Night and Dessert Auction - 6PM
in the Dining Commons

April 16-24:
April Vacation

Sunday, May 1:
String Orchestra, Concert Band,
and Wind Ensemble - 2PM at the
Damariscotta Baptist Church

Monday, May 2:
AP Exams begin

Tuesday, May 4:
Student Art Show at Coastal Rivers
Conservation Trust

Tuesday, May 3:
National Lumpy Rug Day

May 4-8:
LA Robotics to World Championships
- Dallas, Texas

Saturday, May 7:
SAT at LA

Monday, May 9:
National Lost Sock Memorial Day

Saturday, May 14:
Spring Choral Concert

Saturday, May 21:
Prom

Monday, May 30:
Memorial Day (no school)

Tuesday, May 31:
Senior Tea

Wednesday, June 1:
Class Night

Thursday, June 2:
Senior Parade - Main St. to LA
Baccalaureate Ceremony

Friday, June 3:
Class of 2022 Graduation

Thursday, June 9:
End of Third Trimester and Last day
of School for grades 9-11

Dorm Life

Olivia Nixon and Gabriela Hagar: Local Residents of the LA Dorm

Olivia Nixon '23

Interviewed by Forest Holbrook '22

After a tremendously successful first trimester, the LA Ambassadors program once again offered the opportunity to live in KB Hall for one trimester through the Lincoln Academy Midcoast Student Boarding Program. This program works by giving room and board fees in exchange for a student to commit to remaining engaged for a full trimester with the international students as well as becoming a liaison between the two communities. The purpose of this new program is to help bring the boarding and day student communities together, as well as gain personal leadership skills.

Olivia Nixon is a junior in the LA Ambassadors program and was one of two students accepted into the boarding program this trimester. She has been in the Ambassadors program since the summer before her sophomore year. Her dorm parents are the Anastasios and she shares a room with Antonia Tschakert, a junior from Germany. The Talon interviewed Olivia about her experience in this new program.

What made you want to become a part of the LA Residential Program?

I have heard so many wonderful stories about your experience and what you learned and gained from it. I really wanted to learn more about different languages and cultures since I have never been out of the country before. I also wanted to have more independence and learn to live on my own before college.

What have been your favorite parts about living in the dorms so far?

Going on weekend trips is super fun, and singing on the bus is definitely my favorite part. I really like always having someone to talk to. It's helped me be more present and in-the-moment as it's helped me not be on my phone as much. Hanging out with everyone on the girls floor before bed is always a

good time.

What has been the biggest surprise since you moved into the dorm?

It's really surprising how on top of my schoolwork I am now that I'm always surrounded by so many people. Being required to do study hall every weekday night has finally let me get to sleep on time due to homework. Also, it's a more enjoyable experience to work with other people rather than alone.

Out of all the dorm trips you have gone on, what has been your favorite so far?

I haven't gotten to go on many weekend trips yet, but I hope to in the weeks to come. Going swimming is always fun because it's something that I haven't done in a while. I also liked going to the international market.

What part of your life has changed the most drastically since moving into the dorms?

I feel really fulfilled with all of my days. I have time to go to school, work out, play tennis, and have social time on top of all that. I always seem to have a good balance between everything. There's a lot accessible to me now that I'm living in town—everything is nearby. Also there's always people in the KB lobby to hang out with.

What is it like living with your roommate, Antonia Tschakert?

It's super nice, she's very tidy and I think we're very similar in many ways in terms of how we live. I'm very lucky to have her as my roommate and it's nice to still have company when we go to our rooms at night.

What do you think are going to be the biggest takeaways from this experience?

I've learned a ton about time management and finding a healthy balance in my days. I've learned a lot about different cultures, which I wouldn't have otherwise. Learning to live on my own and do things more independently will definitely help me in college.

Gabriela Hagar '22

Interviewed by Forest Holbrook '22

Gabriela Hagar is a senior in the LA Ambassadors program and was one of two students accepted into the boarding program this trimester. She has been in the Ambassadors program since the beginning of her sophomore year. Her dorm parents are the Janiks and she shares a room with Silvia Cirillo, a senior from Italy. The purpose of this new program is to help bring the boarding and day student communities together, as well as gain personal leadership skills. The Talon interviewed Gabriela about her experience in this new program.

What made you want to be a part of the LA Residential Program?

I wanted to get involved with the dorm community and join in on the weekend activities. I have lots of friends in the dorm who would send me photos during the trips and they always looked so fun. I also wanted to get to learn about new cultures and try new things.

What have been your favorite parts about living in the dorms so far?

I love being involved in the community by joining in activities and growing stronger bonds with my friends. It's so fun teaching them English

words, and educating them on American and Maine cultures. I made everyone try American food and I will be posting a video of their reactions soon.

What has been the biggest surprise since you moved into the dorm?

Mr. Abbott is completely different from how he acts in school. He is the most laid back, chill guy ever. He's such a good dorm dad. Also the dormitory looks completely different from what I pictured in my mind. My first day moving in was the first time I ever set foot inside and I got completely lost.

Out of all the dorm trips you have gone on, what has been your favorite so far?

I went to a basketball game with Steve from the kitchen and then we walked around Portland for dinner. Steve was so ecstatic just to be around the students from the dorm. He was always smiling while watching basketball with us. We even gave two little kids basketball hats. I think his spirit was what really made the trip so memorable.

What part of your life has changed the most drastically since moving into the dorms?

I'm much happier when I go home. I'm excited to see what's new and talk to everyone

about how their day of school went. It's so nice to still be involved in school after it gets out. In particular, my ceramics game has gotten so much better because I can always stay after school to work.

What is it like living with your roommate, Silvia Cirillo?

Before moving in, I was always told she was very quiet. She was quiet at first, but I've seen her grow. She's started talking more, and I've watched her bloom in new friendships with other girls in the dorm since I arrived, especially Eszter. Even though she's someone I can always trust with anything, she never stops yelling at me about Italian culture.

What do you think are going to be the biggest takeaways from this experience?

It's been amazing seeing other people learn new things from me. Living in a huge community of diversity, everyone is in one place from all around the world, and there's really nothing like that anywhere else. You don't just share your experiences, you don't just share your clothes, you share your viruses too. #covid survivor #redwing

Forest Holbrook is a senior and member of the Talon staff. He also experienced dorm life during second trimester this year.



Olivia Nixon '23 (left) and Gabriela Hagar '22 (right) with Ralph Zoorob '23 on a residential life field trip.

Family Visit a Surprise for Dorm Student

By Isabelle Curtis '24

On Saturday, April 2, 2022, a student in the Residential Program at Lincoln Academy received one of the best surprises an international student can ever receive: her family. Paula Insula's mother and grandparents surprised her over the weekend by waiting

for her at brunch in the dining commons.

As Paula's family waited for her to arrive, the rest of the dorm students slowly filled the dining commons, each one reacting with shock and awe when they learned who the strangers were.

As everyone waited anxiously

for Paula's arrival, her mom said, "I hope she is excited." She was excited; after a long moment of realization Paula was so overcome with joy that she burst into tears, and she wasn't the only one. The entire room was filled with happy tears for Paula and her family. In a later interview, Paula said "I didn't

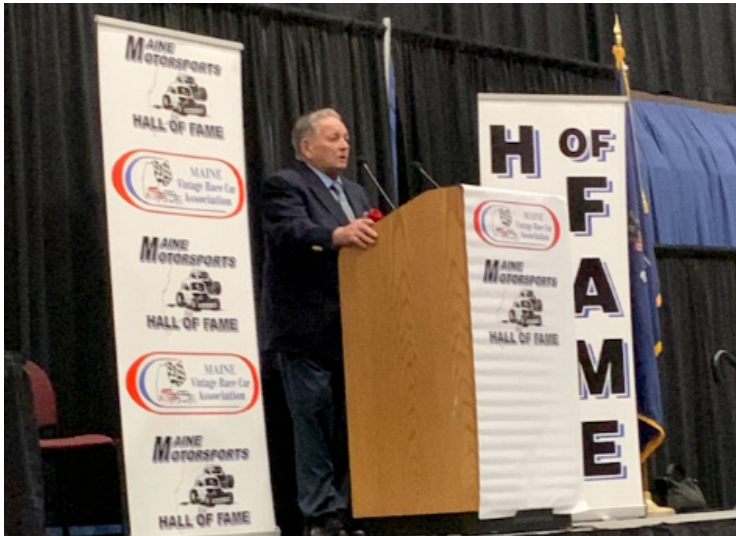
believe she was there and then I just cried, it was amazing." Paula had not seen her family since "the 28 of August."

Isabelle Curtis is a sophomore and member of the Talon staff.

Student Family Memoirs

Ms. Sims' English 1 classes worked on family interviews and memoir writing about their grandparents as part of their English curriculum. Ms. Sims encouraged students to print excerpts from their essays in the Talon so they could reach a wider audience. Below are two of these essays. The Talon will print more family memoirs in the next edition.

Teddy Palino: Race Car Driver



Teddy Palino, great-grandfather of Tyson Ball '25, being inducted into the Maine State Racing Hall of Fame.

My great grandfather Teddy Palino was a racer in the state of Maine. His way of getting through life was to drive a car against other people at the local track at Wiscasset Speedway, a locally owned track where everyone went to watch the races.

Palino took on racing in his life because he wanted something to do besides school. He wasn't the greatest academic kid in his town, but he could drive. Getting to the track where people could watch him and cheer him on was a great feeling and accomplishment.

Palino married at an early age and had a little baby girl. This little baby girl's name was Cathy, my grandmother.

Palino is a Hall of Famer in the State of Maine for his car racing. He has been awarded

at Wiscasset Speedway in the class of 2019 and in the Maine State Racing Hall of Fame in the class of 2021. He once won 18 consecutive races, which are the most races ever won by a single person in the State. Over his time racing, Palino has won 70 hobby class wins and 3 titles. One of Palino's greatest achievements was beating a Nascar legend Bobby Allison in a 100 lap race in Unity.

Palino now lives in Florida with his wife Bridget, and they sit together and think about all the fun they had watching and racing together.

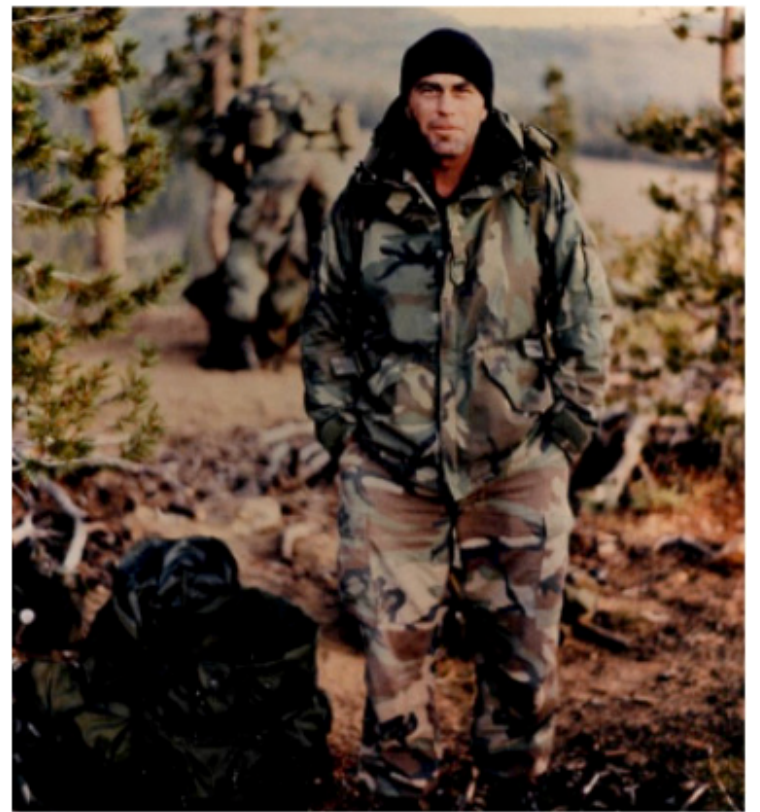
Tyson Ball is a freshman in Ms. Sim's English 1 class. He wrote this essay as part of an assignment for English 1. Excerpted by Cecil Rittal '25 and printed with permission.

William Palmer: Marine and Teacher

"[William Palmer] joined the Marines in February of 1968 and served until February 1992. For the next four years he had his own business where he would dive for sea urchins. From 1996 to 2018 he taught high school History, Algebra, Geometry, and Science. Recently he has been trying to start a career as a writer, and even today he still enjoys doing anything outside including kayaking, hiking, snowshoeing, fishing, and camping."

"His primary Military Occupational Specialty (MOS) was being an infantry soldier. His biggest accomplishment was the fact that he had thirty-five combat missions as a Recon Marine and never lost a single man... The combat mission he found the most interesting was on 8654, which meant that he was a frogman (a parachutist). He was part of a reconnaissance team and was a demolition man."

"The average Reconnaissance Team is composed of 6 to 10 people, an assistant team leader (normally a corpsman) who is a medical person, and the rest of the people who are regular infantry type with rifles and small arms. Their job is to go out in an area and look around to determine the size of the enemy, the present activity of the enemy, location of the enemy that is present, the uniform or the unit of the enemy, the time that they saw them, and the equipment that they were carrying, all known



William Palmer, grandfather of Noah Palmer '25, as a "frogman" or parachutist in the United States Marines.

as SALUTE."

"Palmer moved to Maine in 1992 after he retired from the military. Surprisingly, Palmer took these changes well and was able to quickly put his old life behind him. For his next four years Palmer and his wife Janice would dive for Sea Urchins. In 1996 he decided to become a teacher. Palmer used to teach high school level History, Algebra, Geometry, and Science. In 2018 Palmer decided to retire, and now

spends most of his time doing chores and working on his honeydew list. In his spare time Palmer and his wife Janice have been taking college courses for fun."

Noah Palmer wrote an essay for Ms. Sims' English 1 class about William Palmer, a veteran of the Marines. Excerpted by Ada Tolen '23 and printed with permission.

Dorm Life, continued: April Fools Dorm Weekend Fun

By Isabelle Curtis '24

On the weekend of April 1, dorm students participated in a weekend-long, student-run team competition. After being divided into teams, students began the competition with "Gross Out Olympics" in KB Hall. One student who participated was Forest Holbrook, who said the event was a "very chaotic but fun adventure, and it was great to see the dorms come together for a team challenge." This event was not just enjoyable to participate in, it was also hilarious. The dorm parent on duty, Dr. Pratt, said that it was "great to see the kids having some 'good clean fun.'"

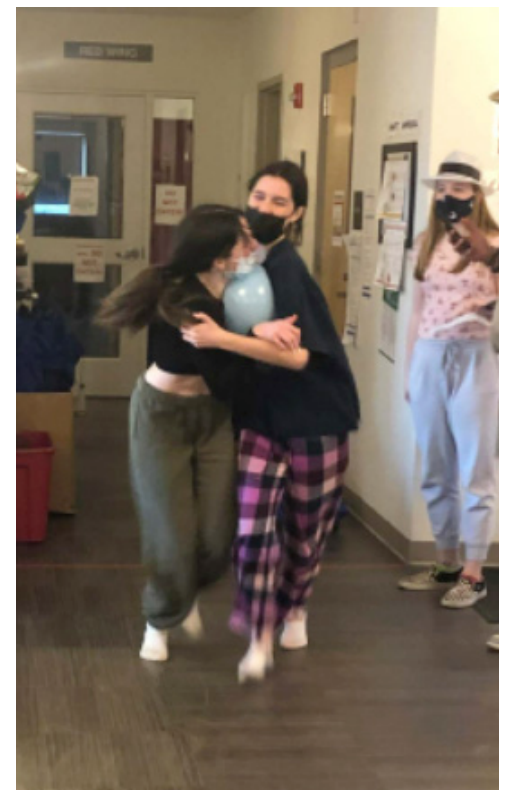
On Saturday, students ran around campus and downtown area searching for photos to complete their scavenger hunt. Later they attempted to best the difficult Minute-To-Win-It challenges. This resulted

in hilarious punishments when they could not complete the activities. Junior Laura Mueller says, "it was fun to watch because even though the balloon popping challenge didn't work, it was very funny."

By Sunday afternoon, emotions were high as students prepared for the final challenges of the weekend. First, they had an exciting battle of wits in the trivia section of the event. Then they went to dinner in costume, for a costume contest. As the day ended, suspense grew. Finally, after study hall, the winning team was crowned.

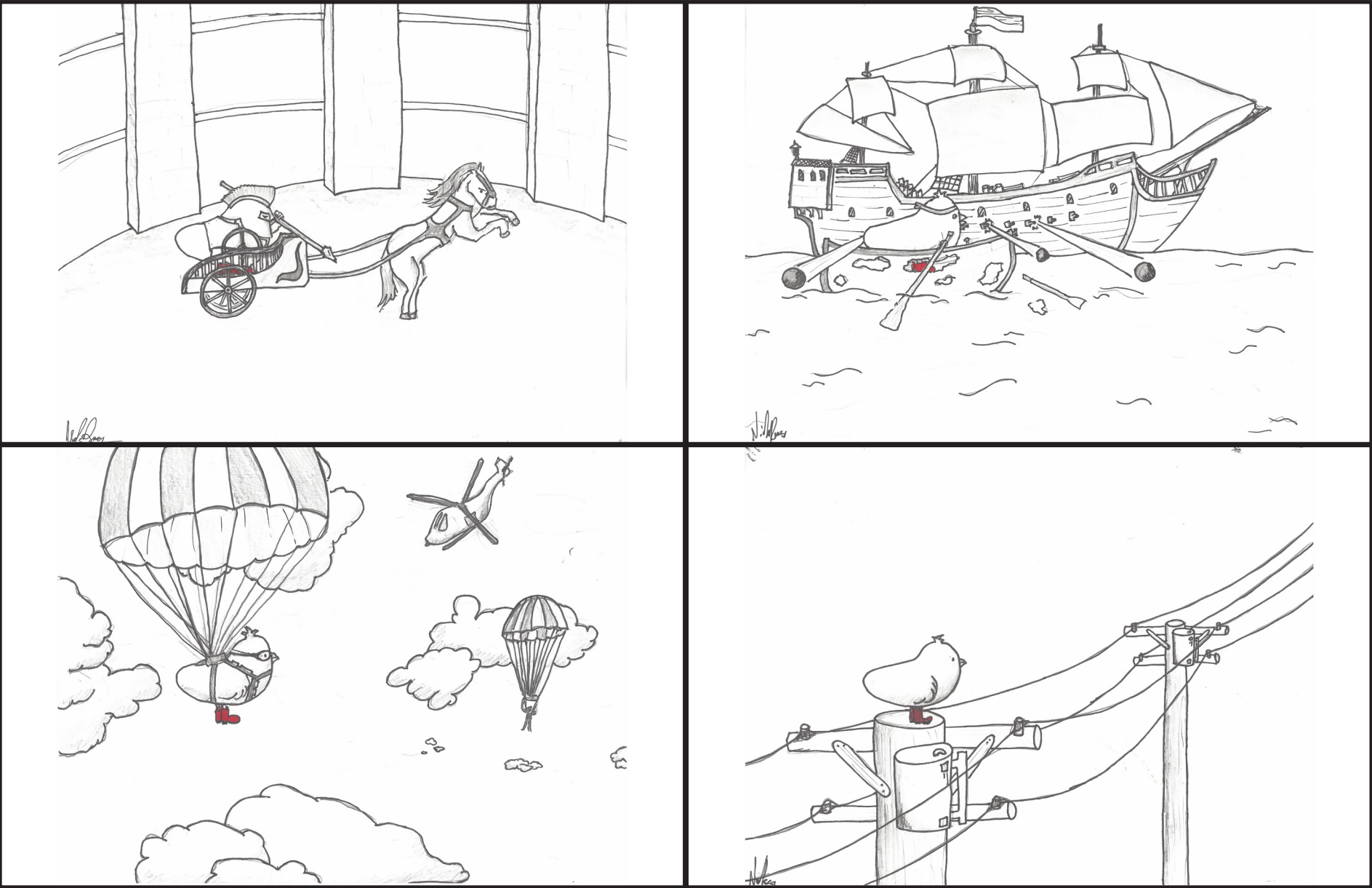
A member of the winning team, Eva Doerfler, said "it was totally worth it to spend the whole weekend competing because in the end, we won."

Isabelle Curtis is a sophomore and member of the Talon staff. She lives in the dorm.



Dorm students during Gross Out Olympics and other April Fool's Day activities.

Cartoons: Ducks by Nick Russ '24



Drawings by Nick Russ '24, who is inspired by the Dorothy Sayers quote: "How fleeting are all human passions compared with the massive continuity of ducks."

Talon Caption Contest Result

The winning caption:
"Arrogant anoraks exchange admonishing glances as assertive adolescent guesses wrong. Economist knows place, plays with numbers."
Submitted by Alton Coolidge '22



By Logan E. Heath
We asked, and you answered! In last month's issue of the Talon, we issued a bounty: fame and glory for the student who could come up with the best caption for a certain picture. After much deliberation from our staff here at the Talon, we have picked a winner. Submitted by Alton Coolidge, class of 2022, this witty winner of a caption encapsulates the alliterative wit of a senior AP student.

While this caption came out on top, there were some great runners up. Here are our Talon-chosen honorable mentions:
"Trying to find who asked"
"Your spelling that wrong"
"He's actually doing it... HE'S DOING THE IMPOSSIBLE!"
"Just Whaaaaaat?"
"when Mr Smith equips his critical thinking skills."
"the left is like- what did you write, middle is is like I know this, leave me alone and let me

focus, and the right is like ohhh okayyyy you do you-"
Congratulations to Alton Coolidge.
You can get in touch with talon staff either by emailing through the official Talon email line, or getting in touch with Jenny Mayher or any of the Talon staff.
Logan Heath '22 is a member of the Talon staff who REALLY likes alliteration.

How well did you read *The Talon*? Trivia from this month's issue:

1. Which dorm student's family flew over seas to visit?

2. Name a football player mentioned in Cooper Steven's rap.

3. Who coaches girls tennis?

4. What is that coach's other relationship to LA?

5. Which LA students competed in SkillsUSA?

6. How many athletes are on the 2022 track and field team?

7. What is the name of Holly Martin's boat?

8. Which menu on the LA website does the jobs board live under?

9. What year was the first Earth Day?

10. Where is Aiden Jacobs this semester?

11. What are selchies?
- See answers on page 11.

Vehicles of the Month



Featured Car:
Josh Berryman's Toyota 4Runner

Josh Berryman's Toyota 4Runner is the "car" of the month. Effectively, it's a truck for people who aren't cool enough to own an actual truck. Toyota even puts a "4x4 Offroad" emblem on the side, so you can feel like a true outdoorsman going through puddles in Damariscotta. You may be wondering how Josh afforded such a new vehicle as a high school student. It was of course due to his time as a professional Overwatch

player; he was fortunate to be able to land such a high paying career at a young age. The vehicle is well-kept on the outside, which is a surprise, considering Josh was barely able to park it between the white lines. Josh's 4Runner even comes equipped with a roof rack, for what? We may never know. Perhaps he kayaks to his Overwatch competitions.

Got a Favorite Car or Truck?

Watch for a monthly survey in your LA email. Please don't nominate people who have already won!

Edited by Dominic Civittolo '22 & Alton Coolidge '22.



Featured Truck:
Alton Coolidge's 47 Chevy

The truck of the month winner is less of a truck than Josh's Toyota. By stealing his dad's truck, Alton Coolidge was able to win four a second time (no it's not rigged). Unfortunately, the vehicle wasn't able to make it to school grounds for a photo. Mr. Coolidge likes to brag that the 1949 toaster oven runs off a Corvette engine, however "runs" is quite the overstatement.

To no surprise, the "truck" part is also false, as it lacks an actual bed. This means Alton has to ride with his lacrosse gear on his lap. The truck does, however, run better than the previous winning vehicle, Alton's Volkswagen race car. We know Alton also has another vehicle (not sure if it runs), however he's been blacklisted from any further winnings.

Pets of the Month

Winning Dog: Olli
Submitted by Jacob Campbell '23



Ollie, submitted by Jacob Campbell '23, won the dog category with 41 votes. Ollie doesn't have a tail.

Miscellaneous Category:
Duck
submitted by Cheyanne Cave '24



Got any grapes? Submitted by Cheyanne Cave '24, this duck won the miscellaneous category with 96 votes.

Winning Cat: Nugget
Submitted by Emily Boone '24

Nugget, submitted by Emily Boone '24, won the cat category with 37 votes. Nugget likes to sit in chairs the same way humans do.

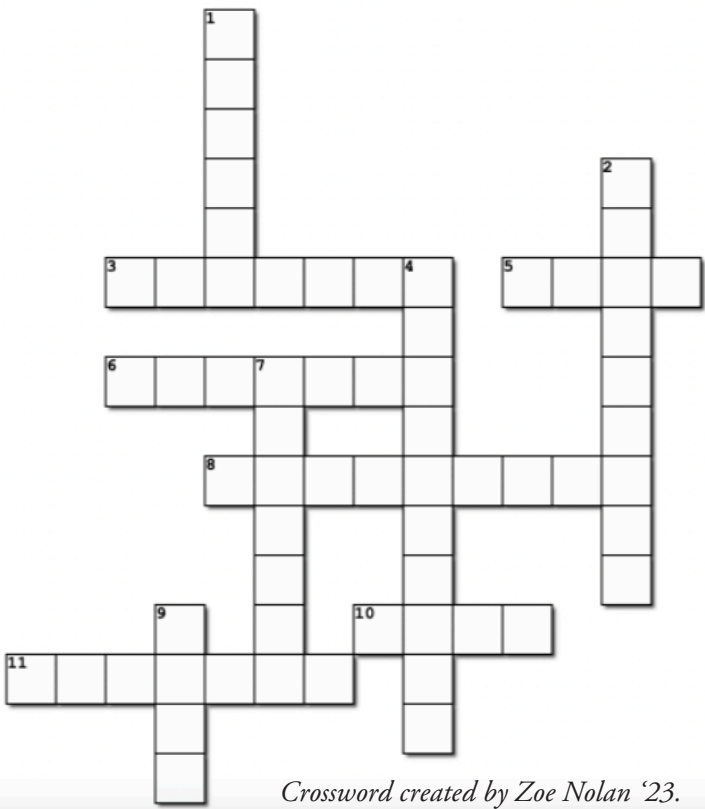


Watch for the next Pet of the Month nomination form coming soon!

Puzzles

April Crossword

Complete the crossword using the clues provided. If a single answer consists of multiple words, do not include spaces when fitting the answer into the crossword. If an answer contains a number, spell it out. Have fun!



Crossword created by Zoe Nolan '23.

- Across**
3. The pure carbon birthstone of April
5. This town in Maine was America's first chartered city in 1641.
6. The national animal of Scotland.
8. The Code of _____ is the earliest surviving system of laws.
10. The first city to reach a population of one million.
11. This planet has the most moons.
- Down**
1. This country has the most natural lakes in the world.
2. The only person in NBA history to be named Most Valuable Player, Coach of the Year, and Executive of the Year.
4. The best selling novel of all time, with over 500 million copies sold.
7. Apple seeds contain this poisonous substance.
9. In France, April Fool's Day is called poisson d'avril. It is celebrated by sticking a paper version of this animal to people.

April Sudoku

3	6				8	7		
			7	5				
2					4	1		
	1	8	9					6
	5			3				
						2		4
					9	8		
		4	2			5		3
9		7			1		6	

Sudoku created by Izzy Petersen '23.

Overheard... at Lincoln Academy

Got a quote to submit to the Talon?

Email talon@lincolnacadey.org or drop it in *The Talon* box at the front desk. Please include the names of both speaker and submitter.

Talon quotes collected and curated by Nathalie Paulino '23

"I stole this from an old lady in Vermont."
– Mr. Going

"What a horrible day to have eyes!"
– Forest Holbrook '22

"Is that jaundice? When you're yellow?"
– Lilly Rosa '25

Student: What do you call two best friends who love algebra?
Mr. Going: Losers.

"I know you're not talking about MY mom."
– Mr. Cannon

"This tortilla press has one star. I wouldn't trust it with my tortillas."
– Logan Heath '22

"I want someone to rinse my spinal cord under cold water."
– Clare Colburn '23

"What do selkies and ziplock bags have in common? They're both resealable"
– Noa Burchesky '25

"I hate when my table is itchy. It's so annoying."
– Niko Rice '23

Calvin Percy '25: "Why is your computer background my father?"

Joseph Levesque '25: "Why isn't yours?"

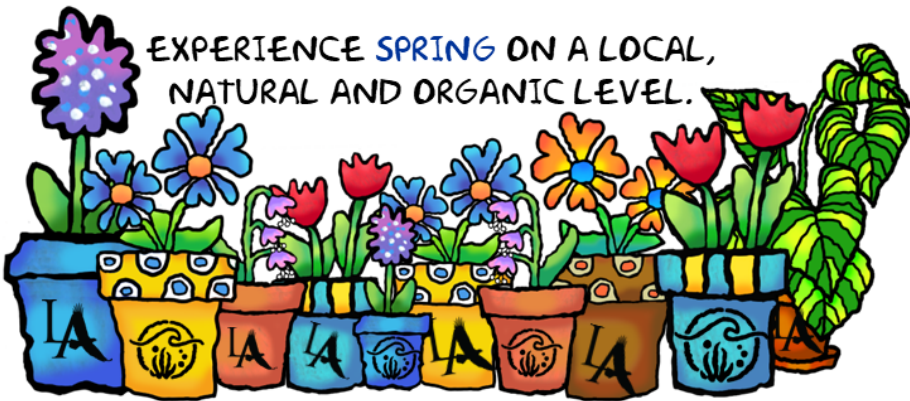
Calvin: "Because mine is you."

"I aspire to be the weird hobo of Newcastle."
– Mr. Manahan

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