

THE
EAGLE'S

TALON

VOLUME 2
ISSUE 2*"The FLB that delivers"*

Lincoln Academy's Student Newspaper. Reestablished 2021

LA Senior is All National Sax Player



LA senior All-National Saxophonist Cooper Swartzentruber

By Margaret Kastelein '23
Lincoln Academy senior Cooper Swartzentruber made the exciting journey to our nation's capital- Washington D.C. for the All National Music Festival at the swanky

Gaylord Convention Center on November 3-6th.

This is the second year Cooper has played in the festival, which invites 540 highly talented high school music students from throughout the nation to

participate. Following auditions in the spring, Cooper received a score which qualified him as one of the top three alto saxophonists in the country.

The festival itself was preceded by intensive rehearsals of the selected musical pieces. Over four days students got to know each other and connected over a mutual passion for music.

"It was an honor to be able to participate in-person with the best high school musicians in the country. Between successful rehearsals, a fancy venue, and marvelous food, I'd say the trip was a success," said Cooper about the unique experience.

After graduating from LA in June of 2023, Cooper plans on pursuing his bachelors in jazz performance, and a graduate degree following that so he can one day both teach and perform.

If you're interested in listening to Cooper and other fantastic Lincoln Academy students play some sweet tunes, consider attending the LA Wind- Ensemble concert on Sunday December 4 at the Damariscotta Baptist Church, and/or the Lincolnaires winter concert on Sunday the 11th, at St. Patrick's Church in Newcastle.

Margaret Kastelein is a senior who enjoys both music and hastily writing under pressure.

Chickenpox Spotted at LA

By Helen Duffy '26

On October 16, 2022 a Chickenpox outbreak was confirmed at Lincoln Academy. Chickenpox, also known as the Varicella virus, is a rash that often begins with fatigue, headache, and fever. Between 0 and 48 hours later, a rash that looks like extreme blisters forms. These blisters are itchy, and can even be painful. This rash may spread around the body and potentially into

the lungs. Chickenpox is transmitted through direct contact with the rash.

First, one case developed within the LA community. The student was quarantined per CDC rules, which say that you have to quarantine until 24 hours after no new "blisters" appear, and all the others are scabbed over for this amount of

Chickenpox continued on page 4

LAXC Sprints to Historic Post-Season Girls 2nd At States, Both Teams Win Sportsmanship Awards



The varsity girls' XC team holds the State Class B Runner-Up plaque. From left: Adeline Hall '24 (homeschool), Tessa McNamara '25, Mya Bessey '24, Maggie Thompson '26, Maddy Kallin '24, Dylan Burmeister '25, Delia Saft '25, Audrey Hufnagel '24, Alison Roberts '25. Not pictured: Maeve Tholen '25

Dylan Burmeister '25

LA's cross country team crushed the postseason, with both girls and boys teams winning the KVAC championship and qualifying for the State Meet. Both the girls and boys teams were awarded the Good Sportsmanship Award for the second consecutive year.

For the first time in team history, both the boys and

girls cross country teams were victorious at the KVAC Conference Championships, held at Cony High School in Augusta on October 16. The boys team won the title in 2016, 2017, 2018, and 2019. This was the second year in a row that the girls team won, with their first victory last year in 2021.

LAXC continued on page 6

Boys Soccer Win KVAC Champs First time since 2002

By Dylan Burmeister '25

The boys' varsity soccer team had an exceptional season, winning the Class B KVAC title for the first time since 2002. The team ended the season with a record of 11-2-2, which is one of their best records since the early 1990s.

Seniors Jack Duncan and Cody Cleavland were voted first team All-KVAC players as well as Class B All-Regional players. Senior Captain Jacob Masters was awarded the David L. Register Cup, LA's historical coach's award.

Coach Jeffrey Burroughs said that coaching was "more demanding than I thought it

Boys Soccer continued on page 6



Senior all KVAC/All-Regional soccer player Jack Duncan takes a shot during the boys soccer quarterfinal game against Fryeburg.

LA Musicians Selected for Honors Festivals

By Liam Card '23

The Lincoln Academy Bands and Choirs are infamous throughout Maine for their high-quality musical capability and their extraordinary preparedness. These two characteristics make LA performing art students perfect fits for the All-State and District festivals. Directors Liz Matta and Emily Anderson do a stupendous job preparing students for their auditions

and fostering an environment for their students to enjoy creating music. This year was no exception.

Choir director Emily Anderson said, "students hold themselves and each other to a high standard of performance and take on the added challenge of auditions at a very high rate." This high standard can be seen in the fact that "several

Musicians continued on page 10

Opinions & Letters

The Talon: Your Friendly Neighborhood Award-Winning Newspaper!

By Amelia Rice '26

Hooray! We're now officially award-winning! On October 22nd The Talon won first place in The Best Young Reader Engagement Idea category, part of a competition hosted by the Maine Press Association.

The award was accepted on our behalf by Maia Żewert, Editor in Chief of LCN, and advisor to the Talon. This PRESS-tigious award was a part of the 2021 Better Newspaper Contest.

Greg Rec, photographer for the *Portland Press Herald* and emcee of the event made the comment "It seems like something you can really sink your claws into!" which was

received with much booing because of the obvious undertones of a dad joke. While dad jokes are something to be avoided most of the time, in this case we can't help but agree! With our phenomenal and illustrious staff, the Talon has become a newspaper covering a broad range of topics and engaging a large number of readers. We look forward to continuing our extensive range of subjects. Is there a story that you want to see in print? Email us at talon@lincolnacadey.org!

Amelia Rice '26 is a proud contributor to the Talon, an award winning student newspaper.

Walking Tacos: What are they and should we bring them to LA?

By Julia Deitrick '26 and Khloe Luce '26

Have you even started to eat a taco and the shell out of nowhere snaps? Then the taco and all of its toppings end up making a taco salad in your lap? Well, lettuce tell you we know how it feels. A walking taco is a perfect alternative to help resolve that issue. Not only is a walking taco delicious but it is available on the go!

"Walking tacos are the best concession stand food in all of humanity and the fact that Maine, specifically the midcoast, has not embraced this delicacy with open arms is a tragedy," says Maia Żewert from the Talon Newspaper, who is originally from Iowa and is an expert on walking tacos.

Now that the importance of a walking taco is brought about, you may want to know how to make one. First, you start with a base which consists of a bag of some sort of chip such as Fritos,



Doritos, and/or Cheetos and you will crush them up into smaller pieces. Then, you add the toppings such as meat, cheese, lettuce, tomato, salsa, sour cream, etc

depending on your liking. Shake it up and you are ready to eat whether it's sitting down, going on a hike, or relaxing on the couch at home. You can eat it with a fork or a spoon much like a taco salad but in a much simpler form. "It is so simple, eating a taco in a bag!" says Khloe Luce '26. Plus it saves your new shirt from a taco salad disaster on the lap! We think that this delicacy should be brought to the dining commons at Lincoln Academy. This is an urgent topic that needs to be addressed here at LA.

Julia Deitrick '26 and Khloe Luce '26 are both food enthusiasts and enjoy a good walking taco. They want to spread awareness of the shortage of walking tacos at LA.

Les Miserables Review: Speechless



The cast of the 2022 Lincoln Academy production of *Les Miserables* on the Poe Theater stage.

By Julia Deitrick '26

I had the amazing opportunity to see *Les Miserables* on October 28 and before then I had never heard of the production before so I knew there was a surprise in store. Little did I know I would be left speechless by such an amazing show.

From walking into the theater and being amazed by how realistic the set was with all of the little details it all felt like I was sitting there with them in the streets of Paris. From the moment the music started playing, goosebumps covered my entire body. This was an amazing story of love,

sadness, war, and confessions. The emotions that I felt along with each scene and character felt like I was going through death with the characters. The emotional rollercoaster from happy to sad and everything in between was something that I will never forget.

There was no moment over the two-and-a-half hours of the production that I was bored and not wondering what was going to happen next. The ensemble worked so well together that you could hear all of the different voices and people in them, but they harmonized so well together that everyone sounded

like one together. The solos left me speechless, while the cast was singing I could hear all the emotions that they were going through just in a few minutes for each solo. "I believe that everyone killed it last night. Every individual performed beautifully," says freshman Reese Nelson, a member of the ensemble, after opening night.

This was an amazing show. My congratulations to the entire cast.

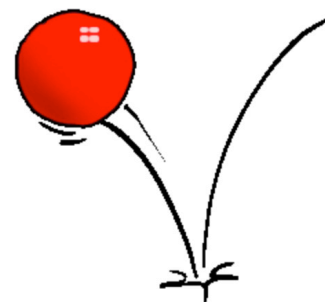
Julia Deitrick '26 has attended multiple plays at Lincoln and is a part of the concert band. She is looking forward to attending future productions here at Lincoln.

Four Square: The Ultimate Game

By Connor Parson '24

Third period lunch is generally a time many students use to eat, but if any of them dare to go outside, they will find the greatest competition: four square! At its core, four square is a game where one person hits a ball from one square into the other. If a ball bounces twice in a square, goes out of the square without being hit, or the player hits it twice, they are out, and forced to go behind the rest of the line.

Within these simple rules, intensive moves and strategy have developed. Players are allowed to use any part of their body, which resulted in some players using their legs to kick the ball into other squares.



Some players have realized they could spike the ball onto other players, using up the target's one hit and disorientating them. Sometimes the ball will bounce off the target and get someone out who wasn't even involved. Another strategy players came up with is lightly tapping the ball into another square. The other player is then left with

very little time to bounce away the ball. A truly amazing play will sometimes result in a "Woo" or a "Ohh" from the people in line. The craziest move is when players completely dive on the ground in order to recover the ball. A truly mental strategy in order to steal victory, even if they end up skinning their knees or ripping their pants.

The best part of four square is that anyone can join on in. While the core group who plays is a collection of juniors, they are often joined by people from all grade levels. There is nothing stopping you from coming down for a game of four square.

Connor Parson is a member of the Talon Staff who had trouble getting a photo for this article.

Submitting Letters to the Talon

Letters to the Editor can be submitted by email to talon@lincolnacadey.org. Letters should be no more than 500 words, and must include your name and grade. The Talon staff reserves the right to decide which letters will be printed and to edit for clarity and length.

Opinions & Letters

Feeling Burned Out? School’s Broken, Not You

By Aiden Jacobs ‘23 and Margaret Kastelein ‘23

Do you ever leave school feeling nothing but a bottomless void? When you go home in the afternoon, do you collapse, head down, on the kitchen table, only to awake three hours later and have the realization that you’re not even close to done with all of the work that you have to do and that sends you into a spiral of self-hatred and existential panic that leaves you feeling gross and exhausted when you finally finish everything, before being hit with the realization that you have to wake up at six tomorrow and do it all over again? Me too, and it’s not your fault.

High school students have it hard. Showing up before eight every morning and working in a complex social and academic environment for a nearly unbroken six hours is no easy

feat. Not to mention any clubs or sports that also demand time and energy. All before returning home, scrambling to make dinner, or choosing not to eat at all, and working for another two to four hours. Just going through the motions of school is hard enough as it is, and I haven’t even mentioned grading.

However, before we become mired in the stress and complexity of the grading system, a brief history. The public education system in the United States was founded by Horace Mann in the 1830s, who believed that a common education system was paramount to maintaining a functioning democracy. And he was right. Well-educated citizens are fundamental to keeping American democracy alive. However, as the industrial revolution spread to the U.S

in the late 1800s and the early 1900s, the purpose of public education began to shift. It was no longer about preparing young adults to be educated citizens but about preparing a generation of industrial workers.

This method of education, which I like to call “Sit-down, Shut-up” learning, emphasized rote learning rather than true understanding and obedience over free thought and innovation. Though the era in which a high school student could graduate directly into a middle-class job has passed, the method of teaching remains relatively unchanged. Your teachers are not to blame, they are merely doing their best to work within a flawed system. Now that we’re on the topic of a flawed system let’s talk about grades.

Grading is a complex topic. It can encourage students to

achieve higher and recognize them for their work, but it is also the leading cause of anxiety and depression in teens aged 13-17. A study by the Pew Research Center reported that 88 percent of students sampled found grades to be a major stress factor in their lives. These findings are corroborated in studies by the Healthy Minds Survey and Worcester Polytechnic Institute, which all come to the same conclusion: grading and academic pressure increase rates of anxiety and depression in high school students.

And it makes sense; constantly evaluating and comparing students’ performance to others is a horrible way to make students feel good about their learning. In fact, it tends to leave students feeling burnt and like they’re barely keeping their heads above water regardless of their actual academic ability.

So, how should we address these issues? I am by no means a qualified education expert or administrator. However, I have existed within the education system for over twelve years, so I do have some amount of knowledge. I believe that a better method of schooling exists and through thoughtful and constructive student feedback and an administration open to meaningfully addressing said feedback we can achieve it. This is not to say that it will be easy, but through meaningfully addressing the systemic failures of our education system we can create a better environment for teaching, and more importantly, learning.

Aiden Jacobs ‘23 and Margaret Kastelein ‘23 desperately write editorials to fill the bottomless void in their souls.

Letter from Sepp Zammuto’24: Ciao dalla Sicilia



Sepp Zammuto ‘24, center, with some of his Sicilian friends.

By Sepp Zammuto ‘24

Hello Lincoln Academy. For those of you that don’t know me, my name is Sepp Zammuto. I’m currently an exchange student staying in Avola, Sicily, and have been here for just over two months. I live in an apartment near the sea with my host mother, Katia, and host brother, Simone, who’s just a few months older than me. Both have been a huge help to get me comfortable at home. Simone knows English quite well, and has helped me a lot to learn Italian. We go to the same school down the road, Liceo Scientifico Istituto Majorana.

Immersion isn’t exactly what I expected it to be. It isn’t an automatic process that guarantees proficiency/fluency in a language. It has proven to be slow, tedious, embarrassing, and exhausting, but things are starting to get easier. My main strategy is to listen, memorize as many words as I can, and apply them in conversation with a native speaker as soon as possible. Whether I’m at school, family meals, or out partying, this is the routine. I’m now able to speak proficiently and understand almost everything in basic conversation, but I’ve still got a lot to learn.

By Christmas I think I’ll be completely fluent.

Italian school is drastically different from those of the United States. Your relationship with teachers is much more formal. They cycle around to meet you, and you stay in the same room every day with the same classmates. Computers aren’t used at all, and almost everything is done on paper. Instead of long, written essays that are common in the U.S, there are interrogations. Directly translated, it’s a fitting term, because they are brutal. Students are required to memorize as much of a chapter as they can (some word for word), then use it to construct a massive speech and answer random questions from the teacher. Keep in mind this is all from memory, and all in front of the entire class. It is very impressive to watch the best students at work. Right now, as I can’t completely read or write in Italian, I’m only able to do well in mathematics, chemistry, physics, and of course, English. Naturally my classmates roll their eyes when I get another 10; it’s not exactly fair being a native speaker. Overall, Italian schools take a more theoretical approach to the material, including subjects

such as philosophy and religion instead of more practical ones such as economics.

Life outside of school is not so strict. Pretty much all my peers here smoke and drink, even if they’re technically underaged, and it’s just considered normal. The law doesn’t have much power here and the crime rate is relatively high. In these types of cities, motorcycles are the most common type of transportation. I usually go out with friends on Fridays and Saturdays to dinner, then for a few hours all around town, then at last “Al Molo”, which is a popular club near the sea. Sicilians have massive social gatherings all the time. It’s not uncommon to encounter 30 or more of your acquaintances in one night. Greeting people usually involves kissing on both cheeks, regardless of how well you know each other.

One major shock is how conservative Sicilian culture is. In general the people here, despite being overall more sociable, lively, and outgoing, are far from liberal. Many of my friends have never even heard of transgender or gender binary people. Unfortunately, in order to fit in here, society pressures you to either be very masculine, or very feminine. It’s possible this is due to the gender division within the language, but I think that’s just the way things are.

Most people have been nothing but kind and hospitable to me here. However naturally, with the U.S. at the center of the new media, many have a certain prejudice, and sometimes hatred, towards our country. This is quite humbling being a white, privileged American, but a few Italians have been openly racist toward me. In American schools, you’re taught that globalization means the gradual integration of all cultures. For many in other parts of the world, it means the United States spreading, infecting the world with its stupid, ignorant culture through the media. In some ways I can’t blame them. If all I knew about the U.S. came from Hollywood films and politics, I might think the same. Americans are generally known to have poor geography and cultural knowledge, and to be infamously monolingual.

I’m trying my best to fit in with the rest, change my clothes and style, and work on my accent, but it’s hard to hide my blonde hair and blue eyes. Fortunately I’m not alone. There are a few other exchange students staying in my town, and they are all dealing with stereotypes of their own. I’ve also had a few opportunities to

meet the Intercultura students staying in the rest of Italy too. I’m proud to say I’ve made friends of over 40 nationalities. These have easily been the most enlightening months of my life, personally, culturally and academically, and the best is yet to come.

Sepp Zammuto is an LA junior who is spending his junior year in Sicily. He is writing letters to the LA community as part of meeting his English requirement for Lincoln Academy.

2022-23 Talon Staff

Student Journalists:	
Isabella Apollonio ‘26	Nathaniel Hufnagel ‘26
D. Bell ‘26	Madeline Kallin ‘24
Emma Castonia ‘25	Kiara Luce ‘25
Nathanael Clark ‘26	Kate Mason ‘23
Helen Duffy ‘26	Olivia Nixon ‘23
Julia Deitrick ‘26	Zoe Nolan ‘23
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Khloe Luce ‘26	Harrison Pierpan ‘23
Caroline Matthews ‘25	Kaydence Raymond ‘25
Lila Neptune-Benner ‘25	Lilly Rosa ‘25
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Iris Pope ‘23	Lilly Taylor ‘23
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Cecil Rittall ‘25	Ren Herald ‘23
Nick Russ ‘24	
Maeve Tholen ‘25	Advisors:
Maja Wolffgang ‘24	Mr. DeAngelis, <i>English</i>
Elias Bassett ‘25	Ms. Mayher,
Mya Bessey ‘24	<i>Communications</i>
Dylan Burmeister ‘25	Maia Zewert,
Audrey Hufnagel ‘24	Acting Editor of
	<i>The Lincoln County News</i>

News

Chickenpox *cont'd* from p.1

time. For about 2 weeks, no new cases developed. At that two week out mark from the first case, 5 cases popped up over a few day period. All the students were quarantined.

All LA students are required to have proof of 2 doses of the chickenpox vaccine or proof of a previous case of chickenpox before entering the school community. This vaccine is 90% effective, meaning that it

is still possible to get varicella even if you have the vaccine, but unlikely.

Students are encouraged to wash their hands often. Lincoln Academy will continue to be considered outbreak status for 21 days after the last case has been resolved.

Helen Duffy is a member of the Talon staff who hopes to avoid getting chicken pox.

LA Boost Cards Now Available

By Julia Deitrick '26

LA Boost Cards are available for purchase! \$20 will get you many discounts to our amazing local businesses. These make great gifts for your family, friends, neighbors, and of course, yourself!

To purchase one, email Dennis Prior at dlprior@tidewater.net, Darci Harrington at yelladog1@gmail.com, and Morgan Perry at perrymol317@gmail.com



The LA Boost Cards offer discounts at local businesses and can be purchased from Booster Club members. Sales support the LA Boosters.

LA Holds First In-Person Prospective Student Open House Since 2019

By Helen Duffy '26

Prospective Student Family Night was held on November 2, 2022 the first one to be held in person since 2019.

According to Ms. Petersen, Associate Director of Admissions, who coordinated the event, "Prospective Student Family Night is the first event in a series held throughout the year to introduce families to Lincoln Academy."

It's very important that prospective students have a chance to set foot on campus and become familiar with their future teachers and their new surroundings. For many, it will be their first chance to visit, and it eases their nerves and allows them to have their questions and concerns addressed.

At the event, families were first greeted by speakers from LA in a meeting in the Dining Commons. Then they were then sent out on tours around the school. All families also got



Local eighth graders and their families visited tables in the LA gym to learn more about LA during Prospective Student Open House on November 2, 2022.

from every department within the school. Prospective students will have other opportunities as well to be introduced to the LA community throughout the year.

"It was a great turnout for the

event," said Ms. Petersen. We hope to have an incoming class next year that is as big and as interesting as this year!"

Helen Duffy is a 9th grade member of the Talon staff.

Ms. Welch & LA Students Honor Military Veterans



Above left: 140 cards written by LA student to US Military Veterans to thank them for their service in honor of Veteran's Day. Above right: World Languages teacher Alison Welch with her father, Korean War veteran Noble Welch, after their Honor Flight to Washington DC on Saturday, November 5.

By Amelia Rice '26

Ms. Welch was presented with an unique opportunity this fall, to accompany her father, a Navy veteran who served in Korea, on an Honor Flight. 70 veterans went on this Honor Flight, the majority of whom served in Vietnam. They departed from the Westchester County NY airport on November 5th. The itinerary was full of visits to memorials, and a mail call reminiscent of the veterans' time in the service. Some veterans had mail sent by loved ones, others sadly did not. Upon

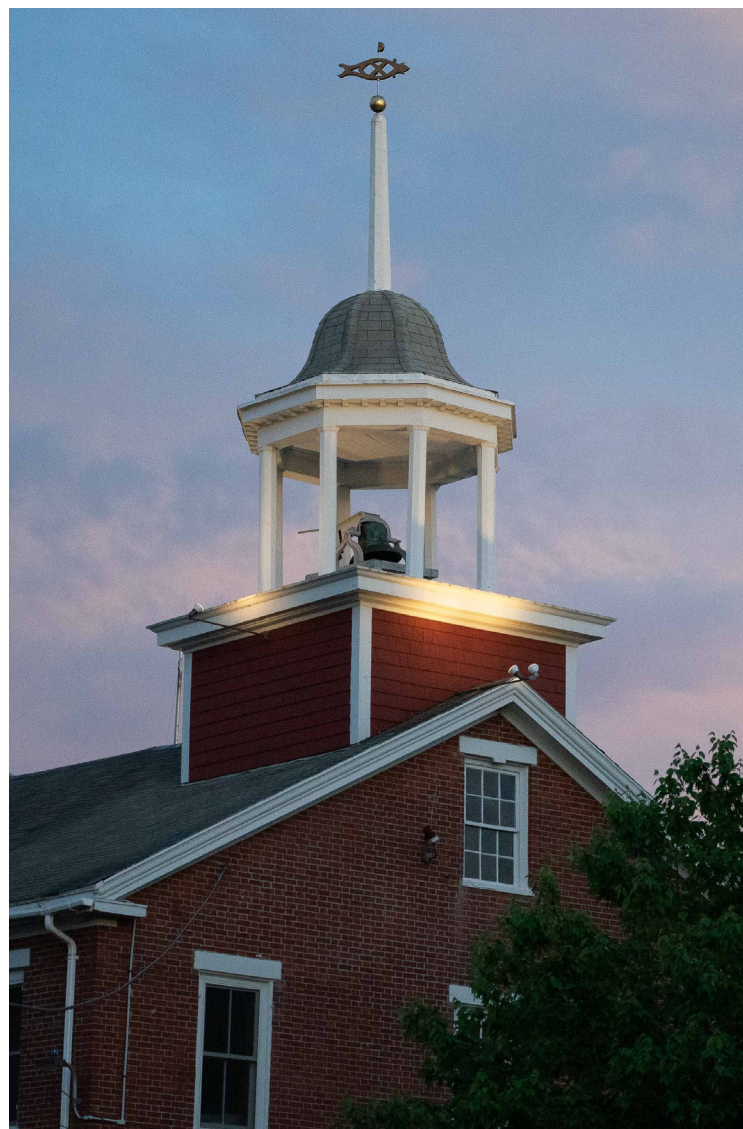
hearing about this, Ms. Welch wanted to change it, and so she organized a card drive.

LA Students made a total of 140 cards for The Honor Flight. Each card was unique in appearance, but the message remained the same. With appreciation, gratitude, and kindness, each thoughtful note was written. The cards were delivered to the veterans on November 5th and were received with much joy and gratitude. During the week leading up to the Honor Flight, card-making stations were

set up in the library and Ms. Welch's classroom, and soon the baskets located there began to become full of cards. Ms. Welch says: "It's really hard for me to capture how impactful the day was for the veterans. WWII vets came home heroes, but Vietnam vets came home to protests and never really felt appreciated and I think many of them felt truly appreciated for the first time."

Amelia Rice is a freshman member of the Talon staff who thrives under pressure.

Bell Tower Tradition



Ringling the Lincoln Academy bell is a long-time tradition for student athletes who achieve high success. During the 2022-2023 academic year, five teams have rung the bell so far: field hockey, golf, boys cross country, girls cross country, and boys soccer.

Spooky News

Halloween at LA: Costume Friday

By Amelia Starbird '26

On Friday October 28, students dressed up in their Halloween costumes, even though Halloween wasn't until the following Monday. The students who wore their costumes participated in a parade that went around the inside of the gym at community meeting.

Leading the parade were the freshmen, followed by the sophomores, then the juniors, and then the seniors bringing up the rear. Many students dressed up because the freshman and seniors are determined to break the tie between them for faculty

shield points, and it is always fun to dress up at school.

There was a wide abundance of minion costumes, especially because some of the *Les Miserables* cast were wearing "Les Minions" costumes.

Nathaniel Hufnagel '26 was one of many who wore this costume. When asked how the group costume idea came about, Hufnagel said "we [the cast] all decided that it would be fun to match." It was Mitchell Straus' '24 idea to dress as minions. The group was originally planning to dress up as teletubbies, but they changed their mind thinking minions would be more fun.

They tried to spread the word as best they could to the cast but only about 17% of the cast wore the costume.

However, those who did wear the minion costume all loved it, Hufnagel said. "We got a lot of strange looks, especially when we went downtown after school. It was fun to be part of a theme," Hufnagel added.

Amelia Starbird '26 is a member of the Talon staff and dressed up as a devil for Halloween.



Back row from left: Mariana Janik '25, Trey Tibbetts '26, Connor Parson '24. Front row from left: Sophia Scott '25, Aowyn Burbank '23, Nathaniel Hufnagel '26, and Mitchell Straus '24 dressed as "Les Minions" for Halloween.



Bella Herring '23, Brynna Nelson '23, Ava White '23, and Ruby Gagnon '23 as toothfairies



Dante Maskell '23 as a gorilla with his favorite snack, bananas Hayden Friant '25 and Leo Noren '25.



Anina Halter '23, Kaylin Lizzotte '23, Emma Castonia '25, and London Hunter '26 as Adam Sandler, Adam Sandler, Adam Sandler, and Adam Sandler,



William Skiff '26 as Patrick Bateman and Evan Brewer '26 as Walter White.

Trunk or Treat: Everybody Loves Candy

By Lilly Rosa '25 and Emma Castonia '25

The community around Lincoln Academy had a scary good time at the trunk-or-treat on Friday, October 28 from 4:30-7. The event showcased many clubs and teams like Cross Country, Field Hockey, NAHS, and even The Talon, along with businesses in the community, including King Eider's, who had trunks decked out in spooky or themed decorations.

The evening included fun activities for all ages. Kids went around to the different trunks getting candy, having their faces painted by members of the NAHS club, and playing soccer and other games on the open turf. There was also a variety of food being sold, and faculty enjoyed selling LA merchandise with new designs.

"It was a lot of fun and it was really cute seeing all of the little kids dressed up in costumes," said Amelia Rice '26.

Lilly Rosa '25 and Emma Castonia '25 are members of the Talon staff, and passed out candy at the Talon's trunk, which was covered with newspapers.



Senior Alicia Flis joined other members of the National Art Honor Society at a face painting booth at 2022 Trunk or Treat. Photo by Abby St. Cyr '23.



The Talon van at Trunk or Treat, decorated with past issues of the paper. Photo by Emma Castonia '25

Fall Sports

LAXC cont'd from p. 1

At the KVAC meet scoring runners were Audrey Hufnagel '24 placed second, followed by Adeline Hall '24 in fifth, Dylan Burmeister '25 in sixth, Maddy Kallin '24 placing tenth, and Maggie Thompson '26 placing fifteenth. Also running in the varsity race were Alison Roberts '25, who placed 24th, and Tessa McNamara '25 who placed 27th.

In the boys KVAC race, Liam Card '23 led the Eagles with a second place finish. Eliot O'Mahoney '24 in fourth, CJ Savastano '24 in 16th, Nick Russ '24 in 17th, Aiden Jacobs '23 in 18th, Will Clark '24 19th, and Conor Glasier '24 25th.

Hufnagel, Hall, Burmeister, Kallin, Card, and O'Mahoney made the KVAC-All Conference team by placing in the top 14.

LA also had the top Class B JV girls and boys teams. In the JV boys race, Garrett Marshall '26 placed first for Class B and Daniel Koelle '25 placed second. Mya Bessey '24 led the charge in the girls race, also placing first in Class B. She was followed by Delia Saft '25, who placed second for Class B.

At Southern Maine Regionals, held October 22 at Twin Brooks in Cumberland, the boys' team placed third and the girls' placed second, their highest finish ever at the regionals meet. The girls' team lost to Cape Elizabeth, the top-ranked Class B school on a tiebreak.

Running for the boys' team was Card (7th), O'Mahoney (15th), Russ (31st), Savastano (36th), Glasier (43rd), Jacobs (45th), and Clark (54th). The girls were led by Hufnagel (4th), and rounding out the scoring was Burmeister (9th), Kallin (11th), Hall (13th), Thompson (23rd), Roberts (52nd), and Bessey (54th).

"It was a crazy race," said Bessey. "It was so amazing to place second, the highest a Lincoln girls team has placed. It left us all in shock and made us so excited for States the following week."

Card, O'Mahoney, Hufnagel, Burmeister, Kallin, Hall, and Thompson qualified individually for the state championships by placing in the top 30 in their respective races.

The girls' team was the

Class B runner-up, their best finish ever, with Hufnagel, Burmeister, Hall, Kallin, Thompson, McNamara, and Roberts running. Hufnagel, Burmeister, Hall, and Kallin were recognized as all-state athletes for placing in the top 30. Additionally, Hufnagel qualified individually for the New England Championships, held in Rhode Island.

The boys' team placed 7th, with the same athletes running as regionals and KVACs. O'Mahoney placed 25th to make all-state.

Coach Garrett Martin said that "2022 was a historic year for LAXC. Having both teams competing at a high level and a balance between the numbers on the girls and boys teams was a lot of fun and helped create a positive dynamic. Additionally, both squads receiving the Sportsmanship Award is a testament to the positive energy and support we show up with at competitions."

Dylan Burmeister is a member of the Talon staff and the LA Cross Country Team.



The boys' varsity team won the Class B KVAC title on October 16. From left: Liam Card '23, Will Clark '24, Aiden Jacobs '23, Conor Glasier '24, Eliot O'Mahoney '24, Nick Russ '24, CJ Savastano '24. Iris Pope '23 Photo.

Adickes 3rd, Golf Team 5th at States



The 2022 LA golf team with their Good Sportsmanship award. From left: coach Bob Plourde '89, Sebastian Cheesbro '23, Brandon Kelsey '23, Gabe Hanley '25, Damon Ellinwood '24, Kellen Adickes '25, Cameron McCloud '24, Coach Todd Brackett. Alison Hanley photo.

By Dylan Burmeister '25

The golf team had a successful season, with five athletes qualifying for the state tournament, held at the Natanis course in Vassalboro.

Kellan Adickes '25 placed third at the state championships, and the LA golf team placed fifth.

The team, coached by Lincoln County Sheriff Todd Brackett and Bob Plourde '89, was also awarded the Class B South Sportsmanship award.

Adickes also qualified for the New England Championship, which was held in Connecticut on October 31. Adickes tied for third at the championship despite being sick the night before.

"It was our second year in a row qualifying for the state championship, and we had

two players finish in the top ten in the state, so it was pretty good from that standpoint," said Adickes. "The New England Championship was an experience I will not forget for a while. Not just because I finished third, but because of the perseverance factor. When I woke up that morning it was unclear as to if I was going to be able to play, but I figured it wouldn't look good if I didn't at least try. Under the circumstances, I'm satisfied with the result."

"The golf team is a good environment, where nobody is hostile to anybody. Everyone just bonds," said Gabe Hanley '25.

Dylan Burmeister is a sophomore on the Talon staff who also runs for the LA cross country team.



Damon Ellinwood '24 and Kellen Adickes '25 at the State Golf Championship. Alison Hanley photo.

Boys Soccer cont'd from page 1

would be as the talent we had demanded a higher level of training and preparation and we went undefeated for so long that raised everyone's expectations."

"Beyond the incredible run we had, I had a chance to get to know 22 students in a way I wouldn't have and as I am in my fourth year here as Head of School, I felt a certain kinship with the seniors and wanted to make sure this was as good an experience as possible. Working with Mr. Stevenson was also

a gift. He has a great deal of experience as a soccer coach and of course as the boys coach here for many years," Burroughs said.

The final game of the season was the eventful semifinal playoff game on October 26. The game was tied 1-1 at the end of regulation, and went to overtime. Fryeburg scored with just a few minutes remaining in the second overtime period, resulting in a 2-1 victory for Fryeburg Academy.

Junior soccer player Oliver McNamara '24 said that "regardless of how it ended, we achieved something really impressive. We worked hard all season, in every practice and at every game."

"Winning KVACs is by no means an unjust reward for our efforts," he added.

Dylan Burmeister is a sophomore on the Talon staff who also runs for the LA cross country team.

Field Hockey Season Wrap



The Field Hockey team seniors at their final game at Morse High School. From left: Hunter Gilmore, Ava White, Bella Herring, Brynna Nelson, Coach Lindsey Herring, Elyse Matheison, Ruby Gagnon, Madison Phelps, Reegan Dunnican, and Gabby Vincentsen.

By Nathanael Clark '26

The Field Hockey season was a learning season, but still with many successes.

First-year Coach Lindsey Herring emphasizes the importance of learning the sport and building the team. "Coming into this season I had 2 goals. The first was to teach

the girls how to not just play field hockey but to love it, and the second was to win a game. It took us right to the end of the season but both of those goals were achieved. I couldn't be more proud of this team and all that they accomplished both on and off the field."

Important season highlights

include Gabby Vincentsen '23 making the KVAC All Conference 2nd team; Brynna Nelson '23, Gabby Vincentsen '23, Bella Herring '23, making the KVAC All Academic Team; Gabby Vincentsen '23 and Brynna Nelson '23 made the Maine Field Hockey Association All Academic Team; and Gabby Vincentsen '23 making the Maine Field Hockey Association All State Team.

The field hockey team ended the season with one win, twelve losses, and one tie, but teammate Lexie Houghton '26 said "Despite this, a family-like environment was built as the team learned the sport throughout the season."

Nathanael Clark is a freshman staff writer for the Talon and a member of the Cross Country Team.

Fall Sports

Lincoln Academy's Coaches of the Year

By Connor Parson '24

Lincoln Academy has had many strong athletic achievements in the past year. In 2022, Lincoln Academy had three coaches receive awards across the conference and state level.

Melissa Burroughs coached the Girls Tennis team in Spring of 2022. The Maine Principals Association awarded her the Maine Girls Tennis Coach of the Year award, a state level achievement.

Last season was her second year coaching at Lincoln Academy, and she worked to maintain the strong program that has preceded her. As tennis is a more individual sport than others, she was challenged to figure out how to maintain a team dynamic within an individualized setting. When she learned she won the award, it was a surprise to everyone, most of all her.

"Other coaches saw that I have passion," Ms. Burroughs said when asked about receiving the award. In the off-season, Ms. Burroughs has and will continue to play tennis in other leagues. For the future, she is working

to build up a new foundation of players to replace the strong senior class graduating this year. She added, "I'm really excited for next season. Each year I get less nervous."

Jeffery Burroughs, in addition to being the Head of School at Lincoln Academy, was this year's Boys Varsity soccer coach. He won the KVAC Coach of the year award for his accomplishments this season. Mr. Burroughs has coached for thirty years up until now, but he said this year was a challenge for him in a lot of ways. The team's strong talent meant he had to put a lot of work in the technical aspects of his team. He also had to connect with his players and their families on a level he hadn't had to before.

"It's a really nice honor," he said about receiving the award. He is very proud to have been recognized by the other KVAC coaches. While he is not committed to coaching again next year, he is very impressed with the program at Lincoln Academy and sees a bright future ahead for the players.

Garret Martin is the coach for the Boys and Girls Cross

Country teams at Lincoln Academy. When asked, Martin said, "This award is a testament to our success as a team" and is proud to accept the award for Coach DeAngelis, Coach Burgess, and the LAXC program. He is very proud of both teams winning the KVAC championships and the girls team placing second at states this year, as well as both teams winning the sportsmanship award. Coach Martin is happy with all the work his team has put into this year, and is always welcoming new members.

Athletic director for Lincoln Academy, KJ Anastasio said that LA is very fortunate to have its group of dedicated coaches. "We are always thrilled when our coaches are recognized and selected as Coach of the Year." He is proud of all the effort the coaching staff has put into their athletes. He added, "This fall was an amazing sports season and one that is for the record books."

Connor Parson is a junior and member of the Cross Country team and would like to congratulate the coaches on their success.



Maine State Class B Girls Tennis Coach of the Year Melissa Burroughs, left, with assistant coach Alison Hanley, right.



Above, left: KVAC Class B Boys Soccer Coach of the Year and Head of School Jeff Burroughs. Above right: KVAC Blass B Boys and Girls Cross Country Coach of the Year Garrett Martin.

2022 3-on-3 Basketball Tourney is an Absolute Slam Dunk

Action in Nelson Baily gym previews winter sports season.



The team of Jack Duncan '23, Tyson Ball '25, and Gabe Hagar '24 won this year's 3-on-3 basketball tournament, held on November 8, 2022.

By Nathanael Clark '26

On Tuesday, November 8th, LA students played in the 3-on-3 Basketball Tournament in the Lincoln Academy Gym. This well-loved event has been running for at least 20 years. This basketball tournament was organized by Mr. Page and had 9 teams in attendance. This casual event sparked stiff competition with a friendly atmosphere.

Freshman Maggie Thompson who participated in the tournament said, "the

tournament was a great way for everybody to come together and have a friendly game."

Tournament founder and organizer Mr. Page said, "I enjoy the tournament each fall because it involves the participation of so many different people, players, faculty, residential students and some who just want to have fun. There is always a good number of students who just come to watch and get a feel for the upcoming basketball season."

The spirit of cooperation continued throughout the

competition but in the end, only one team could win. The winning team was made up of LA varsity basketball players Jack Duncan '23, Tyson Ball '25, and Gabe Hagar '24.

Nathanael Clark is a member of the Talon Staff who has never participated in competitive basketball.

Girls Soccer Finish 2nd in KVACs



The Girls varsity soccer team wrapped up a 2022 winning season. Led into their senior night game by senior captains Marley LeBel, Nicole Hammond Catarina Johnson. Gabby Vincentsen '23 photo.

By Nathanael Clark '26

The Girl's Varsity Soccer Team started their successful fall season with a win against Oceanside. After a devastating 2-1 quarterfinal loss against the Gray New Gloucester Team, they finished off the fall season placing number 2 in the KVAC Class B South League with 11

wins, 1 loss, and 2 ties.

According to Abby Holladay '23, "[It] was a great season for seniors, and the younger members of the team really stepped up." Overall, their amazing series of games gave testament to their hard work throughout the fall.



Senior captain Catarina Johnson parries in the girls varsity soccer game against Leavitt.

Club News

Photo Essay: Photo Club FLB

In the first trimester, the LA Photo Club worked on various photography challenges, including backlighting, street photography, macro photography, perspective, and the rule of thirds. Occasional scavenger hunts and challenges keep the students on their toes. These are some of the images captured by Photo Club during trimester one.



"Sweeping Sky" by Thomas Bowden '24



"Sunset Behind the Trees" by Mya Krawic '26



Unnamed, by James Wyman-Benner '26



"Sandy Feet" by Bailey Brewer '26



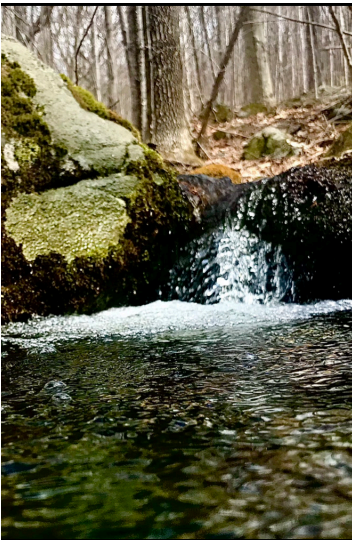
"Eagles Landing" by Zane Adams '26



"Drying Up" by CJ Savastano '24



"Carefree Waters" by Margaret Thompson '26



"The Deceptive Stream" by Harrison Thompson '26

LA Staff Profile

Learn About Mr. Hauptman, New Math Teacher



By Cecil Rittall '25
Mr. Hauptman is a math teacher currently teaching AP Calculus, Algebra 2 and Algebra 1 Part 1. He also runs the Movie Nerds Unite FLB class and will be helping run a Yu-Gi-Oh Card Game FLB in the coming trimester. He graduated from Colby College in Waterville Maine, where he majored in mathematical sciences and minored in education. Mr. Hauptman was born in Ithaca, New York. He moved to Maine when he was three and grew up in Brunswick.
Mr. Hauptman's favorite movie cannot be explained by anyone other than himself. "This is a loaded question as I watch movies CONSTANTLY and have TONS of favorite movies. If we are looking at all-time, I usually pick Memento, a movie directed by Christopher Nolan back in the year 2000. It marks the moment in my life when I discovered that movies could do more than entertain me for an hour and

a half." He does not have a favorite character, but "Katniss Everdeen would rank high - she never wanted to be the face of a rebellion but she did it anyway. The best leaders are often the ones who don't seek it out."
Mr. Hauptman thinks Lincoln is incredibly different from his old school, Lewiston Middle School. He does miss the diversity of LMS but he thinks Lincoln runs more smoothly. Mr. Hauptman adores this school and enjoys his job each day and never leaves feeling like he is emotionally drained or too tired to focus on his family. He thinks his students are wonderful and his colleagues are friendly and supportive. Outside of school, Mr. Hauptman enjoys spending time with his kids. They watch a lot of movies, mainly when Oscar season approaches, and they play a lot of games.
Mr. Hauptman became a teacher because he enjoys helping people. He loves getting to learn about Lincoln's traditions and can't wait to see what the school does next. While teachers in past interviews have said their spirit animal is a real animal, Mr. Hauptman has a different choice. His spirit animal is Yoshi, from the Super Mario franchise, his comment being, "he loves eating, right?" Mr. Hauptman's biggest pet peeve is, "Don't give me excuses. I just want to work together to solve problems and help you out - don't waste time trying to tell me why you didn't get something done - let's figure out how to get it done and prevent the same problem from happening again."
On a final note, he has wondered why no one in this school has decided to run a Mario Kart Tournament or a Karaoke Night as a fundraiser. He thinks, "I would DOMINATE and you'd make some money," and, "Free ideas right here, people."
Cecil Rittall '25 is a writer on the Talon staff.

LA Students Attend Model UN Conference at UConn

By Audrey Hufnagel '24
On November 4-6th, the Lincoln Academy Model United Nations Club went to the University of Connecticut for their first Model UN conference of the year. Delegates spent the weekend debating topics from the Suez Canal crisis to addressing mental health in middle and low income countries. Audrey Hufnagel '24 won the award for Outstanding Delegate in her committee, which was debating the Cambridge-Analytical Scandal.
Out of the twelve Lincoln Academy students who attended, only three had done MUN at Lincoln before.
Maddy Kallin '24, one of the students attending her first MUN conference said "It was really exciting. I learned a lot about parliamentary procedure and how a MUN conference works."
Throughout the weekend, students met many interesting people, including Billy Bob Barry, and caused a lot of chaos, including threatening nuclear

war on France, invading Syria, nuking Congress and becoming supreme leader of the country and taking over the USSR as a spy.
Dylan Burmester '25 said, "It was such an incredible experience to be able to debate these issues with students from around New England. It teaches you so much about other perspectives and opinions."
Audrey Hufnagel is on the Talon staff and went to UConn with MUN.



MUN participants (from left) Nandi Gerö, Dana Lee '24, Neptune Martin '26, Arsen Mikaelyan '25, Lily Rosa '25, Sophie Yates-Paul '25, Rath Schoenthal '24, Audrey Hufnagel '24, Dylan Burmeister '25, Liam Card '23, Maddy Kallin '24, and Tessa McNamara '25 at the University of Connecticut MUN Conference in November 2022.

Important Fall/ Winter Dates:

- December 1: Senior Photos Due to the yearbook
- December 4: Winter Band Concert at Damariscotta Baptist Church
- December 7: Picture Make-Up Day (7 am-noon in the Quiet Room)
- December 11: Choral Concert at St. Patrick's Church
- December 15: Winter Jazz Concert in Poe
- December 19-January 2: Winter Break
- January 3: Classes resume
- January 11-14: All State Jazz Fest
- January 16: No school. Martin Luther King Jr. Day
- January 20: Mid Tri 2 grades
- January 27-28: District 3 Honors Music Festival at Mt. Ararat
- February 4: Snow Date for D3 Festival
- February 20-24: February Break
- March 10: Last Day of Trimester 2

Got Club News? Email the Talon at:
talon@lincolnacademy.org

Performing Arts

Ryan Gaul '92 Offers Improv Workshop at the Poe



Ryan Gaul '92 teaching improv skills to LA students during an October workshop in Poe theater.

By Amelia Rice '26
Give me a place, the Poe Theatre! Give me an event, an Improv Workshop! On Thursday October 13, 2022, about 20 students participated in an Improv Workshop taking place during FLB. Professional comedian Ryan Gaul, LA Class of 1992, and his fellow professional actor Jeremy Brothers visited Lincoln to direct this workshop.

Both actors are in the area currently working on a horror movie, *McCurdy Point*. During the workshop, students played several different games, each with ties to improv. It was absolutely hilarious and educational acting and watching others act on the spot. The majority of the students in the workshop were part of the cast of *Les Mis*, and the lessons learned are definitely applicable

when it comes to live theater.

On Sunday October 23, Gaul and Brothers performed an improv comedy show at the Lincoln Theatre, which many students attended, thanks to free tickets for all improv workshop participants.

It was a great workshop, and we look forward to other similar FLB opportunities.

Amelia Rice '26 is a writer on the Talon staff and a great appreciator of improv.



Ryan Gaul '92 (left) with LA students who attended the McCurdy Point cast Improv Comedy Show at Lincoln Theater.

Musicians *cont'd* from p. 1

musicians who are accepted into both the band and the choir and several others who are accepted all four years of their high school careers," says Anderson.

In 2022, LA had a total of 29 students admitted into the District festival, nine for band and 20 for choir. The District III MMEA Music Festival includes schools as far South and as far North as Belfast. For the band audition, students were required to play two randomly selected scales, along with a prepared piece, this year being *Festivo* arr. by Allen Graffam. For this year's choir audition, students were

required to sing a prepared piece, *Già il sole dal Gange*, and a scale corresponding to the vocal range of the auditioner. The auditions took place at Maranacook High School on October 17.

The LA Performing Artists also showed no mercy in the All-State auditioning process this year, with seven auditioning All-State Band, ten for All-State Choir, and four students for All-State Jazz. The All-State Jazz audition took place on October 14 at the University of Maine at Augusta. Students auditioning on instruments played two randomly selected scales and a

chromatic scale as well. Then a prepared piece, which included a head chart, melodic etude, and an improvised solo. LA also had a student audition for the ASJ Choir. Senior Ava Nery's audition was a bit different. She was required to sing a solo piece along with a balanced choral piece and, finally, an improvised scat solo.

Students auditioning for All-State Choir were required to sing two prepared pieces. *Già il sole dal Gange* and *Sing We and Chant It*. Then the auditioners sang a scale corresponding to the vocal part they were auditioning for. This audition

Intro to Ukulele FLB Strikes a Cord



Nick Russ '24 helps Gavin Peck '24 try out the banjo during the ukulele FLB.

By Connor Parson '24
Lincoln Academy offered a variety of FLBs during the fall; one of note is Intro to Ukulele. On Tuesdays down in Studio B, students are given an opportunity to learn a new instrument. Traditionally, this class was offered to students as a trimester elective during the year. Due to lack of sign ups for the class, Ms. Anderson, the advisor, decided to turn the class into an FLB.

The first couple weeks of the trimester were spent teaching the basic cords to the students and then they were off to the races. A primarily student driven class, most members split off individually or into small groups. They are then allowed to do whatever they want. One group of students all learned "Row, Row, Row Your Boat" and had a rendition during the FLB. Another group of students brought in other instruments for "a guitar, ukulele, trombone jam session," said Anderson. Some students even used the ukuleles as percussion instruments on

various occasions.

The class already has a future in store. Second trimester, Ms. Anderson is going to turn the block into a Strumming Club. Students will be given the chance to learn the guitar, mandolin, ukulele, and even the chance to use the school's single, solitary banjo. "A local member of the community [Roger Silverstone] passed away last year and he donated twenty [string] instruments," said Anderson. Now, the instruments are being put to good use.

The FLB is much enjoyed by its members. It is used as a chance for many to relax and just play some music. Many members try out a variety of instruments. Sometimes even within the same class period if they feel like they need a change. "It's fun. Just kinda strummn," said Nick Russ '24, a member of the FLB.

Connor Parson is a member of the Talon Staff who misspelled ukulele fifty times while writing this article.



All State Jazz auditioners seniors Cooper Swartzentruber, Liam Card, Ava Nery, and Wyatt Stone.

took place at Skowhegan High School on October 29. Finally, Lincoln Academy students also auditioned for All-State Band. This audition included a technical piece and a vocalese, two randomly selected scales, and a chromatic scale. That audition also took place at Skowhegan High School on October 29.

LA, again, did not take any prisoners when it came to their musical auditions this fall. LA's performing arts continued success is a testament to Ms. Matta, Ms. Anderson, the

students they teach, and their drive to represent LA at the highest level.

This year's festivals will take place in person, with performance dates: ASJ at Bangor High School on January 14, 2023. ASBOC at UMaine Orono on May 20, 2023. The District III festival will be held at Mt. Ararat High School on January 28, 2023.

Liam Card '23 is a writer for the Talon. He is also in Lincolnaires, Wind Ensemble, Jazz Big Band, and Jazz Ensemble. He was one of three to be accepted to the ASJ festival.

Visual Arts

Updates from Visual Arts–Drawing I & II

By Mya Bessey '24 & Dylan Burmeister '25

Ms. Sylvia's Drawing I & II classes are working on improving their skills in the spacious loft studio in Hall House.

Drawing I students are working on a project known as "Cephalopod-ptera," which involves combining an insect and another animal of the student's choice, using colored pencils and other materials to create the final piece.

Her Drawing II class is creating self-portraits. Students began this project by drawing their eyes, then continuing to work on the rest of the face.

"Drawing I is again blowing

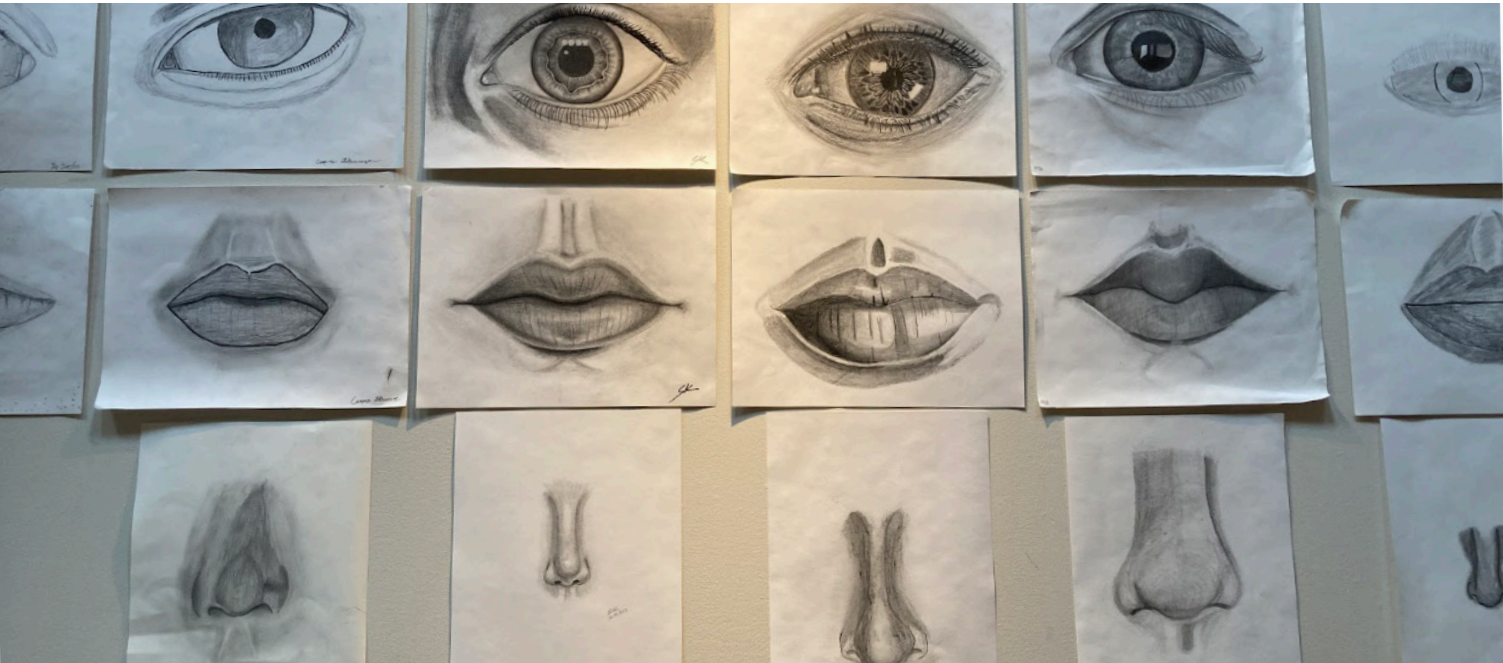
me away with their Cephalopod-pteras. The care, detail and skill that they bring to their drawings has grown so much in two months," said Ms. Sylvia.

"Drawing II students surprised me. They are rising above and beyond what we might expect to see. You'll need to check out their self-portraits in the library in the next few weeks."

Mya Bessey and Dylan Burmeister are on the Talon staff.



Above: Cephalopod-ptera creatures created by drawing I students in Ms. Sylvia's class. Left: a bumblebee lobster by Lillian Brooks '25. Center: a dragonfly squid by Hannah Perce '25. Right: a butterfly beetle lobster by Jonas Stepanauskas '24.



Facial feature drawings by Ms. Sylvia's drawing II class.

Got Updates
from your
FLB, class,
or Club?

Email:
talon@
lincolnacademy.
org

TALON POLL: Are LA Students Fall Sports Fans?

In a student poll taken on October, out of 98 responses, about one third of LA students said that they had not attended a sports event this fall.

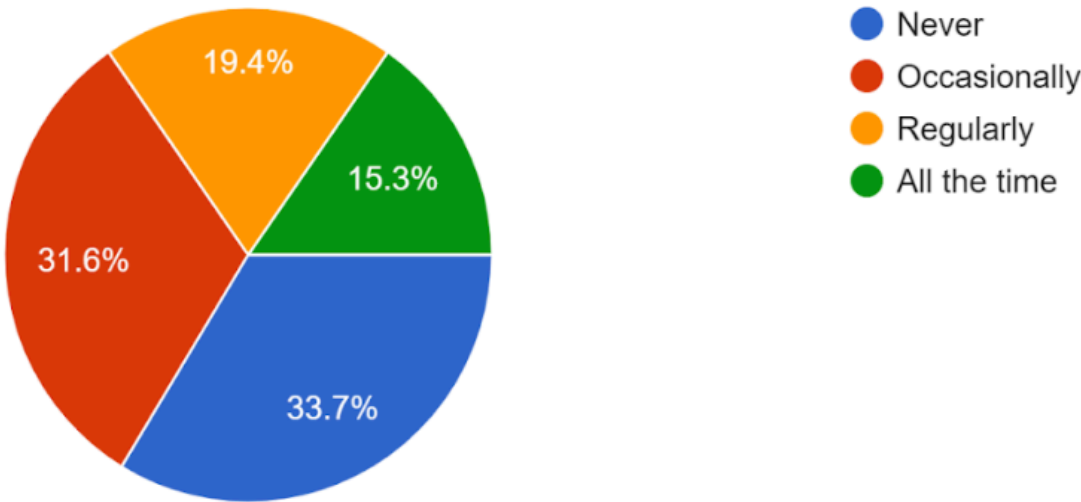
The poll showed that the majority of LA student respondents have attended at least one or two fall sports events, with 65 responders saying that they had attended occasionally, regularly, or all the time.

This highly unscientific poll proves that the LA Community is filled with Eagle Pride.

Watch your email for future Talon polls, and let your voice be heard!

This poll was carefully conducted by Nathanael Clark '26 through the wonderful tool of Google Forms. Nathanael is a member of the Talon staff.

How frequently did you attend fall sports events this year?
98 responses



Students of the Month

September 2022 LA Students of the Month



The September 2022 Students of the month are (back row from left) senior Elle Stevens, junior Chayenne Cave, (front row from left) sophomore Kellen Adicks, and freshman Maggie Sawyer.

By Helen Duffy '26 and Amelia Rice '26

The September students of the month were freshman Maggie Sawyer, sophomore Kellen Adicks, junior Chayenne Cave, and senior Elle Stevens. LA faculty and staff nominate and vote for students of the month.

Maggie's nominator said she "is an excellent student: attentive, conscientious, focused, intelligent, and enthusiastic. Amazingly that is not the prime reason for this nomination. I am nominating Maggie for her wonderful kindness to peers and adults alike. If I had a daughter, I would wish for Maggie's clone."

Kellen was nominated for

being "a model student-athlete at Lincoln Academy. He is an honor student who has been elected class president in both freshmen and sophomore years. One of the state's top youth golfers, he has worked incredibly hard to elevate his golf game. He finished tied for second in the 2021 at the State Individual Championship to receiving state recognition by the Maine Principals Association."

Chayenne was nominated for having a "permanent smile on her face and her humor and happiness are contagious to those around her. She has decided that this school year she will focus on academics and her goals of the future. She has been exceptional and a leader in her

VOC Cosmetology Program."

Finally, Elle was nominated for being "kind, creative, caring, smart, humble, hardworking, sweet, talented and dedicated to many many art forms. She is an excellent student and helps out around the studio with her positive attitude, solid work ethic and good vibes. Elle is good stuff!"

Congratulations to all of the September Students of the Month.

Helen Duffy and Amelia Rice are freshmen on the Talon staff.

Academic News

College Choices: the Early Decision Decision

By Nick Russ '24

Many seniors at LA have submitted early action and early decision applications--more than in past years. The Talon wanted to provide more information to students considering early applications in the future.

This article is based on advice from the College Board. Find out more at their website or by talking to your School Counselor.

What is the difference between applying early decision and applying early action?

The early decision applications are binding. Any accepted student must attend the college/university if the financial support is adequate. Early action plans are non binding. A student simply receives an earlier response but has no commitment to that school.

What are some benefits of applying early decision/action to a college?

Students who apply early get an earlier response from the school. If accepted, they will be



less stressed for the rest of their senior year. If not accepted, there is still plenty of time to reconsider and apply elsewhere.

What are some downsides of applying early decision/action to a college?

If accepted early into a college, seniors may develop a sense of "senioritis", and mentally check out from school. For some early action plans, you may only apply to one school at a time, so you must wait for the response before applying elsewhere. One must revoke all other applications if accepted to an early decision plan.

To whom would you recommend applying early

decision/action to a college?

Students who are certain that they want to go to a particular school and are financially eligible should apply for early decision or early action to that school. If accepted, they will then know that they will be going to the college of their choice.

Nick Russ is a junior with two older siblings in college, one who applied early decision, and one who did not.

View from KB Dorm

By Maja Wolfgang '24

At the moment, there are 38 students living in Kiah Bailey Hall. 15 girls and 25 boys comprise the student population of the residential life community. From these 40 students, there are 12 returning students and 26 new students. The dorm community has no freshmen, 12 sophomores, 12 juniors, and 16 seniors. There are 14 different countries represented in the dorm, which means there are many nationalities represented. The countries represented are: Armenia (1), Brazil (4), China (1), Cambodia (1), Germany (6),

Hungary (2), Italy (2), Lebanon (1), Poland (1), Slovakia (1), Spain (8), Turkey (1), USA (5), and Vietnam (4).

And what is the dorm without the dorm parents? There is no dorm without them. This year, the dorm parents are: Mr. Abbott, Ms. Tan, Mr. Tan, Mr. Janik, (Ms. Kennedy), Ms. Matta, Mr. Menice, Ms. Wright, Mr. Wright, and dorm uncle Mr. DeAngelis.

Maja Wolfgang writes for the Talon and lives on campus in KB Hall.



Residential students gather around a firepit at Lincoln Academy's KB Hall dormitory.

Pets of the Month

We had time for two Pet of the Month Surveys in this issue. If you'd like to see your pet here next month, keep an eye out for submission forms!

October

Dogs of the Month



Toby and Laddy, submitted by Mrs. Collins '64, won the dog category with 34 votes. Toby is one and a half years old, and Laddy is thirteen and a half years old.

Cat of the Month



Nugget, submitted by Bryce Meadows '25, won the cat category with 42 votes. Nugget likes leaves.

Miscellaneous Pet



Barry, submitted by Lee MacCorkle '26, won the miscellaneous category with 55 votes. Barry loves to follow you around and loves to be pet.

November

Dog of the Month



Mavis, submitted by Aubrey Prock '26 won the dog category with 30 votes. Mavis loves cheese.

Cat of the Month



Groucho Marx, submitted by Mrs. Felch won the cat category with 36 votes. Groucho Marx likes to lay under the wood stove while it's going.

Miscellaneous Pet



Shirley-Gimli, submitted by Penelope Boothby '26 won the miscellaneous category with 32 votes. Shirley is a Polish chicken which gives her the feather poof on her head, and she also lays very small white eggs.

Pets of the Month is Edited by Kaydence Raymond '25.

Answers to Talon Trivia (from page 14)

1. Garret "Boo" Martin, Melissa Burroughs, and Jeff Burroughs

2. FALSE! Nugget like leaves you absolute GOON!

3. Four
4. Sicily

5. Three: Boys Varsity Soccer, Boys XC, and Girls XC

6. October 13th

7. Elle Stevens '23, Chayenne Cave '24, Kellen Adickes
- '25, and Maggie Sawyer '26

8. Banjo

9. Early Decision is binding, you promise to go to the college if they accept you.
- Early Action means you have an earlier application deadline and shows increased interest in a college.

10. Audrey Hufnagel, Dylan
- Burmeister, Adeline Hall, Maddy Kallin, Tessa McNamara, Maggie Thompson, and Allison Roberts.

Vehicle of the Month

November 2022 Featured Vehicle: Mya Bessey '24's 1994 Chevy Pickup



Junior Mya Bessey's 1994 Chevy is this month's featured vehicle.

A new perspective on vehicle of the month by Audrey Hufnagel '24 & Dylan Burmeister '25
This issue's vehicle of the month, selected by Talon writers

Dylan Burmeister '25 and Audrey Hufnagel '24, is junior Mya Bessey's 1994 Chevrolet Silverado pickup truck. The truck is a half ton and features

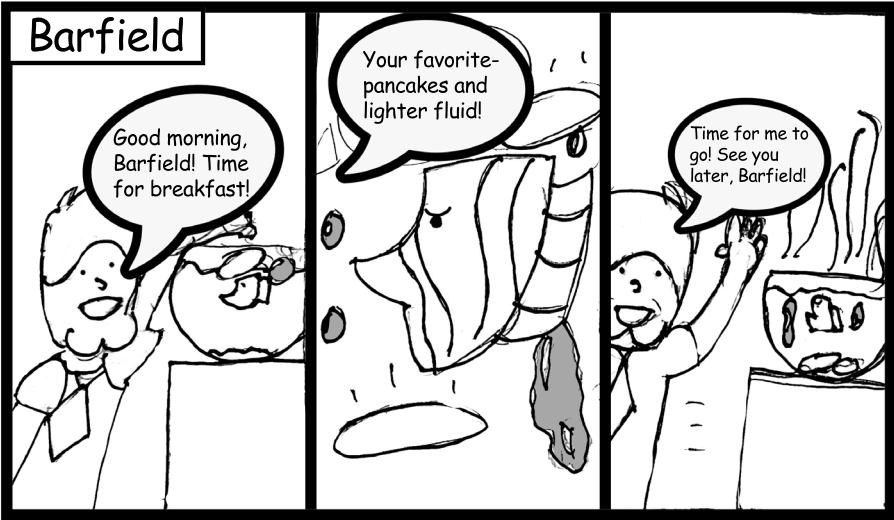
an original paint job of teal and silver. It also features excellent suspension, a 5 liter engine and all wheel drive.
"Mya's truck is perfect. It's

the kind of truck you'd see in a classic movie, with a group of friends in the back, staring at the stars. Oh wait - we did that," said Maggie Thompson '26, who has had the privilege of spending time in the truck.
Mya has been improving her parking game since getting her license and is excited to have more adventures in the truck.
Dylan Burmeister and Audrey Hufnagel don't actually know what "half-ton" means in reference to a pickup truck, but they are still impressed with Mya's wheels.

Got a Favorite Car or Truck?

Watch for a monthly survey in your LA email

Barfield by Callen Caswell '23



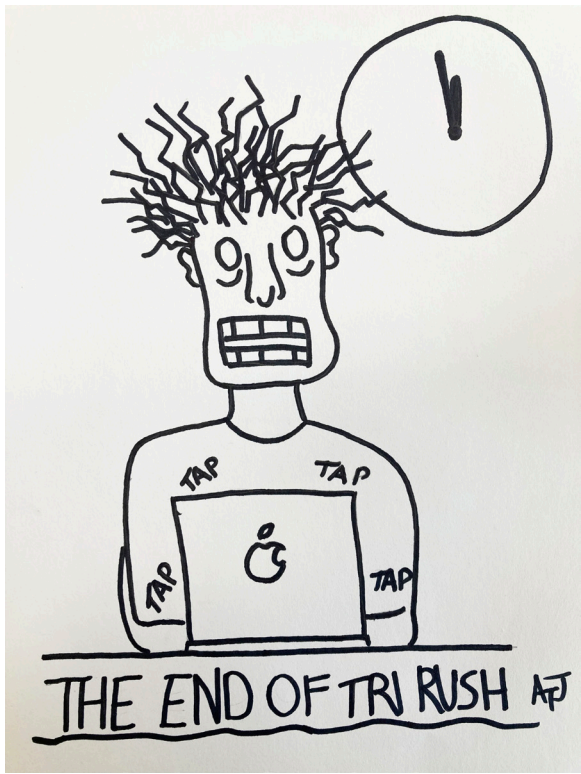
Want to be a published cartoonist?

The Talon is looking for more cartoonists.

Interested?

Sign up to join the Talon staff, or submit a cartoon to talon@lincolnacademy.org.

Cartoon by Aiden Jacobs '23



October Caption Contest Results



Our October caption contest had 13 submissions, only one of them could win. After a very serious vote, the winner was submitted by Calvin Percy '25

"Do you ever wonder why no one hangs out with us?"

Runners-up:

"Lincoln Academy Chess Club Kicked out of Classroom for Illegal Moves, Protest in Parking Lot."

- Torren Nehrboss '26

"When mom tells you to go play outside."

- Antonio Giacomuzzi '26

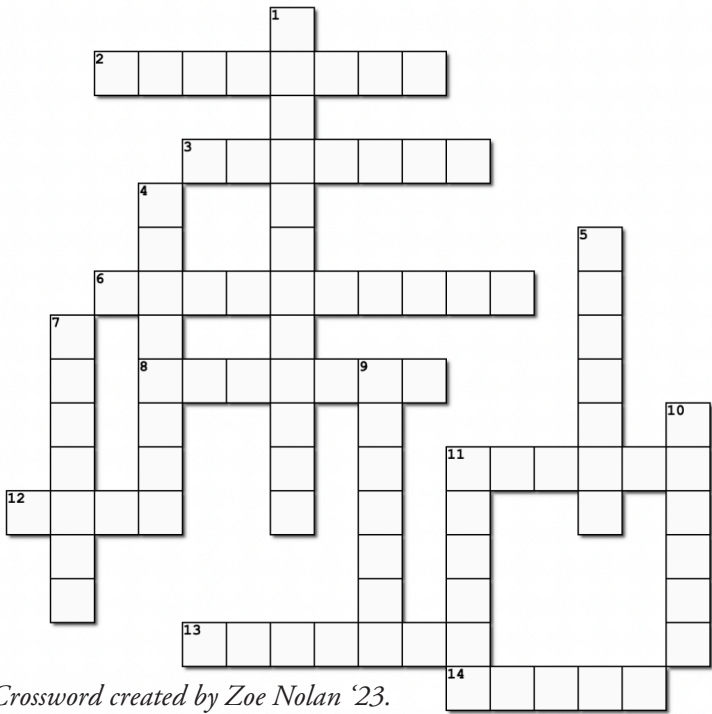
"Go yonder and ponder."

- Ms. Felch

Puzzles and Fun

November Crossword

Complete the crossword using the clues provided. If a single answer consists of multiple words, do not include spaces when fitting the answer into the crossword. If an answer contains a number, spell it out. Have fun!



Crossword created by Zoe Nolan '23.

Zoe Nolan '23 is a second year staff member of the Talon and a senior at LA.

- Across**

2. Mark Twain's characters, Tom Sawyer and Huckleberry Finn, live in this state.

3. This country ruled Iceland from 1814-1918.

6. In 1893, this country became the first to allow women to vote.

8. Don Quixote was originally written in this language before being translated into over 50 other languages.

11. The capital of Turkey.

12. The festival of Saturnalia, celebrated during the winter solstice, was a tradition of this ancient empire.

13. The name for sterile female honey bees

14. The bole of a tree is also referred to as the _____.
- Down**

1. The first U.S. President to pardon a turkey.

4. A manometer measures this.

5. This South American country borders only Brazil and Argentina.

7. Socrates was executed by the forced ingestion of this deadly plant.

9. In A Christmas Carol, four ghosts visit this character.

10. Thanksgiving is an annual national holiday in the United States and in _____.

11. Hurricane Katrina hit New Orleans during this month of 2005.

November Sudoku

			2		9	5		
	5	3				4		
9								
6						1		4
				3		2	8	
5			8			3	9	
4				2				
3		2	4	5		6		
					8			

November Caption Contest

Caption This Photo:



Please submit captions to the Talon by emailing Talon@lincolnacademy.org or filling out the Google Form at the link below:



The winning caption will be printed in the next edition of the *Talon*. Deadline for entries: December 15, 2022.

Puzzles and Fun

How well did you read *The Talon*? Trivia from this month’s issue:

1. Who were the three Lincoln Academy coaches that won Coach of the Year in 2022?

2. True or False: Nugget is a fan of sticks.
3. How many Adam Sandler’s were photographed attending LA on October 28th?

4. Where is Lincoln Academy junior Sepp Zammuto?
5. Did how many LA sports teams were KVIC champs in 2022?

6. When did Ryan Gaul ‘92 offer an improv workshop at the Poe?
7. Who were the September LA Students of the month?

8. What instrument is Gavin Peck ‘24 playing in Studio B?
9. What’s the difference between ED and EA?

10. Who are the seven girls who ran at KVIC’s this fall?

Overheard... at Lincoln Academy

Got a quote to submit to the Talon?

Email talon@lincolnacademy.org. Please include the names of both speaker and submitter.

Talon quotes collected and curated by Nathalie Paulino ‘23

- “Sometimes [playing hot dog frisbee] is necessary.”
– Ava Nery ‘23

“We learned about adopting grandmas today.”
– Aiden Jacobs ‘23

“The *Talon* is the mullet of student newspapers.”
– Ms. Mayher

“I like bags of money.”
– Mr. Teele

“How are you a history teacher if you’ve never seen *Night at the Museum!*?”
– Hamilton Pierpan ‘26

Mr. DeAngelis: “It’s creativity calling. *pause* There’s no one on the other line.”
Maia Zewert: “Apparently creativity is busy.”

“Does anyone want to go outside and feel the rain with me?”
– Dylan Burmeister ‘25

“It’s a femur, you imbecile.”
– Ralph Zoorob ‘23
- “Do you ever get the feeling that you’ve been lied to?”
– Mr. Brooks

“I just accidentally submitted a slideshow about irritable bowel syndrome for a bio project.”
– Nathaniel Hufnagel ‘26

“Please get me sick, I need to die.”
– Ava White ‘23

“How do you say labor violations in French?”
– Ryan Twombly-Hussey ‘23

“If we cleanse you, there will be nothing left.”
– Abigail Acosta ‘26

Bella Herring ‘23: “Are you a silly goose?”
Ralph Zoorob ‘23: “I’m a lot of things.”

Izzy Petersen ‘23: “Because I wanna win!”
Ms. Sawyer: “You can’t win AP Lit.”
- “You’re like Timothee Chalamet from *Wish*.”
– Rath Schoenthal ‘24

Anonymous student: “Did you go to Jefferson Village School?”
Mr. O’Mahoney: “I’m from a different country.”

“I wanna legally kill a man before I die.”
– Ashton Seiders ‘23

“Mercury is in retrograde, and the next thing you know you’ve married your sister!”
– Mr. Smalley

“I want food so bad that I’m crying.”
– Margaret Kastelein ‘23

“I don’t like opportunities.”
– Elias Bassett ‘25

“There is no up, only choices.”
– Mr. Smith

“Everyone wants a Nick Russ in their class.”
– Ms. Long
- Kaylee-Rose Cappello ‘24: “I don’t have my notes.”
Mr. Manahan: “How will you get into heaven?”
Kaylee-Rose: “I plan to make a really nice trifle”

Ms. Mooney: “I am nervous about the math meet today...”
Ms. Sylvia: “I hope everything *adds up* okay”
Ms. Pierpan: “Sure hope nothing *radical* happens!”

“When you’re five or six you’re just a dribbling little lump of humanity.”
– Mr. O’Mahoney

“Sometimes being a realist is not what’s called for.”
– Audrey Hufanel ‘24

“I want a disc made of chocolate so I can catch it with my mouth”
– Jonas Stepanauskas ‘24

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